

## Ottawa Psychotherapy Services - Ottawa

Mental Health Clinic In Ottawa



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### *Mental Health Clinic In Ottawa*

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### **Mental Health Clinic Ottawa: Psychotherapy Services Overview**

The **\*\*Mental Health Clinic Ottawa\*\*** offers a variety of psychotherapy services designed to support the emotional and psychological well-being of its clients. Located in the heart of Ottawa, Ontario, the clinic provides a welcoming environment for individuals seeking help.

### **Accessibility and Amenities**

One of the key features of the clinic is its commitment to **\*\*accessibility\*\***. The

facility is equipped with **wheelchair-accessible seating** and a **wheelchair-accessible toilet**, ensuring that all clients can navigate the space comfortably. Additionally, there are amenities available to enhance your visit, such as clean restrooms and waiting areas.

## **Parking Options**

For those planning to visit, **parking** options are available nearby. Clients can take advantage of **free of charge street parking** or opt for the convenient **paid parking lot** adjacent to the clinic. This makes it easy for everyone to attend **appointments** without worrying about their vehicle.

## **Appointment Requirements**

To ensure a smooth experience, **appointments are recommended**. It is advisable to call ahead and schedule your visit, as this helps in managing the **crowd** and providing personalized attention. The clinic emphasizes that an **appointment is required** for most services, allowing them to allocate sufficient time for each client.

## **Language Assistance**

At the Mental Health Clinic Ottawa, they understand the importance of effective communication. **Language assistance** services are available to accommodate clients who may speak English as a second language. This ensures that all individuals feel comfortable expressing their thoughts and feelings during therapy sessions.

## **Inclusivity for All Clients**

The clinic proudly identifies as an **LGBTQ+ friendly** and a **transgender safe space**, fostering an inclusive atmosphere for all individuals. This dedication to creating a safe environment allows clients to feel more at ease when discussing sensitive topics.

## **On-Site Services and Planning**

With a range of **on-site services** including individual therapy, group sessions, and workshops, clients are given various **service options** tailored to their needs. This careful **planning** allows clients to choose the best pathway towards healing and mental wellness. In conclusion, the Mental Health Clinic Ottawa stands out not only for its comprehensive psychotherapy services but also for its commitment to accessibility, inclusivity, and client support. Whether you are seeking help for yourself or a loved one, this clinic offers a compassionate environment for everyone.

## **You can reach us at**

1 CentrepoinTE Dr #205, K2G 6E2 Ottawa, Ontario - Canada (CA)

The phone number of this **Mental health clinic** is +1613-786-9989  
And if you want to send a WhatsApp, you can do so at +1613-786-9989

## You can visit us at the following hours:

Day	Hours
Monday	9?AM–9?PM
Tuesday	9?AM–9?PM
Wednesday	9?AM–5?PM
Thursday	Closed
Friday	9?AM–9?PM
Saturday	9?AM–9?PM
Sunday	9?AM–9?PM

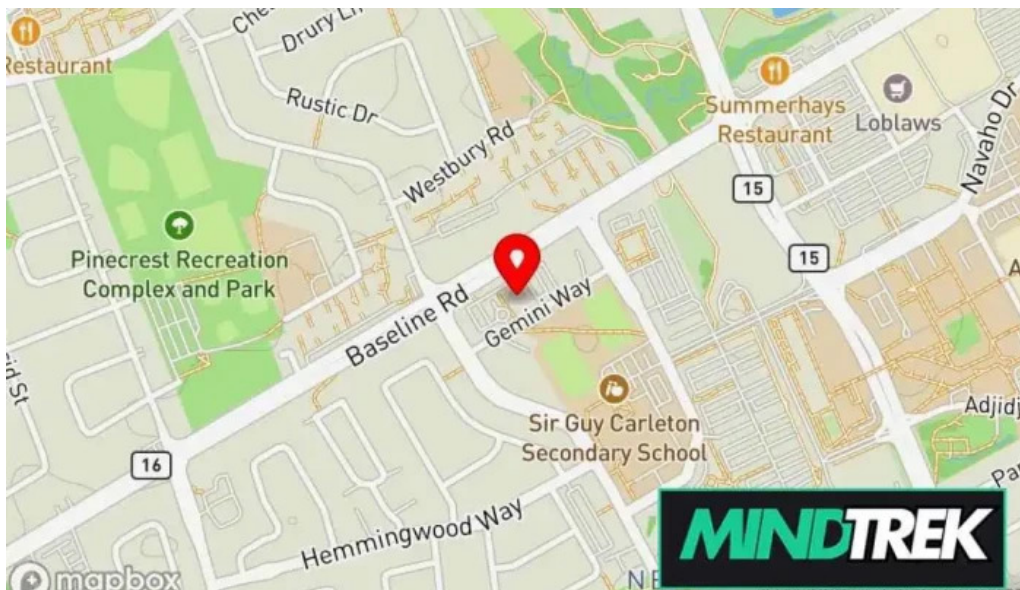
The website is Ottawa Psychotherapy Services

If you need to adjust any data that you think is incorrect about this web, we urge you to send us a message and we will adjust it promptly. In advance we appreciate it.

## Images



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## Tags

*Wheelchair-accessible seating, On-site services, Appointment required, Paid parking lot, Transgender safe space, LGBTQ+ friendly, Accessibility, Wheelchair-accessible toilet, Appointments recommended, Language assistance, Crowd, Service options, Free of charge street parking, Planning, Toilet, Parking, Amenities*

## Related content

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5.0 *	<i>InnerSight Psychotherapy - Barrie</i>
4.6 *	<i>Glowing Hearts Psychotherapy - Barrie</i>
4.2 *	<i>Rd Psychotherapy - Hamilton</i>
5.0 *	<i>Whitehouse Psychotherapy - Richmond Hill</i>
3.0 *	<i>Dig A Little Deeper, Psychotherapy &amp; Counselling - Alliston</i>
5.0 *	<i>Hamilton Counselling Centre for Men (Formerly Gumbinger Psychotherapy) - Dundas</i>
5.0 *	<i>Crew Psychotherapy and Trauma Services - Whitby</i>
4.8 *	<i>Insightful Journey Inc. - Oshawa</i>
4.3 *	<i>Embrace Well Psychological Services - Ajax</i>

## Categories

academic department
acupuncture clinic
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art studio
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corporate office
counselor
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dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family practice physician
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
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hotel
hypnotherapy service
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massage spa
massage therapist

medical center
medical clinic
medical spa
mental health clinic
mental health service
naturopathic practitioner
nutritionist
occupational health service
occupational therapist
orthopedic clinic
orthotics & prosthetics service
pediatric clinic
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychotherapist
rehabilitation center
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
yoga studio