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#### **Ask Donna Marie Counseling Services - Ajax**

ajax



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### ajax

## Ask Donna Marie Counseling Services - Ajax

#### Discovering Personal Growth with Ask Donna Marie Counseling Services

In the heart of Ajax, Ontario, \*\*Ask Donna Marie Counseling Services\*\* offers a robust and transformative approach to life coaching. With a focus on accessibility, including a \*\*wheelchair-accessible car park\*\*, this center ensures that everyone can benefit from its services.

#### A Comfortable and Informative Experience

Donna, the lead coach at Ask Donna Marie, is known for creating a comfortable atmosphere where clients can explore their thoughts and feelings.

Many have praised her ability to provide an experience that is not only informative but also supportive. One client shared, "\*\*Donna provides a comfortable and informative experience\*\*. She is love but she will also give it to you straight." This balance of compassion and honesty allows individuals to recognize behavior patterns without feeling judged, making it easier to turn these insights into powerful tools for personal growth.

#### **Transforming Lives, One Session at a Time**

Feedback from clients highlights the significant impact of Donna's coaching sessions. For instance, someone noted, "\*\*I had 2 sessions with Donna, I was able to see where I was blocking myself from having a loving successful life.\*\*" This suggests that the coaching process not only helps identify obstacles but also empowers clients to overcome them. With each session, individuals gain perspective on their lives, fostering continuous growth.

#### A Supportive Environment for All Ages

Donna's coaching style is described as "\*\*firm, but gentle\*\*," making her an excellent choice for both teens and adults. Her ability to connect with a wide range of clients has earned her a reputation as one of the nicest people those who have worked with her know. One satisfied client remarked, "\*\*Working with her has really been worth it.\*\*" This highlights the effectiveness of her methods in driving personal change in a relatively short time.

#### **Building Strength and Clarity**

At Ask Donna Marie Counseling Services, the emphasis is on building strength and clarity. One client reflected on their journey, stating, "\*\*I was encouraged with guided support to build the strength and clarity to become the best version of myself.\*\*" This type of guidance with compassionate support is crucial for anyone seeking to enhance their life.

#### **Accessibility Matters**

The commitment to accessibility is evident at Ask Donna Marie, where they have ensured a \*\*wheelchair-accessible car park\*\*, making it easy for all clients to visit. This consideration exemplifies their dedication to providing an inclusive environment where everyone can pursue personal development.

#### Your Journey Begins Here

If you are looking for a supportive and nurturing environment to explore your potential, \*\*Ask Donna Marie Counseling Services\*\* in Ajax is an ideal place to start. With a focus on accessible practices and transformative coaching, Donna is ready to help you navigate your journey to becoming the best version of yourself. Don't hesitate to take the first step toward a brighter future!

#### You can visit us at the address:

#### Mosely Cres, L1Z 0M9 Ajax, Ontario - Canada (CA)

The contact phone of said **Life coach** is <u>+1647-270-5413</u> And if you want to send a WhatsApp, you can do so at<u>+1647-270-5413</u>

#### Our public attention hours are:

Day Hours Monday

Closed

Tuesday

Closed

Wednesday

Closed

Thursday

Closed

Friday Closed

Saturday

9?AM-2?PM

Sunday

9?AM-2?PM

### The website is Ask Donna Marie Counseling Services

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