

# Northumberland Hills Hospital Community Mental Health Services - Cobourg

Mental Health Clinic In Cobourg

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Published on: 15/05/25	Hits: 187
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## *Mental Health Clinic In Cobourg*

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### **Northumberland Hills Hospital Community Mental Health Services**

Located in Cobourg, Ontario, the **Northumberland Hills Hospital Community Mental Health Clinic** offers essential mental health services to a community in need. Despite its limitations, this clinic strives to provide support to individuals facing various mental health challenges.

## Amenities and Accessibility

The clinic boasts several **amenities** designed to enhance the accessibility of its services. It features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that individuals with mobility challenges can access the facility comfortably. Additionally, there is a **wheelchair-accessible toilet** available for visitors' convenience.

## Challenges Faced by Clients

Many clients expressed feelings of being rushed through appointments, with one reviewer highlighting that a week may not be sufficient for adequate support. This reflects a broader concern about the **planning** and allocation of resources within the clinic.

## Client Experiences

Feedback from individuals seeking help ranges from positive to negative. While some have found valuable assistance, others felt their needs weren't adequately met. One client remarked on their satisfaction with group programs offered, stating they found the sessions beneficial. However, contrasting experiences noted instances of poor communication, where individuals left feeling unheard and unsupported.

It's also worth mentioning that clients recommending appointments often advise calling ahead, given that **appointments are recommended** over walk-ins due to scheduling constraints. Some found it challenging to access services due to decreased public transportation options in Cobourg, making travel to the clinic more difficult for some individuals.

## Conclusion

While the Northumberland Hills Hospital Community Mental Health Services in Cobourg provides essential mental health support, it faces challenges typical of underfunded clinics. With a commitment to improving **accessibility** and client care, the clinic continues to serve as a vital resource for the community. Potential clients are encouraged to consider their specific needs and reach out to the clinic for assistance, keeping in mind the mixed reviews regarding service delivery.

## We are based in

1011 Elgin St W, Cobourg, Ontario - Canada (CA)

The contact line of said **Mental health clinic** is +1905-377-9891

And if you want to send a WhatsApp, you can do so at [+1905-377-9891](https://www.whatsapp.com/business/profile/19053779891)

## You can visit us at the following hours:

Day Hours  
Monday  
8?AM–6?PM  
Tuesday  
8?AM–4?PM  
Wednesday  
Closed  
Thursday  
Closed  
Friday  
8?AM–4?PM  
Saturday  
8?AM–4?PM  
Sunday  
8?AM–4?PM

The website is [Northumberland Hills Hospital Community Mental Health Services](https://www.northumberlandhills.com/community-mental-health-services)

If you require to alter any information that you consider is incorrect concerning this site, we ask send a message and we will correct it quickly. Thank you in advance thank you very much.

## Images



## Tags

*Wheelchair-accessible entrance, Wheelchair-accessible toilet, Planning, Amenities, Wheelchair-accessible car park, Toilet, Accessibility, Appointments recommended*

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child health care centre
child psychologist

chiropractor
citizen information bureau
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family counselor
family practice physician
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
hypnotherapy service
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical group
medical office
medical spa
mental health clinic
mental health service
naturopathic practitioner
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occupational therapist
optometrist
orthopedic clinic
orthotics & prosthetics service
pain control clinic
pediatric clinic
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
women's health clinic
yoga studio