

## Health and Counselling Services - Ottawa

Mental Health Clinic In Ottawa



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### *Mental Health Clinic In Ottawa*

### *Health and Counselling Services - Ottawa*

#### **Accessibility at Health and Counselling Services in Ottawa, Ontario**

Finding a mental health clinic that prioritizes accessibility is essential for many individuals. The **Mental Health Clinic Health and Counselling Services** located in Ottawa, Ontario, aims to provide accessible care to all patients. This clinic boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible toilet**, ensuring that everyone can receive the help they need without physical barriers.

## Wheelchair-Accessible Amenities

The clinic features a **wheelchair-accessible car park**, allowing easy access for those who require it. Visitors can feel confident that their transportation needs are accommodated, making the overall visit experience more comfortable.

## Appointment Recommendations

Although walk-in services are available, it's important to note that **appointments are recommended**. Many patients have shared experiences of long waiting times, particularly if visiting without an appointment. Therefore, pre-booking ensures a smoother visit and mitigates potential frustrations.

## Patient Experiences and Quality of Care

While many reviews praise the doctors at the clinic for their attentiveness and compassion, experiences vary significantly among patients. For instance, one individual shared how **Dr. Mimi Mah** provided exceptional care during their visit, taking extra time to ensure all concerns were addressed. In contrast, others expressed frustration with specific doctors who did not listen or address their symptoms adequately, leading to feelings of being dismissed. Overall, the quality of care seems to depend on which healthcare professional is seen. According to feedback, some patients felt rushed, particularly during busy periods, which can hinder proper diagnosis and treatment planning. However, positive interactions with other staff members, including nurses, highlighted the importance of compassionate and understanding care.

## Conclusion

The **Mental Health Clinic Health and Counselling Services** in Ottawa provides several critical **amenities** that enhance accessibility for all patients. With a focus on wheelchair access, appointment scheduling, and varying patient experiences, it's crucial for prospective patients to plan ahead and possibly seek referrals to ensure they have the best possible experience. For those seeking mental health support in Ottawa, understanding both the strengths and challenges of this clinic can empower better choices regarding personal healthcare paths.

## You will find us at

1125 University Dr #2600, K1S 5B6 Ottawa, Ontario - Canada (CA)

The phone of said **Mental health clinic** is +1613-520-6674

And if you want to send a WhatsApp, you can do so at +1613-520-6674

## Our service hours are:

Day Hours  
Monday

8:30?AM–4:30?PM

Tuesday

8:30?AM–4:30?PM

Wednesday

8:30?AM–4:30?PM

Thursday

8:30?AM–4:30?PM

Friday

Closed

Saturday

Closed

Sunday

8:30?AM–4:30?PM

The website is Health and Counselling Services

If necessary to update any detail that you believe is not accurate concerning this web, we ask forward a message and we will correct it at the earliest convenience. In advance thanks.

## Images



*Health and counselling services ottawa*

## Tags

*Accessibility, Wheelchair-accessible toilet, Wheelchair-accessible car park, Planning, Appointments recommended, Toilet, Wheelchair-accessible entrance, Amenities*

## Related content

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## Categories

|                                     |
|-------------------------------------|
| academic department                 |
| acupuncture clinic                  |
| acupuncturist                       |
| addiction treatment center          |
| advertising agency                  |
| alternative medicine practitioner   |
| applied behavior analysis therapist |
| art studio                          |
| association / organization          |
| astrologer                          |
| bankruptcy service                  |
| child care agency                   |
| child health care centre            |
| child psychologist                  |
| chiropractor                        |
| citizen information bureau          |

|                                    |
|------------------------------------|
| community center                   |
| community health centre            |
| computer support and services      |
| consultant                         |
| corporate office                   |
| counselor                          |
| crisis center                      |
| dentist                            |
| doctor                             |
| education center                   |
| emdr psychotherapist               |
| emergency training                 |
| equestrian facility                |
| family counselor                   |
| family practice physician          |
| family service center              |
| fitness center                     |
| government office                  |
| health counselor                   |
| health spa                         |
| holistic medicine practitioner     |
| home health care service           |
| hotel                              |
| hypnotherapy service               |
| kindergarten                       |
| laser hair removal service         |
| learning center                    |
| life coach                         |
| local medical services             |
| lymph drainage therapist           |
| marketing agency                   |
| marriage or relationship counselor |
| massage spa                        |
| massage therapist                  |
| medical center                     |
| medical clinic                     |
| medical group                      |
| medical office                     |
| medical spa                        |
| mental health clinic               |
| mental health service              |
| naturopathic practitioner          |

|                                  |
|----------------------------------|
| non-profit organization          |
| nutritionist                     |
| occupational health service      |
| occupational therapist           |
| optometrist                      |
| orthopedic clinic                |
| orthotics & prosthetics service  |
| osteopath                        |
| pain control clinic              |
| pediatric clinic                 |
| personal trainer                 |
| pharmacy                         |
| physical therapist               |
| physical therapy clinic          |
| psychiatrist                     |
| psychologist                     |
| psychologists                    |
| psychopedagogy clinic            |
| psychotherapist                  |
| rehabilitation center            |
| reiki therapist                  |
| skin care clinic                 |
| sleep clinic                     |
| social services organization     |
| social worker                    |
| spa                              |
| specialized clinic               |
| speech pathologist               |
| sports medicine clinic           |
| student career counseling office |
| support group                    |
| therapists                       |
| wellness center                  |
| women's health clinic            |
| yoga studio                      |