

**Cmha Cochrane-Timiskaming - Timmins**

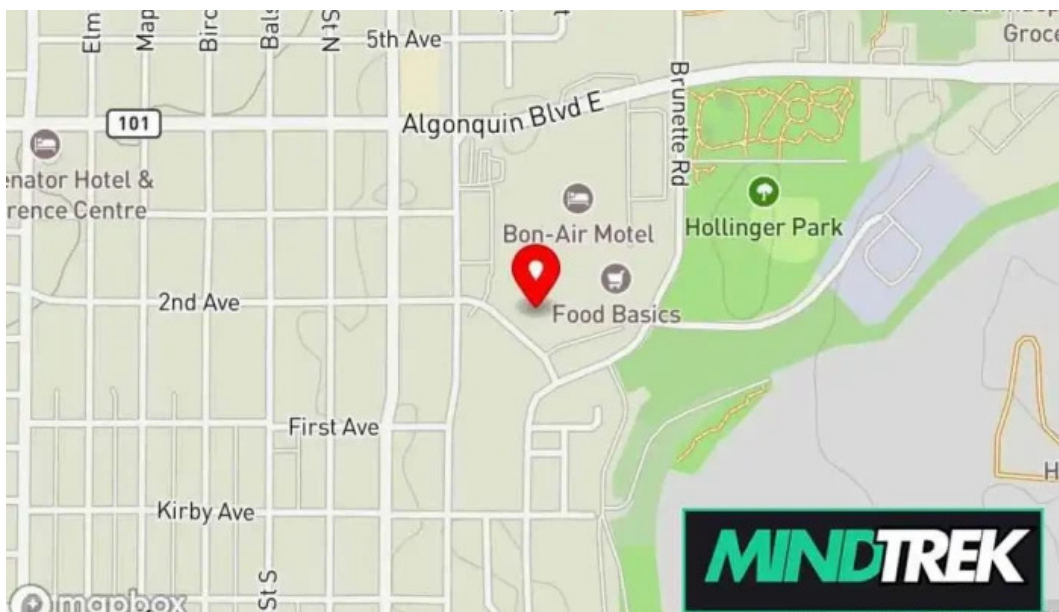
Mental Health Clinic In Timmins

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*Mental Health Clinic In Timmins**Cmha Cochrane-Timiskaming - Timmins***Exploring CMHA Cochrane-Timiskaming: A Mental Health Clinic in Timmins, Ontario**

The **\*\*CMHA Cochrane-Timiskaming\*\*** serves as a vital resource for mental health support in Timmins, Ontario. Although some clients have reported long wait times for services, many express gratitude for the help they receive. The clinic is located on the second floor of a building that also houses a library, making it a convenient spot for individuals seeking help.

## **Accessibility Features of CMHA Cochrane-Timiskaming**

One of the primary concerns for any facility is accessibility. CMHA Cochrane-Timiskaming addresses this with several key features: -

**\*\*Wheelchair-accessible entrance\*\***: Ensuring that all patients can enter the clinic without barriers is a critical aspect of their commitment to inclusivity. - **\*\*Wheelchair-accessible car park\*\***: Easy access to parking helps to alleviate stress for individuals arriving for their appointments. - **\*\*Wheelchair-accessible toilet\*\***: Having accessible restroom facilities is essential for client comfort and convenience.

## **Amenities Offered at CMHA Cochrane-Timiskaming**

While the clinic provides essential mental health services, several amenities add to its effectiveness: - **\*\*Supportive staff\*\***: Clients have noted that despite operational challenges, the assistance offered by staff members can be lifesaving. - **\*\*Communal spaces\*\***: These areas allow patients to engage with each other, reducing feelings of isolation. - **\*\*Resource availability\*\***: While there may be issues with communication regarding classes, many find the resources provided valuable.

## **Feedback from Clients**

Clients have mixed feelings about their experiences with the clinic. One individual remarked on the long wait times but appreciated the help received once connected with services. This highlights the need for improved communication and scheduling to meet client needs better. Another client expressed frustration when attempting to reach out for help, only to encounter an answering machine. This situation underscores a crucial area for improvement in responsiveness and availability.

## **Conclusion**

CMHA Cochrane-Timiskaming in Timmins, Ontario, plays a significant role in providing mental health services. With its focus on accessibility and essential amenities, the clinic strives to create a supportive environment for individuals seeking help. However, as highlighted by client feedback, there are areas requiring attention to enhance the overall experience and ensure that those in need receive timely support.

## **The premises are located at**

330 2nd Ave #201, P4N 8A4 Timmins, Ontario - Canada (CA)

The contact line of said **Mental health clinic** is +1705-267-8100  
And if you want to send a WhatsApp, you can do so at +1705-267-8100

## Our business hours are:

Day Hours

Monday

8:30?AM–4:30?PM

Tuesday

Closed

Wednesday

Closed

Thursday

8:30?AM–4:30?PM

Friday

8:30?AM–4:30?PM

Saturday

8:30?AM–4:30?PM

Sunday

8:30?AM–4:30?PM

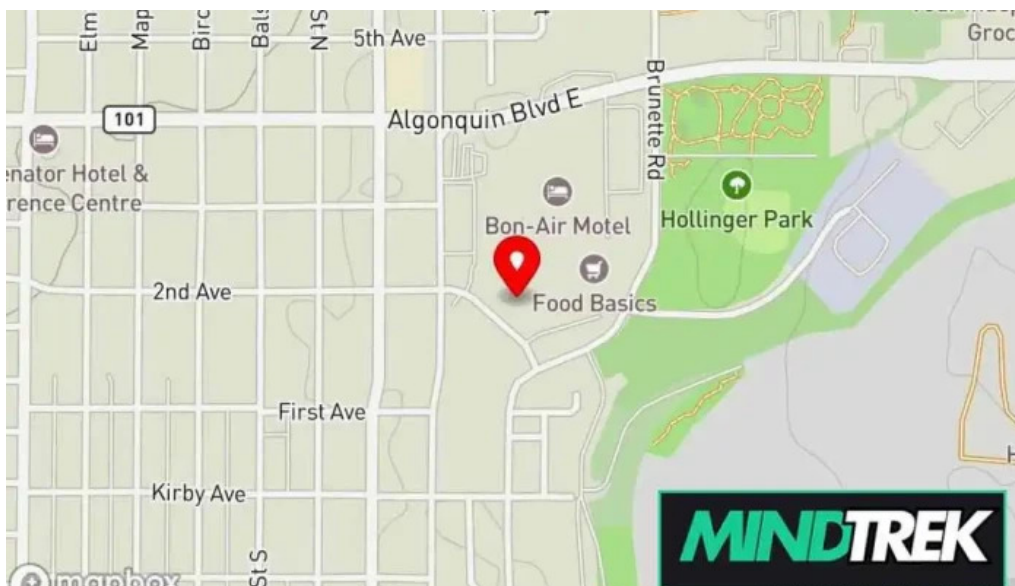
The website is [CMHA Cochrane-Timiskaming](#)

If necessary to alter any data that you consider is not correct about this portal, please forward a message and we will handle it as soon as possible. With anticipation thank you very much.

## Images



*Cmha cochrane timiskaming timmins*



*Cmha cochrane timiskaming map*

## Tags

*Accessibility, Toilet, Wheelchair-accessible car park, Amenities, Wheelchair-accessible toilet, Wheelchair-accessible entrance*

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- 4.2 \*** *Riverside Physical Therapy - Chatham*
- 4.7 \*** *Balanced Life Therapy - Barrie*
- 4.9 \*** *Lifemark Physiotherapy Aurora - Aurora*

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child psychologist
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community center
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consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
emergency training
equestrian facility
family counselor
family practice physician
family service center
fitness center
government office
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
hypnotherapy service
laser hair removal service
life coach
lymph drainage therapist

marriage or relationship counselor
massage spa
massage therapist
medical center
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medical group
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mental health service
naturopathic practitioner
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nutritionist
occupational health service
occupational therapist
optometrist
orthopedic clinic
orthotics & prosthetics service
pain control clinic
pediatric clinic
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
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support group
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yoga studio