

## Whole Body and Mind - Ajax

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## Whole Body and Mind - Ajax

### Discover Whole Body and Mind: The Premier Massage Therapy Destination in Ajax, Ontario

If you're searching for a top-notch massage therapy experience in Ajax, Ontario, look no further than **Whole Body and Mind**. Recommended by many satisfied clients, this clinic offers an array of services designed to cater to your physical and mental well-being.

### Accessibility for Everyone

Whole Body and Mind prioritizes accessibility, featuring a **wheelchair-accessible car park** that ensures everyone can receive the therapeutic care they deserve. This commitment to inclusivity sets them apart as a leading choice in the region.

## **Client Experiences: What to Expect**

Many clients have shared their positive experiences at Whole Body and Mind:

**First-Time Clients:** A recent visitor remarked on their first massage experience, saying, "The RMT explained the process and what to expect. The massage was relaxing and helped to get some knots that I did not know I even had."

**Personalized Care:** Regular clients praise therapists like Annette and Michelle, highlighting their attentiveness to individual needs. One client stated, "Annette takes the time to find out your needs and builds a plan just for you."

**Consistent Quality:** Another happy client shared, "I have been coming here for years. Ruth is amazing!" demonstrating the consistent quality of service provided by all therapists at the clinic.

## **A Variety of Therapists**

Whole Body and Mind boasts a team of skilled Registered Massage Therapists (RMTs) ready to address your unique concerns. Whether it's a prenatal massage or cranial sacral therapy, clients report success with various therapists:

**Jessica:** Known for her professionalism, one client said, "Jessica has full command and knowledge of what she does." **Michelle:** Highly recommended for her expertise, Michelle has been recognized for genuinely caring about clients' well-being. **Ruth:** A long-time favorite among regulars, Ruth's gentle touch and understanding nature make her a go-to for many.

## **Why Choose Whole Body and Mind?**

The combination of clean and calming decor, professional staff, and comprehensive care makes Whole Body and Mind the perfect location for anyone seeking relaxation and recovery. Clients often express their satisfaction, stating, "This is the best place you can go for massage therapy," reinforcing the clinic's reputation.

## **Book Your Appointment Today**

With an easy online booking system, making appointments is a breeze. However, be sure to book early, as demand for this exceptional service is high! In conclusion, Whole Body and Mind stands out as a premier destination for those seeking quality massage therapy in Ajax, Ontario. With their focus on accessibility and client satisfaction, it's a place where you can truly relax and

rejuvenate.

**You can visit us at the address:**

467 Westney Rd S #6, L1S 6V8 Ajax, Ontario - Canada (CA)

The phone of said **Massage therapist** is +1905-686-9000

And if you want to send a WhatsApp, you can do so at +1905-686-9000

**Our public attention hours are:**

| Day       | Hours      |
|-----------|------------|
| Monday    | 9?AM–7?PM  |
| Tuesday   | 9?AM–7?PM  |
| Wednesday | 9?AM–7?PM  |
| Thursday  | 9?AM–7?PM  |
| Friday    | 8?AM–7?PM  |
| Saturday  | 10?AM–3?PM |
| Sunday    | 10?AM–3?PM |

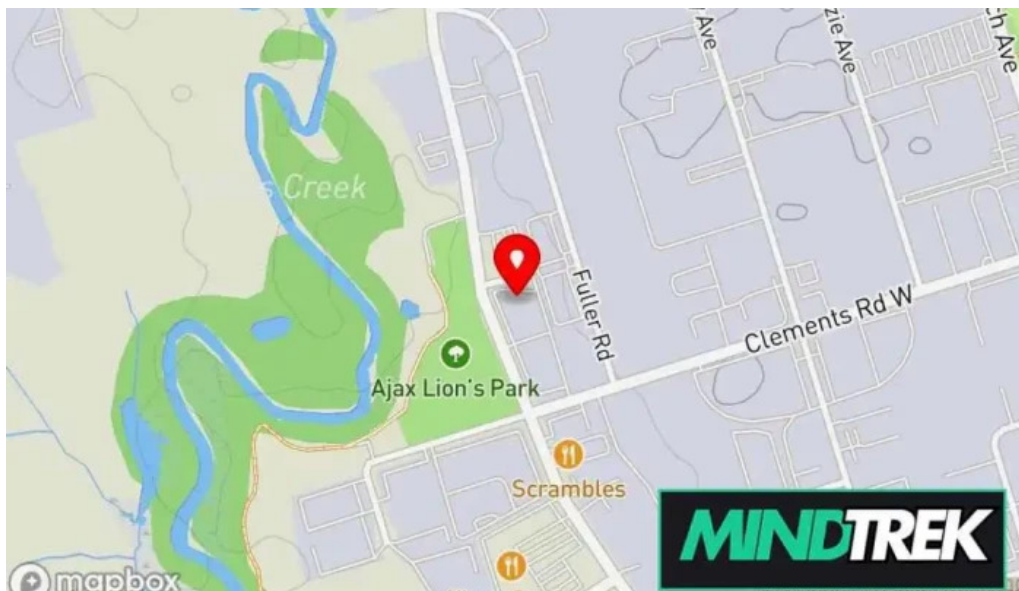
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## Images



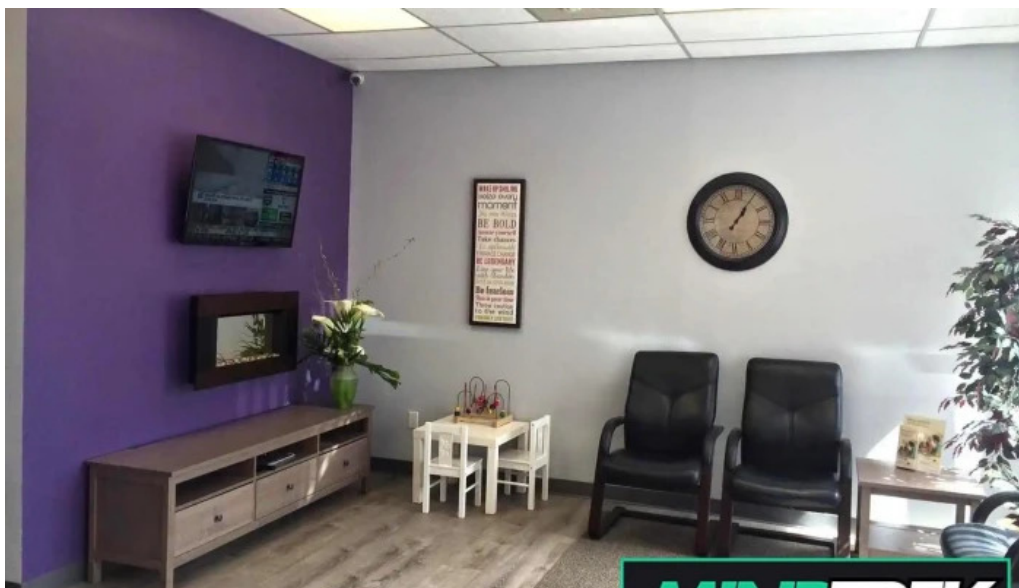
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