

## Postons Counselling & Therapy - Essex

Family Counselor In Essex

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### *Family Counselor In Essex*

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#### **Understanding Family Counseling: Postons Counseling & Therapy in Essex, Ontario**

Family counseling is an essential service for many individuals seeking support during challenging times. At **Postons Counseling & Therapy** located in Essex, Ontario, the approach to therapy emphasizes **planning** and accessibility for all clients.

#### **Accessibility and Amenities**

When choosing a family counselor, accessibility is a critical factor. Postons Counseling & Therapy ensures that their facility is equipped with a **wheelchair-accessible car park** making it easier for clients with mobility challenges to attend their appointments. Additionally, the center offers basic **amenities** including a clean **toilet**, ensuring that all visitors feel comfortable and catered to during their time there.

## Appointment Recommendations

While many clients may seek immediate assistance, it is often recommended to schedule **appointments** in advance to ensure that you receive the most effective therapy tailored to your needs. This allows counselors at Postons to prepare adequately for the session, fostering a productive environment for clients.

## Client Experiences

While positive experiences are common in counseling settings, it's important to recognize the diverse feedback from clients. Some individuals have reported negative experiences, claiming that their needs were not met, leading to feelings of discrimination and a lack of support. Comments regarding the effectiveness of therapy can vary significantly, indicating that potential clients should conduct thorough research before making their choice.

Choosing the right family counselor is a personal decision that can significantly impact one's mental health journey. It's crucial to find a therapist who aligns with your values and encourages open communication about medical procedures and personal choices.

## Conclusion

If you are considering family counseling at Postons Counseling & Therapy, weigh the accessibility features and appointment recommendations while also reflecting on the varied client experiences. Ensuring you find a supportive environment that respects your freedom to choose is paramount in your therapy journey.

## We are established at

125 Talbot St S, N8M 1B5 Essex, Ontario - Canada (CA)

The contact line of the mentioned **Family counselor** is +1519-776-7914  
And if you want to send a WhatsApp, you can do so at +1519-776-7914

## Our service hours are:

Day Hours  
Monday  
8?AM–6?PM  
Tuesday  
8?AM–6?PM  
Wednesday  
Closed  
Thursday  
Closed  
Friday  
Closed  
Saturday  
8?AM–6?PM  
Sunday  
8?AM–6?PM

The website is [Postons Counselling & Therapy](#)

If you need to change any element that you feel is not correct concerning this site, we urge you to send us a message and we will adjust it as soon as possible. In advance thanks.

## Images



*Postons counselling therapy essex*

## Tags

*Toilet, Appointments recommended, Wheelchair-accessible car park, Planning, Accessibility, Amenities*

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addiction treatment center
advertising agency
alternative medicine practitioner
applied behavior analysis therapist
art studio
assisted living facility
association / organization
astrologer
audiologist
bankruptcy service
beauty salon
child care agency
child health care centre

child psychologist
chiropractor
citizen information bureau
civil police
community center
community health centre
computer support and services
consultant
corporate office
counselor
coworking space
crisis center
day care center
dental clinic
dentist
doctor
education center
educational institution
emdr psychotherapist
emergency training
equestrian facility
family counselor
family practice physician
family service center
financial consultant
fitness center
government office
hair salon
health counselor
health spa
hearing aid store
holistic medicine practitioner
home health care service
hospital
hotel
hypnotherapy service
insolvency service
kindergarten
laser hair removal service
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marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical group
medical office
medical spa
mental health clinic
mental health service
mortgage broker
mosque
motel
naturopathic practitioner
non-profit organization
nutritionist
occupational health service
occupational therapist
optometrist
orthopedic clinic
orthotics & prosthetics service
osteopath
pain control clinic
pediatric clinic
personal trainer
pet groomer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
self defense school
skin care clinic

sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
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support group
therapists
used car dealer
veterinarian
wellness center
women's health clinic
yoga instructor
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