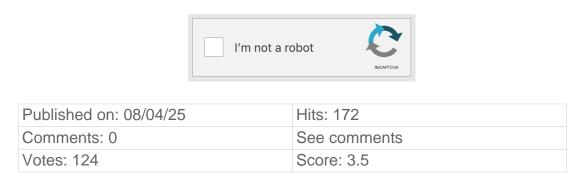


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## Canadian Mental Health Association | York Region & South Simcoe: Alliston Branch - Alliston

alliston



https://www.mindtrek.ca/mental-health-service/alliston/canadian-mental-health-association-york-regio n-south-simcoe-alliston-branch-alliston\_194136.php



# alliston

# Canadian Mental Health Association | York Region & South Simcoe: Alliston Branch - Alliston

#### Mental Health Services at Canadian Mental Health Association | York Region & South Simcoe: Alliston Branch

The \*\*Canadian Mental Health Association (CMHA)\*\* in Alliston, Ontario, provides essential resources and support for individuals seeking mental health services. This branch emphasizes an inclusive environment that caters to

various communities, ensuring that everyone feels welcomed and supported.

## **Accessibility Features**

One of the standout aspects of the Alliston Branch is its commitment to \*\*accessibility\*\*. The facility boasts a \*\*wheelchair-accessible entrance\*\*, making it easy for all visitors to enter without barriers. Moreover, there is a \*\*wheelchair-accessible car park\*\* conveniently located nearby, ensuring that transportation does not hinder access to mental health services.

## A Caring Environment for All

The CMHA Alliston Branch prides itself on being \*\*LGBTQ+ friendly\*\*. The space actively promotes inclusivity, providing a \*\*transgender safe space\*\* where individuals can seek help without fear of discrimination. It's crucial for mental health services to embrace diversity, and this branch sets a strong example.

### **Facilities and Amenities**

Visitors can expect a range of \*\*amenities\*\* designed to enhance their experience. This includes a \*\*wheelchair-accessible toilet\*\*, ensuring that all facilities meet the needs of individuals with mobility challenges. These thoughtful considerations make a significant difference for those utilizing the services.

## **Planning Your Visit**

If you are considering visiting the CMHA Alliston Branch, it's essential to know that an \*\*appointment is required\*\* to ensure that everyone receives the attention they deserve. Planning ahead is a vital part of accessing the support you need effectively.

#### **Crowd Management**

To create a comfortable environment, the CMHA Alliston Branch manages \*\*crowd levels\*\* effectively, allowing for a more personalized experience during your visit. This approach ensures that individuals seeking help can do so in a calm and supportive atmosphere.

#### Conclusion

In summary, the Canadian Mental Health Association | York Region & South Simcoe in Alliston provides invaluable support through its accessible and welcoming environment. With features like a \*\*wheelchair-accessible entrance\*\*, \*\*LGBTQ+ friendly\*\* spaces, and well-planned amenities, it stands out as a leader in mental health services. Don't hesitate to reach out and schedule your appointment to take the first step towards better mental health.

#### You can find us at

The phone of said **Mental health service** is  $\pm 1905-841-3977$ And if you want to send a WhatsApp, you can do so at $\pm 1905-841-3977$ 

### We open at the following schedule:

Day Hours Monday 8:30?AM-4:30?PM Tuesday 8:30?AM-4:30?PM Wednesday 8:30?AM-4:30?PM Thursday 8:30?AM-4:30?PM Eriday Closed Saturday Closed Sunday 8:30?AM-4:30?PM

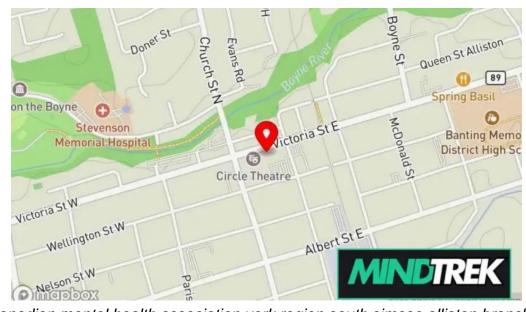
The website is <u>Canadian Mental Health Association | York Region & South</u> <u>Simcoe: Alliston Branch</u>

If you need to modify any information that you consider is not precise about this page, we ask deliver a message so we can we will adjust it quickly. Thanks beforehand thank you very much.

Images



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## Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Planning, Crowd, Appointment required, LGBTQ+ friendly, Amenities, Transgender safe space, Wheelchair-accessible toilet, Toilet, Accessibility

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