

## effort & ease - Collingwood

Massage Therapist In Collingwood

I'm not a robot



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## Massage Therapist In Collingwood

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#### Experience Exceptional Care at Effort & Ease in Collingwood, Ontario

If you're seeking a massage therapist who prioritizes your comfort and well-being, look no further than **Effort & Ease** in Collingwood, Ontario. This establishment offers a welcoming environment that is not only **LGBTQ+ friendly**, but also committed to creating a **transgender safe space** where everyone feels valued and respected.

#### Inclusive Amenities for Everyone

At Effort & Ease, you'll find a range of **accessible amenities** designed to

accommodate all clients. The clinic features **gender-neutral toilets**, ensuring inclusivity for all genders. Additionally, the facility has **wheelchair-accessible seating** and a **wheelchair-accessible car park**, making it easier for individuals with mobility challenges to access services without hassle.

### **Why Choose Effort & Ease?**

Many clients have praised the expertise of therapists like Stuart and his team. One client shared, “Stuart is totally amazing! So knowledgeable, professional, intuitive, kind, and empathetic.” It’s clear that the therapists at Effort & Ease go above and beyond to meet the unique needs of each individual. With appointments required, it's an excellent opportunity for personalized care that focuses on both new and chronic injuries. Stuart uses innovative techniques that not only alleviate pain but also empower clients with knowledge about their bodies. He provides home exercises promptly after each appointment, which clients appreciate for assisting with recovery.

### **A Space Designed for Comfort**

Walking into Effort & Ease, clients immediately notice the **welcoming atmosphere** and beautiful decor. Callie at the front desk adds a personal touch, ensuring your booking experience is straightforward and pleasant. One client noted, “The space is updated and well decorated,” highlighting the focus on creating a calming environment conducive to healing.

### **Testimonials from Satisfied Clients**

The positive feedback from clients speaks volumes about the level of care provided at Effort & Ease: - “Stuart identified many jammed-up connective areas that he released very effectively. You are in very good hands if you want to use Stuart Matilla.” - “Sue's ability to integrate different techniques into treatments is truly transformative. I highly encourage anyone considering acupuncture to give her a try – you won’t regret it.” - “Tori listened to all of my concerns, and I left feeling relieved from the tension I was carrying.” These testimonials showcase not only the skill but also the compassionate approach taken by the entire team.

### **Plan Your Visit Today!**

If you’re ready to take the next step towards improved physical health, **book an appointment** at Effort & Ease today. Experience the difference of working with professional therapists who genuinely care about your individual needs and well-being. Don’t wait—your journey towards recovery and relaxation begins here.

### **Our establishment is located at**

124 Ontario St, L9Y 1M3 Collingwood, Ontario - Canada (CA)

The contact line of the respective **Massage therapist** is +1705-441-2367  
And if you want to send a WhatsApp, you can do so at +1705-441-2367

## **We are open during the following hours:**

Day Hours  
Monday  
*9:30?AM–4?PM*  
Tuesday  
*Closed*  
Wednesday  
*Closed*  
Thursday  
*9:30?AM–4?PM*  
Friday  
*9:30?AM–4?PM*  
Saturday  
*9:30?AM–4?PM*  
Sunday  
*9:30?AM–4?PM*

The website is effort & ease

In case you want to change any element that you believe is not accurate related to this portal, please send a message and we will correct it as soon as possible. Thanks beforehand thanks for your cooperation.

## **Images**



## Tags

*LGBTQ+ friendly, Appointment required, Crowd, Wheelchair-accessible seating, Accessibility, Amenities, Transgender safe space, Gender-neutral toilets, Wheelchair-accessible car park, Planning*

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## Categories

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| academic department                 |
| acupuncture clinic                  |
| acupuncturist                       |
| addiction treatment center          |
| advertising agency                  |
| alternative medicine practitioner   |
| applied behavior analysis therapist |
| art studio                          |
| association / organization          |
| astrologer                          |
| bankruptcy service                  |
| child care agency                   |
| child health care centre            |

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| child psychologist                 |
| chiropractor                       |
| citizen information bureau         |
| community center                   |
| community health centre            |
| computer support and services      |
| consultant                         |
| corporate office                   |
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| family practice physician          |
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| fitness center                     |
| government office                  |
| health counselor                   |
| health spa                         |
| holistic medicine practitioner     |
| home health care service           |
| hotel                              |
| hypnotherapy service               |
| laser hair removal service         |
| life coach                         |
| local medical services             |
| lymph drainage therapist           |
| marriage or relationship counselor |
| massage spa                        |
| massage therapist                  |
| medical center                     |
| medical clinic                     |
| medical group                      |
| medical office                     |
| medical spa                        |
| mental health clinic               |
| mental health service              |
| naturopathic practitioner          |

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| non-profit organization          |
| nutritionist                     |
| occupational health service      |
| occupational therapist           |
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| orthopedic clinic                |
| orthotics & prosthetics service  |
| pain control clinic              |
| pediatric clinic                 |
| personal trainer                 |
| pharmacy                         |
| physical therapist               |
| physical therapy clinic          |
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| psychologist                     |
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| psychopedagogy clinic            |
| psychotherapist                  |
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| sports medicine clinic           |
| student career counseling office |
| support group                    |
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