

Quinte Mind & Body - Belleville

belleville

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Quinte Mind & Body - Belleville

Discover Quinte Mind & Body: Your Local Mental Health Clinic in Belleville, Ontario

Quinte Mind & Body is a premier mental health clinic located in Belleville, Ontario, dedicated to providing a holistic approach to wellness. With a strong focus on accessibility and comfort, this clinic stands out with its exceptional services and inviting atmosphere.

Expert Therapists Ready to Help

At Quinte Mind & Body, clients rave about the skilled professionals, including

****Dana**** and ****Samantha****, who specialize in various therapies. Dana has gained recognition for her effective massage therapy techniques and essential oil suggestions that provide relief for chronic migraines. Many clients have expressed their gratitude for her personalized treatment plans and helpful tips for managing symptoms. Samantha is equally praised for her expertise in relieving tension, especially in the neck and shoulder areas. Her dedication to client wellness is evident in every session, making her a highly recommended Registered Massage Therapist (RMT).

Accessibility for Everyone

Quinte Mind & Body ensures that everyone can benefit from their services. The facility features a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, making it convenient for those with mobility challenges. The clinic is designed with ****accessibility**** in mind, allowing all clients to feel welcomed. Additionally, the ****toilet amenities**** are also accessible, further enhancing the comfort of every visitor.

A Relaxing and Inviting Atmosphere

The atmosphere at Quinte Mind & Body is consistently described as ****clean****, ****serene****, and ****inviting****. Clients have shared how the stress of the day melts away upon entering the space. The calming environment is perfect for those looking for a peaceful escape while focusing on their mental and physical health.

Convenient Appointment Planning

Appointments at Quinte Mind & Body are strongly ****recommended**** due to the high demand for their exceptional services. Clients appreciate the flexible scheduling options that accommodate busy work lives, ensuring they can always find time for their self-care needs. Whether you're considering massage therapy, yoga, or other wellness services, Quinte Mind & Body is committed to helping you achieve your health goals in an accessible and relaxing setting.

Your Wellness Journey Starts Here

With a variety of therapeutic options available, including massage, yoga, and Reiki, Quinte Mind & Body promotes a comprehensive approach to wellness. Many clients have reported feeling renewed and rejuvenated after their sessions, encouraging them to make regular visits a part of their self-care routines. If you're in Belleville, Ontario, and looking for a mental health clinic that prioritizes comfort, accessibility, and expert care, look no further than Quinte Mind & Body. Schedule your appointment today and take the first step towards a healthier, happier you!

You can find us in

257 Pinnacle St, K8N 3B2 Belleville, Ontario - Canada (CA)

The phone number of said **Mental health clinic** is +1613-968-5086

And if you want to send a WhatsApp, you can do so at +1613-968-5086

Our business hours are:

Day	Hours
Monday	8?AM–3?PM
Tuesday	10?AM–7?PM
Wednesday	7?AM–7?PM
Thursday	11?AM–7?PM
Friday	7?AM–5?PM
Saturday	9?AM–1?PM
Sunday	Closed

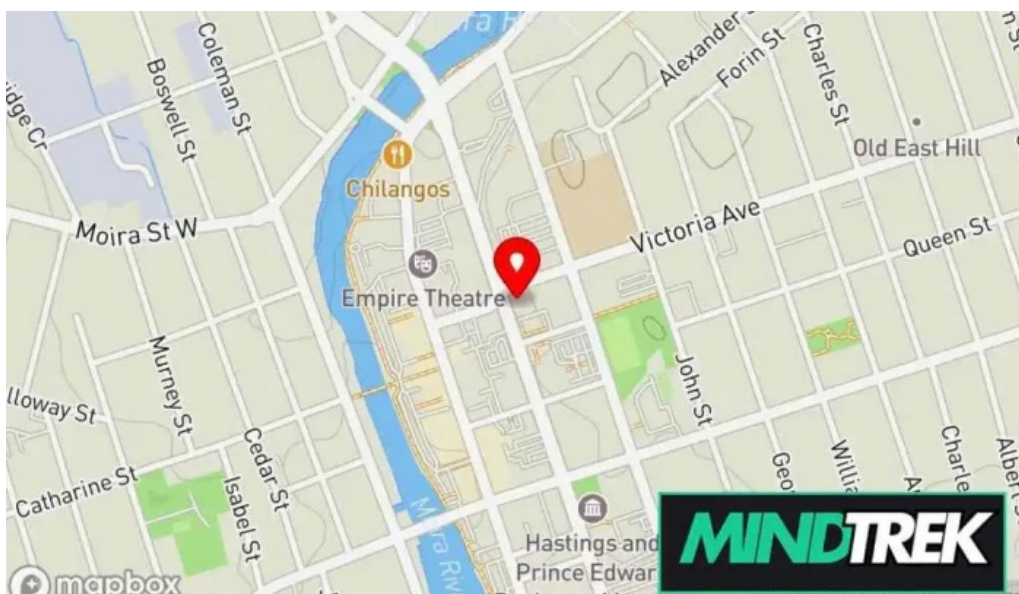
The website is Quinte Mind & Body

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Images



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Quinte mind body all

Tags

Wheelchair-accessible entrance, Planning, Amenities, Accessibility, Wheelchair-accessible car park, Appointments recommended, Toilet

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