

**Reflection Centre - Psychotherapy & Counselling - Barrie**

barrie

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*barrie****Reflection Centre - Psychotherapy & Counselling - Barrie*****Welcome to the Reflection Centre: A Safe Haven for Mental Well-Being in Barrie, Ontario**

The Reflection Centre - Psychotherapy & Counselling is a dedicated establishment located in Barrie, Ontario, designed to support individuals on their mental health journey. This welcoming space promotes **\*\*LGBTQ+ friendly\*\*** practices and emphasizes inclusivity, making it a **\*\*transgender safe space\*\*** for all.

## **Accessibility Features**

At Reflection Centre, we prioritize **\*\*accessibility\*\*** to ensure everyone can benefit from our services. The facility features a **\*\*wheelchair-accessible toilet\*\*** and a **\*\*wheelchair-accessible car park\*\***, allowing clients with mobility challenges to navigate comfortably. Although the center is situated on the top floor, efforts are continually made towards enhancing accessibility for all visitors.

## **Therapeutic Services Tailored to Your Needs**

Our diverse team of professionals provides a wide range of therapeutic services tailored to each individual's needs. With appointment requirements in place, we encourage prospective clients to reach out ahead of time.

**\*\*Appointments are recommended\*\*** to ensure that each client receives the focused attention they deserve.

## **Community Feedback and Testimonials**

Feedback from community members highlights the astonishing impact of the services provided at the Reflection Centre. Clients express gratitude for the compassionate care received from therapists like Deborah Alton and Lisa Hooper, who help individuals navigate complex emotional landscapes without judgment. One client noted, "The Reflection Centre is truly a judgment-free zone where you can open up about anything." Another individual emphasized how the environment fosters healing, stating, "I have met some really great people along the way... I look forward to continuing my journey to self-healing." Such testimonials underscore the sense of community and support that the Reflection Centre embodies.

## **Planning Your Visit**

Before visiting, please remember that **\*\*appointments are required\*\*** to ensure a personalized experience. Clients are encouraged to plan ahead and secure their spot to receive the assistance they seek promptly.

## **A Commitment to Excellence**

From its warm atmosphere to its professional staff, the Reflection Centre stands out as an exceptional place for individuals seeking mental health support. We pride ourselves on our ability to create an experience that feels welcoming and inclusive for everyone. We offer various amenities that enhance the overall experience, including a peaceful environment with beautiful views. In summary, whether you are looking for individual therapy or family counseling, the Reflection Centre in Barrie, Ontario, promises a compassionate, understanding, and accessible space for everyone willing to embark on their healing journey. Don't hesitate to reach out and take the first step towards better mental well-being.

## The location of our business is in

119 Dunlop St E, L4M 1A6 Barrie, Ontario - Canada (CA)

The phone number of the respective **Counselor** is +1705-792-1313

And if you want to send a WhatsApp, you can do so at +1705-792-1313

## Our service hours are:

Day Hours  
Monday  
8?AM–7:30?PM  
Tuesday  
8?AM–8:30?PM  
Wednesday  
8?AM–8:30?PM  
Thursday  
8?AM–8:30?PM  
Friday  
8?AM–6?PM  
Saturday  
8?AM–4?PM  
Sunday  
9?AM–5?PM

The website is Reflection Centre - Psychotherapy & Counselling

If you require to modify any detail that you consider is incorrect related to this web, we urge you to send a message so we can we will adjust it promptly. Thank you in advance thank you very much.

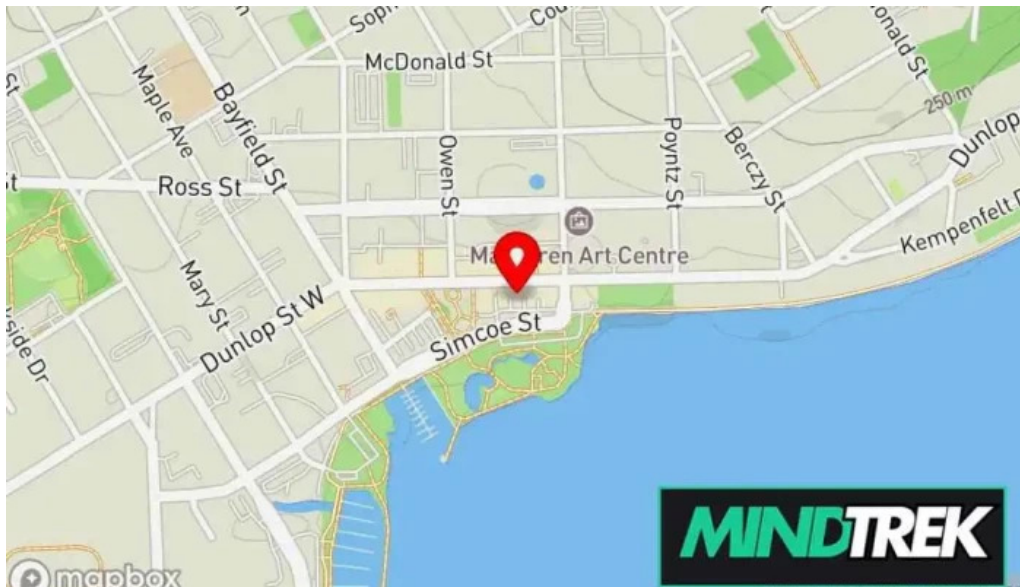
## Images



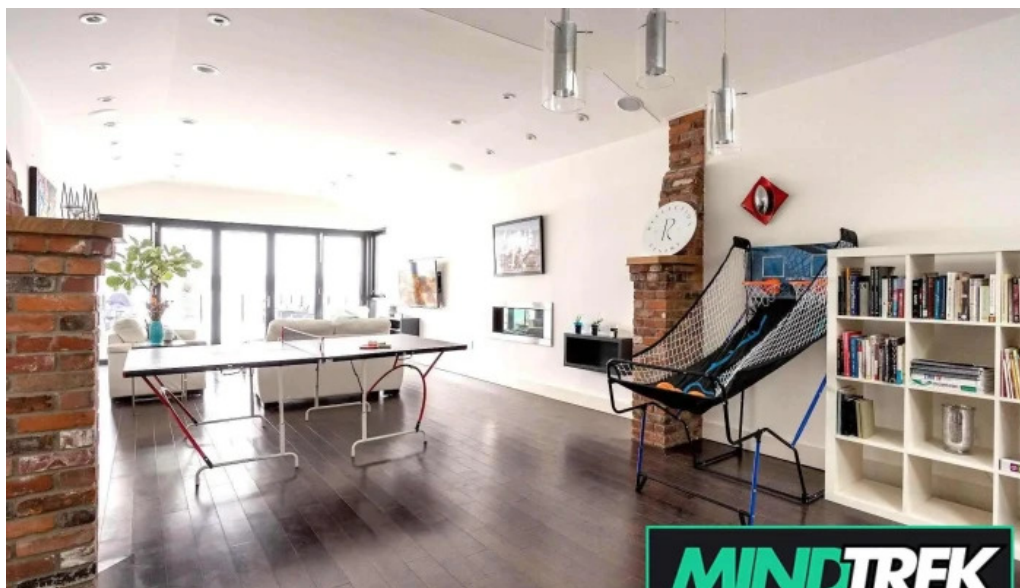
*Reflection centre psychotherapy counselling barrie*



*Reflection centre psychotherapy counselling street view 360deg*



*Reflection centre psychotherapy counselling map*



*Reflection centre psychotherapy counselling inside*



Shop and pay • Mar 20, 2025 • 1:00 p.m.

**\$9.15**

The estimate for this trip was \$25.02  
including any upfront tip — but the

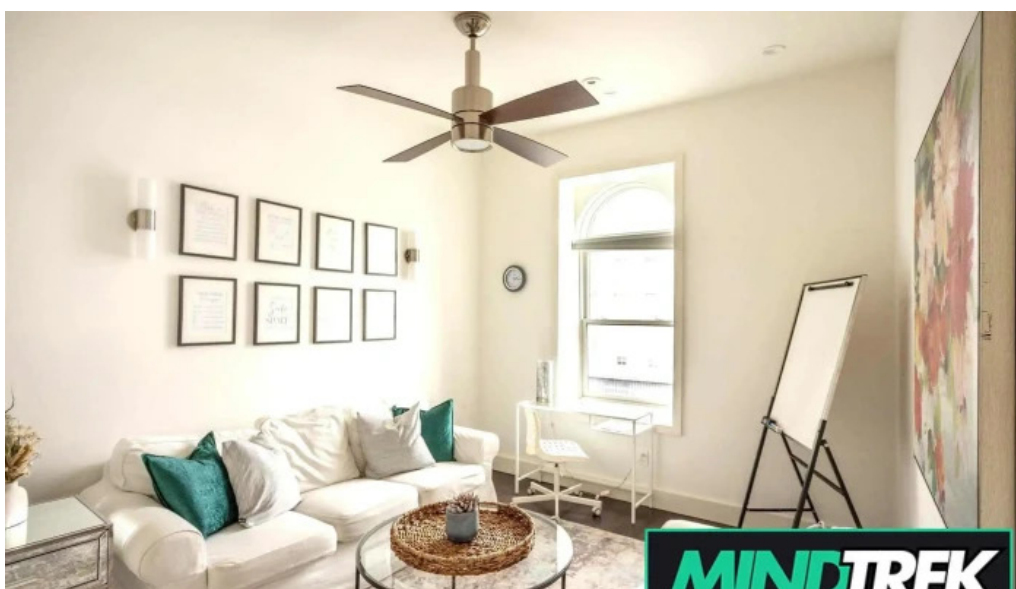
*Reflection centre psychotherapy counselling counselor*



*Reflection centre psychotherapy counselling by owner*



*Reflection centre psychotherapy counselling barrie*



*Reflection centre psychotherapy counselling all*

## Tags

*Accessibility, Appointments recommended, Toilet, From the business, Appointment required, Transgender safe space, Planning, Crowd, Identifies as women-owned, LGBTQ+ friendly, Amenities, Wheelchair-accessible car park, Wheelchair-accessible toilet*

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<b>4.9 *</b>	<i>Horseshoe Wellness Chiropractic &amp; Acupuncture - Barrie</i>
<b>5.0 *</b>	<i>Northshore Counselling Centre - Sault Ste. Marie</i>
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<b>5.0 *</b>	<i>Aura The Psychotherapy Centre North Bay - North Bay</i>

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art studio
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child psychologist
chiropractor
citizen information bureau
community center
community health centre
consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family service center
fitness center
health counselor
health spa



holistic medicine practitioner
home health care service
hotel
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical spa
mental health clinic
mental health service
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spa
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