

Services Psychologiques Exhale Psychological Services - Ottawa

Mental Health Clinic In Ottawa



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*Mental Health Clinic In Ottawa****Services Psychologiques Exhale Psychological Services - Ottawa*****Welcome to EXHALE Psychological Services**

At ****EXHALE Psychological Services****, located in Ottawa, Ontario, we pride ourselves on offering a welcoming environment for all, especially for the ****LGBTQ+ community****. Our clinic is not just a place for therapy; it's a safe space designed to promote mental well-being.

Accessibility and Amenities

We understand that accessibility is paramount in ensuring everyone can seek assistance. Our clinic features a ****wheelchair-accessible car park**** along with a ****toilet**** that caters to various needs. Additionally, we have a ****free parking lot**** available for our clients, making your visit as convenient as possible.

Service Options Tailored to Your Needs

EXHALE Psychological Services offers a range of ****service options**** tailored to meet individual needs. We are proud to be recognized as a ****transgender safe space****, ensuring that all individuals feel respected and supported during their journey towards mental wellness.

Language Assistance

Our commitment to inclusivity extends to providing ****language assistance**** for those who may require it. We recognize the diversity in our community and strive to accommodate our clients' preferences in communication.

Planning Your Visit

To enhance your experience at EXHALE, we recommend scheduling your visit by making ****appointments**** in advance. While walk-ins might be accommodated, ****appointments are required**** for a smoother process. This allows us to dedicate the right amount of time and attention to each client's unique situation.

Women-Owned Business Commitment

EXHALE Psychological Services proudly identifies as a ****women-owned business****. This ownership reflects our values of empowerment and support for all women, including those within the LGBTQ+ community.

Your Safe Space Awaits

As you plan your visit, remember that EXHALE is more than just a clinic; it is a space where you can connect with professionals who genuinely care about your mental wellness. Join us in a crowd of like-minded individuals looking to make positive changes in their lives. Whether you're reaching out for yourself or someone you care about, EXHALE Psychological Services is here to guide you every step of the way.

You can find us at

900 Dynes Rd Suite 101C, K2C 3L6 Ottawa, Ontario - Canada (CA)

The contact phone of the mentioned **Mental health clinic** is +1613-220-5669

And if you want to send a WhatsApp, you can do so at +1613-220-5669

We look forward to seeing you at:

Day Hours
Monday

4–9?PM

Tuesday

4–9?PM

Wednesday

4–9?PM

Thursday

Closed

Friday

Closed

Saturday

Closed

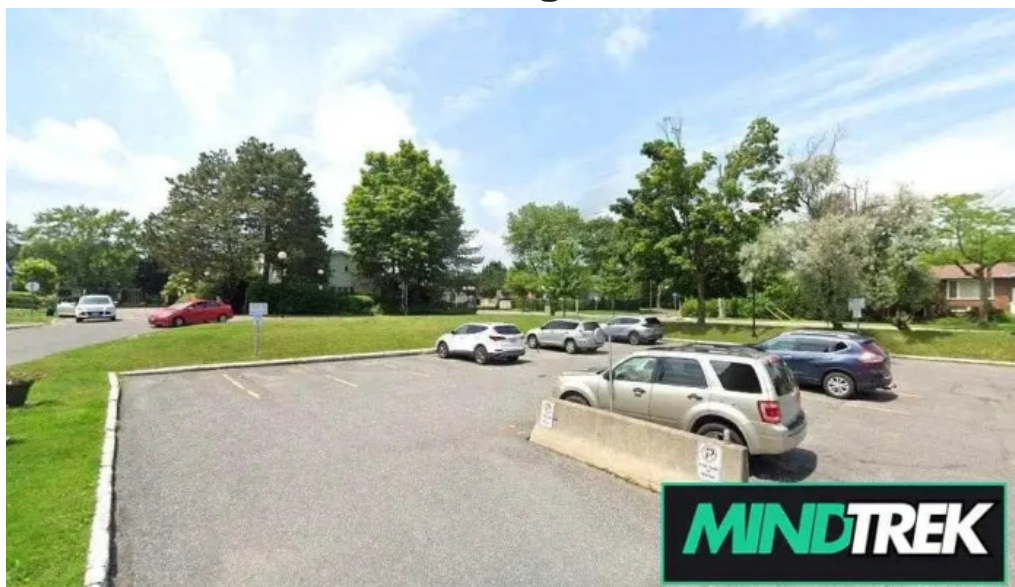
Sunday

4–9?PM

The website is Services Psychologiques EXHALE Psychological Services

In case you want to update any element that you think is not accurate about this page, we kindly request deliver a message and we will adjust it at the earliest convenience. With anticipation thanks for your cooperation.

Images



Services psychologiques exhale psychological services ottawa

Tags

Crowd, Planning, Identifies as women-owned, Toilet, From the business, Parking, Wheelchair-accessible car park, Service options, Transgender safe space, Free parking lot, Language assistance, LGBTQ+ friendly, Appointments recommended, Accessibility, Amenities,

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consultant
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dentist
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education center
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kindergarten
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