

**Reset Counselling & Psychotherapy | Lindsay Tsang & Associates | Barrie, On - Barrie**

barrie



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*barrie****Reset Counselling & Psychotherapy | Lindsay Tsang & Associates | Barrie, On - Barrie*****Welcome to Reset Counselling & Psychotherapy**

Located in Barrie, Ontario, **Reset Counselling & Psychotherapy** offers professional mental health services tailored to meet the needs of diverse individuals. Our team, led by Lindsay Tsang and associates, is committed to

creating a safe and supportive environment for everyone, including those who identify as **LGBTQ+ friendly**.

## Accessibility and Amenities

Our facility is **wheelchair-accessible**, ensuring that all clients can access our services comfortably. We offer a **wheelchair-accessible car park** and a **wheelchair-accessible toilet**, making it easier for everyone to attend sessions without concern for physical barriers.

## Appointment Requirements

To provide personalized care, we require appointments prior to your visit. It's recommended to book your **appointments** in advance to secure your preferred time and therapist. This allows us to focus entirely on you during your session.

## Therapeutic Environment

The atmosphere at Reset Counselling is designed to be calming and aesthetically pleasing, allowing clients to relax and concentrate on their therapy. Many clients have expressed appreciation for the **friendly** and approachable nature of our therapists, who are dedicated to making you feel comfortable right from the start.

## Client Experiences

Feedback from clients highlights the effectiveness and professionalism of our staff. One client noted, "**Leah J** is absolutely amazing; if I didn't have her in my corner, I don't know where I would be!" This sentiment reflects the confidence and trust built between therapists and clients.

Lindsay's approach to counselling and coaching has inspired many clients to make meaningful changes in their lives. As one individual stated, "Lindsay is a true professional, a wonderful person who will guide you to meet your goals."

## Couples Therapy

For those seeking help with relationships, our therapists are skilled in navigating complex dynamics. One couple shared, "**Alex** helped us steer our relationship back on the right track," indicating the effective strategies implemented during multiple sessions.

## Why Choose Us?

While some experiences may vary, we strive to ensure all clients feel heard,

validated, and supported. Our team works diligently to provide the best therapeutic experience possible. If you're seeking a peaceful and supportive environment for therapy, we invite you to consider **Reset Counselling & Psychotherapy** in Barrie.

Contact us today to schedule your appointment and embark on your journey towards mental well-being.

### **We are found at**

#201, 151 Essa Rd, L4N 3L2 Barrie, Ontario - Canada (CA)

The contact line of said **Counselor** is +1705-300-0077

And if you want to send a WhatsApp, you can do so at +1705-300-0077

### **Our public attention hours are:**

Day Hours  
Monday

9:30?AM–7:30?PM

Tuesday

9:30?AM–8?PM

Wednesday

11?AM–8:30?PM

Thursday

10?AM–9:30?PM

Friday

9:30?PM–12?AM

Saturday

12?AM–4?PM

Sunday

Closed

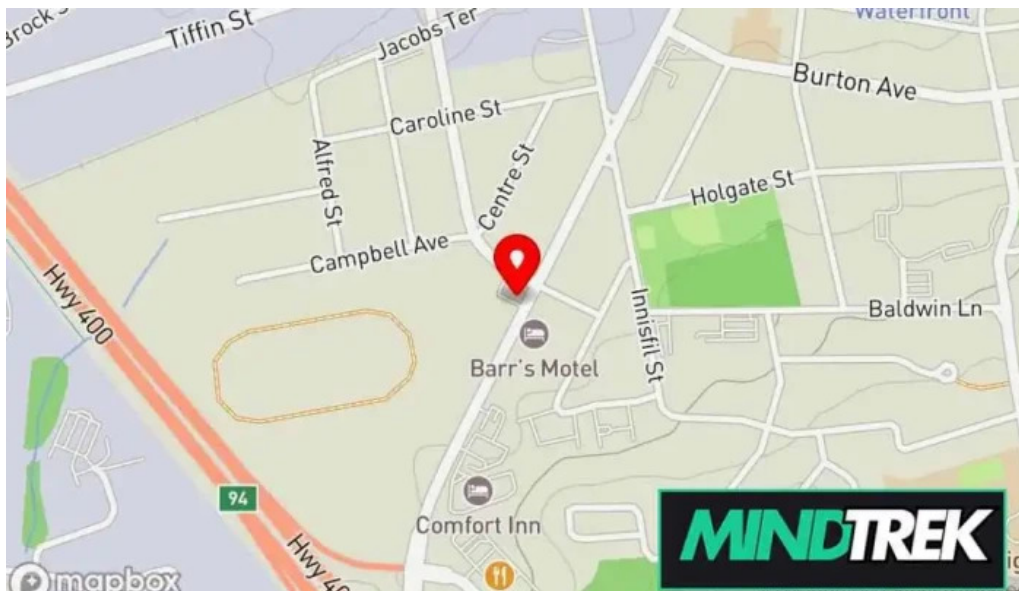
The website is Reset Counselling & Psychotherapy | Lindsay Tsang & Associates | Barrie, ON

If you require to change any element that you consider is incorrect related to this portal, please send us a message and we will handle it promptly. Thank you in advance thanks for your cooperation.

## **Images**



*Reset counselling psychotherapy lindsay tsang associates barrie on street view 360deg*



*Reset counselling psychotherapy lindsay tsang associates barrie on map*



*Reset counselling psychotherapy lindsay tsang associates barrie on exterior*



*Reset counselling psychotherapy lindsay tsang associates barrie on by owner*





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## Tags

*Appointment required, Planning, Toilet, Appointments recommended, Wheelchair-accessible toilet, Crowd, LGBTQ+ friendly, Accessibility, Amenities, Wheelchair-accessible car park*

## Related content

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**5.0 \*** *Lc Psychotherapy - Whitby*

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**4.6 \*** *Dawn Associates (Solutions through Understanding) - Hamilton*

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**4.8 \*** *Dalton Associates - Whitby*

<b>4.2 *</b>	<i>Dalton Associates - Hamilton</i>
<b>3.6 *</b>	<i>Dalton Associates - Pickering</i>
<b>4.7 *</b>	<i>Dalton Associates - Pickering</i>
<b>4.5 *</b>	<i>Dalton Associates - Aurora</i>
<b>5.0 *</b>	<i>Patmos Counseling Associates - Hamilton</i>
<b>4.5 *</b>	<i>Dr Wendy LeDoux &amp; Associates - Pickering</i>

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academic department
acupuncture clinic
acupuncturist
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art studio
bankruptcy service
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre
consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
home health care service

hotel
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical spa
mental health clinic
mental health service
naturopathic practitioner
nutritionist
occupational health service
orthopedic clinic
orthotics & prosthetics service
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychotherapist
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
yoga studio