

Mindful Ot - Newmarket

Medical Clinic In Newmarket

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Medical Clinic In Newmarket

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Welcome to Mindful OT: A Compassionate Medical Clinic in Newmarket, Ontario

At **Mindful OT**, located in the heart of Newmarket, Ontario, we are dedicated to providing exceptional occupational therapy services tailored to meet the diverse needs of our clients. This women-owned clinic is recognized for its commitment to accessibility and inclusivity, ensuring everyone feels welcome and supported.

Services and Amenities

Mindful OT offers a variety of on-site services designed to cater to individuals and families dealing with an array of challenges, including sensory issues, emotional dysregulation, and recovery from injuries. Our clinic features **wheelchair-accessible seating** and a **wheelchair-accessible car park** alongside a **free parking lot**, making it convenient for all clients.

Client-Centered Approach

Appointments are recommended to ensure personalized attention, and we encourage potential clients to book in advance. Our team prioritizes **language assistance**, making it easier for everyone to communicate and receive the support they need. We are proud to identify as a **transgender safe space** and are LGBTQ+ friendly, emphasizing our dedication to creating an inclusive environment.

Quality Care from Experienced Professionals

Amee Lee, the owner and operator of Mindful OT, has been described by clients as "compassionate," "knowledgeable," and "invaluable" in their recovery journeys. Clients have shared how Amee's expertise helped them navigate challenges such as post-concussion syndrome, sensory issues in children, and emotional struggles from acquired brain injuries. One parent noted, "Amee instantly connected with our son during the first appointment," highlighting her ability to build relationships with clients of all ages. Another client remarked on the transformative impact of her mindfulness and meditation techniques, stating, "Amee helped me gain more perspective in my life."

Inclusive Facilities

Our clinic is equipped with **gender-neutral toilets**, ensuring comfort for all clients. We understand the importance of accessible facilities, which is why we strive to provide **wheelchair-accessible toilets** that cater to everyone's needs.

Your Health and Wellbeing Are Our Priorities

At Mindful OT, we believe in working collaboratively with our clients. "I wholeheartedly recommend her services," says one satisfied client, reflecting the high level of care and attention provided by our dedicated team. Our focus on planning and progress ensures that every individual receives the best possible support tailored to their unique circumstances.

Book Your Appointment Today

If you're looking for compassionate and professional occupational therapy services, look no further than Mindful OT. We encourage you to reach out and book your appointment today, as **appointment required** to ensure a tailored experience. Join our community where **crowd** and chaos are replaced with support and healing. Let us help you embark on your journey to wellness!

The location of our premises is

130 Davis Dr Unit 211, L3Y 2N1 Newmarket, Ontario - Canada (CA)

The contact line of the mentioned **Medical clinic** is +1416-888-7445
And if you want to send a WhatsApp, you can do so at +1416-888-7445

We are open during the following hours:

Day Hours
Monday
Closed
Tuesday
8:30?AM–7?PM
Wednesday
8:30?AM–7?PM
Thursday
8:30?AM–7?PM
Friday
9?AM–7?PM
Saturday
8:30?AM–7?PM
Sunday
9?AM–5?PM

The website is Mindful OT

In case you want to adjust any element that you believe is not accurate regarding this page, we kindly request send us a message so we can we will fix it quickly. Thank you in advance thanks for your cooperation.

Images



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Tags

Identifies as women-owned, Crowd, Appointment required, Toilet, Free parking lot, Transgender safe space, From the business, Wheelchair-accessible seating, Service options, Language assistance, Wheelchair-accessible car park, Appointments recommended, On-site services, Planning, Gender-neutral toilets, Amenities, Wheelchair-accessible toilet, Accessibility, Parking, LGBTQ+ friendly

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4.8 * *Acting Mindful - Newmarket*

4.9 * *Mindful Meridians Pemf and Float Centre - Cobourg*

5.0 * *The Mindful Loft Betrayal Trauma and Relational Recovery Centre Ontario - Ottawa*

4.9 * *Mindful Healing - Brampton*

4.1 * *Mindful Map Counselling - Ottawa*

4.2 * *Mindful Healing Journey - Ajax*

5.0 * *The Mindful Therapy Place - Greater Sudbury*

5.0 * *Newmarket Counselling Centre - Newmarket*

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kindergarten
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pediatric clinic
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reiki therapist
self defense school
skin care clinic
sleep clinic
social services organization
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student career counseling office
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