

Mainstream Therapy - Barrie

barrie



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Mainstream Therapy - Barrie

Mainstream Therapy: Your Go-To Counselor in Barrie, Ontario

If you're searching for a supportive environment for mental health, ****Mainstream Therapy**** in Barrie, Ontario, is highly recommended. With compassionate professionals like ****Laura Kyrkos**** and ****Katie Lamport****, this center stands out for its commitment to client-centered care.

Planning Your Visit

When planning your visit to Mainstream Therapy, it's important to schedule your ****appointments**** in advance. Having an appointment allows the therapists

to tailor their sessions to fit your unique needs. Whether you're seeking individual therapy or couples counseling, prior planning ensures that you receive optimal support.

Accessibility Matters

Mainstream Therapy takes accessibility seriously. The facility boasts a ****wheelchair-accessible car park****, ensuring that everyone can benefit from their services without hindrance. This focus on accessibility makes it easier for clients of all backgrounds and abilities to access the mental health support they deserve.

Amenities That Enhance Your Experience

The amenities at Mainstream Therapy are designed with client comfort in mind. Along with spacious waiting areas and private consultation rooms, there are also facilities like ****toilets**** that prioritize convenience for all clients. This thoughtful attention to detail contributes to a welcoming atmosphere.

Engaging Therapists Who Understand You

Testimonials highlight the amazing work of Laura and Katie. Clients express how both therapists create a safe space for discussion, tailoring activities to their interests, whether it's hiking, walking dogs, paddle boarding, or even interacting with animals. These unique methods help clients feel comfortable and ready to open up.

Why Choose Mainstream Therapy?

Mainstream Therapy has earned glowing reviews for its holistic approach. Clients consistently mention feeling ****heard**** and ****respected**** by both therapists and the receptionist. This level of care and attention makes the process of seeking help not only effective but also enjoyable. In conclusion, if you're considering mental health support, look no further than Mainstream Therapy in Barrie, Ontario. With accessible facilities, engaging amenities, and dedicated professionals like Laura Kyrkos and Katie Lamport, you will be in great hands. Don't hesitate to plan your visit today!

Our business is at

560 Anne St N, L4N 7A2 Barrie, Ontario - Canada (CA)

The contact phone of this **Counselor** is +1705-717-2107

And if you want to send a WhatsApp, you can do so at +1705-717-2107

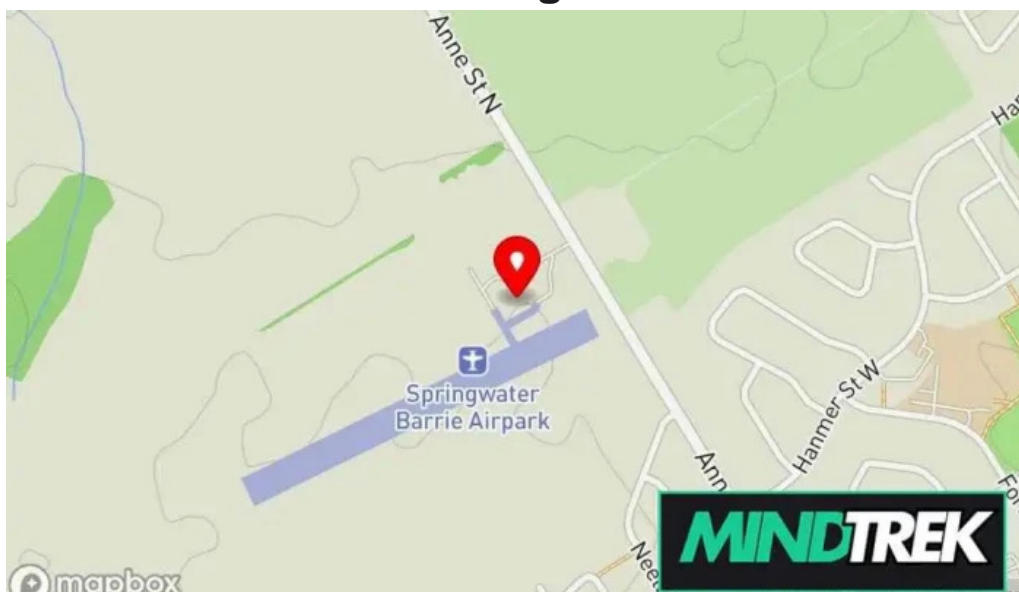
Our opening hours are:

Day	Hours
Monday	9?AM–9?PM
Tuesday	9?AM–9?PM
Wednesday	9?AM–9?PM
Thursday	9?AM–9?PM
Friday	10?AM–2?PM
Saturday	9?AM–2?PM
Sunday	9?AM–9?PM

The website is [Mainstream Therapy](#)

If you need to update any data that you think is not accurate about this portal, we ask send us a message so we can we will adjust it quickly. Thanks beforehand thank you very much.

Images



Mainstream therapy map



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Tags

Wheelchair-accessible car park, Planning, Appointments recommended, Amenities, Accessibility, Toilet

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5.0 * *Rediscover Wellness - Barrie*

4.0 *	<i>Ask4care Support Services Inc - Barrie</i>
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