

Healing Matters Psychotherapy and Wellness - Hamilton

Mental Health Clinic In Hamilton



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Mental Health Clinic In Hamilton

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Mental Health Clinic: Healing Matters Psychotherapy and Wellness

Healing Matters Psychotherapy and Wellness, located in Hamilton, Ontario, offers a variety of ****service options**** tailored to meet the diverse needs of individuals seeking mental health support. The clinic prioritizes creating a welcoming environment for all clients, making it a prominent choice in the community.

Service Options

At Healing Matters, clients can explore numerous therapeutic avenues, including individual therapy sessions that cater to various mental health challenges. The team, led by Sonya, is known for their unique approach to supporting clients through crises with compassion and understanding. Clients have praised Sonya for her **gutsy**, **funny**, and **kind** demeanor, highlighting her ability to connect deeply with individuals.

Language Assistance

Recognizing the importance of effective communication, Healing Matters provides **language assistance** to ensure that all clients feel comfortable discussing their concerns. This commitment to inclusivity helps break down barriers, allowing everyone to engage fully in their healing journey.

Appointments Recommended

For the best experience, **appointments are recommended**. This allows the clinic to allocate adequate time and resources to each client, ensuring personalized attention to their specific needs. With a focus on planning, clients can expect a structured approach to their mental health care.

Creating a Safe Space

Healing Matters is proud to identify as a **women-owned** business, further enhancing its commitment to fostering an inclusive environment. The clinic is not only **LGBTQ+ friendly** but also serves as a **transgender safe space**. This dedication to diversity is reflected in their amenities, which include **gender-neutral toilets** to create a comfortable atmosphere for all individuals.

A Welcoming Crowd

The atmosphere at Healing Matters is characterized by warmth and acceptance. Many clients have noted the supportive **crowd** of both therapists and fellow clients, creating a strong sense of community. This positive environment is key to the healing process.

Additional Amenities

In addition to therapeutic services, Healing Matters provides essential **toilet** facilities and other **amenities** that enhance the overall client experience. These thoughtful touches contribute to a holistic approach to wellness, ensuring that physical comfort is prioritized alongside mental health.

Your Journey Begins Here

If you are seeking a mental health clinic that values empathy, understanding, and personalized care, consider scheduling an appointment with Healing Matters Psychotherapy and Wellness. With Sonya's **knowledgeable** and compassionate approach to addressing issues head-on, clients can find the support they need to navigate their challenges and achieve lasting well-being.

Our address is

430 York Blvd, L8R 3K8 Hamilton, Ontario - Canada (CA)

The phone number of the mentioned **Mental health clinic** is +1905-921-6340

And if you want to send a WhatsApp, you can do so at +1905-921-6340

We open at the following schedule:

Day Hours
Monday
9?AM–5?PM
Tuesday
10?AM–12:30?PM
Wednesday
Closed
Thursday
10?AM–6?PM
Friday
10?AM–6?PM
Saturday
10?AM–6?PM
Sunday
10?AM–9?PM

The website is Healing Matters Psychotherapy and Wellness

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Images



Healing matters psychotherapy and wellness hamilton

Tags

Planning, LGBTQ+ friendly, Crowd, Gender-neutral toilets, Language assistance, Appointment required, From the business, Service options, Identifies as women-owned, Amenities, Appointments recommended, Toilet, Transgender safe space

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