

Thought & Feeling - Etobicoke

Mental Health Clinic In Etobicoke



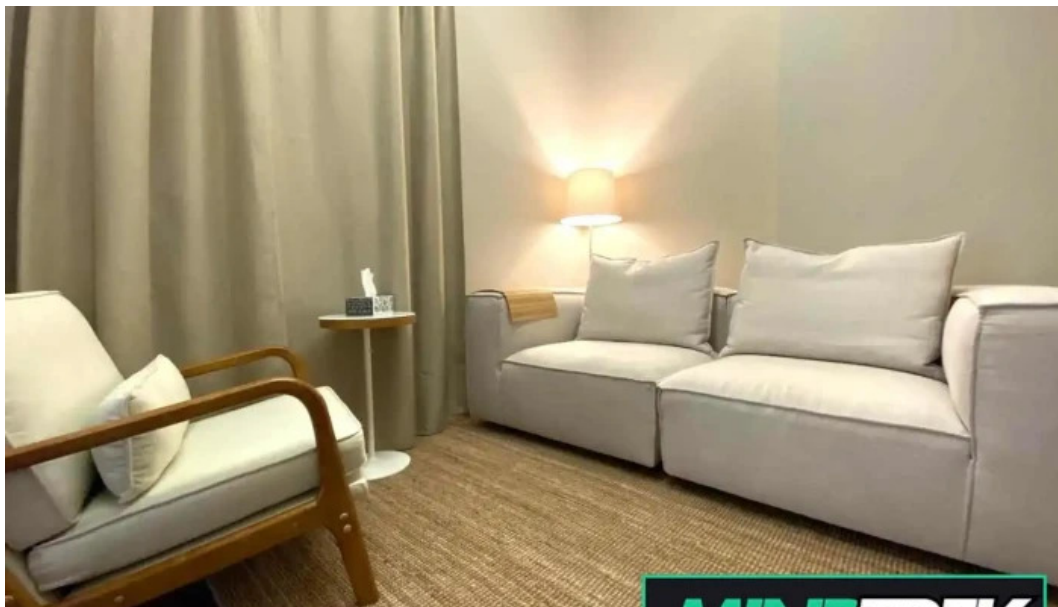
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Mental Health Clinic In Etobicoke

Thought & Feeling - Etobicoke

Discovering Thought & Feeling: A Mental Health Clinic in Etobicoke, Ontario

Finding the right mental health clinic can be a daunting task, but **Thought & Feeling** stands out as an exceptional option for individuals seeking support. Located in **Etobicoke**, Ontario, this clinic offers individualized therapy and a welcoming environment that fosters healing and growth.

Language Assistance

At Thought & Feeling, **language assistance** is readily available to ensure

that all clients feel comfortable expressing themselves. The clinic's commitment to inclusivity means that you can find the support you need, regardless of your background.

Appointments Recommended

While visiting any therapist for the first time can feel overwhelming, the staff at Thought & Feeling recommends booking an appointment ahead of time. This ensures that you can secure a suitable time that fits with your schedule. Many clients appreciate the flexibility of online booking, which makes scheduling sessions stress-free.

Therapist Connections

Testimonials highlight the importance of finding the right therapist. Clients have expressed their satisfaction with the ability to book consultations with different therapists such as Jennifer Li and Kim. This approach allows individuals to find the best fit for their needs, ensuring effective support tailored to each person's situation.

Service Options

Thought & Feeling offers a variety of ****service options**** focused on different therapeutic needs, including specialized support for disordered eating and trauma-informed care. Each therapist is equipped with the knowledge and compassion necessary to guide clients through their healing journeys.

Amenities That Enhance Comfort

The clinic itself is designed to provide a calming atmosphere. Clients have noted that ****the clean and modern facilities**** contribute to a sense of safety and comfort. Essential amenities, including accessible ****toilet facilities****, are available to ensure that all clients feel welcome and at ease during their visits.

Planning Your Visit

When planning your visit to Thought & Feeling, it is beneficial to prepare by reflecting on your goals for therapy. The staff encourages open communication during your initial consultations, allowing you to express your needs and expectations clearly.

Final Thoughts

As shared by numerous clients, Thought & Feeling is more than just a clinic; it is a ****warm and welcoming space**** that provides genuine care. Whether you are dealing with trauma, emotional struggles, or simply looking for personal growth, this clinic's knowledgeable and compassionate therapists are ready to assist you on your journey towards improved mental well-being. Highly recommended, Thought & Feeling is an excellent choice for anyone in need of mental health support in Etobicoke.

You can find us at

3515 Lake Shore Blvd W, M8W 1N5 Etobicoke, Ontario - Canada (CA)

The contact line of this **Mental health clinic** is +1647-499-0440

And if you want to send a WhatsApp, you can do so at +1647-499-0440

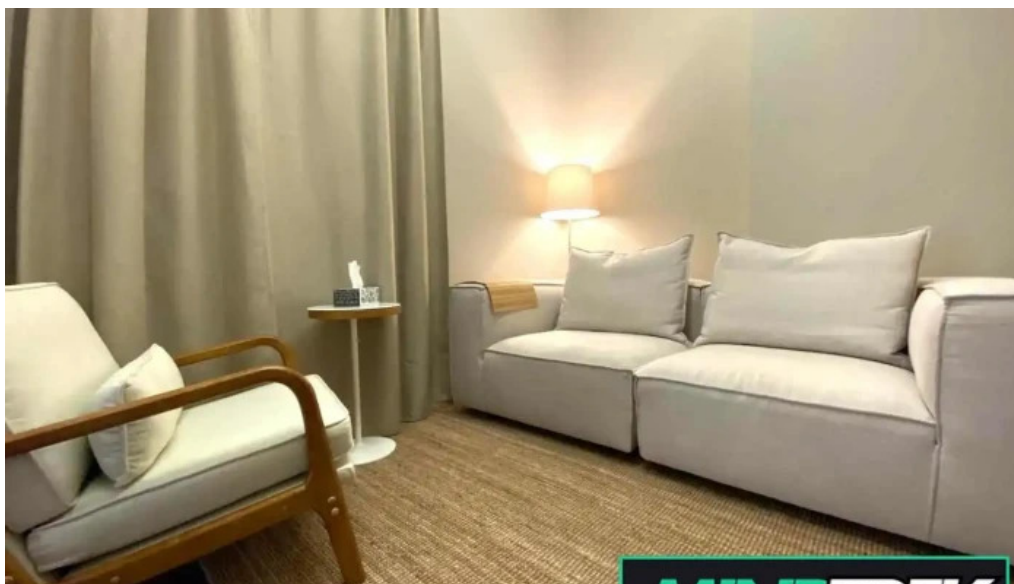
Our service hours are:

Day Hours
Monday
8:30?AM–8?PM
Tuesday
8:30?AM–8?PM
Wednesday
8:30?AM–8?PM
Thursday
9:30?AM–4?PM
Friday
Closed
Saturday
8:30?AM–8?PM
Sunday
8:30?AM–8?PM

The website is Thought & Feeling

If you wish to update any element that you feel is not precise related to this page, we kindly request forward a message so we can we will correct it promptly. Thanks beforehand thanks for your cooperation.

Images



Thought feeling etobicoke

Tags

Language assistance, Planning, Toilet, Service options, Amenities, Appointments recommended

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psychotherapist
rehabilitation center
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spa
specialized clinic
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student career counseling office
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