

## Balanced Life Therapy - Barrie

barrie

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## Balanced Life Therapy - Barrie

### Discover Balanced Life Therapy in Barrie, Ontario

If you're seeking a supportive and transformative **mental health service**, look no further than **Balanced Life Therapy** in Barrie, Ontario. With a dedicated team led by the highly recommended therapist, Cindy, this therapy center offers a nurturing environment for individuals and couples alike.

### Why Appointments are Recommended

Making an appointment is essential at Balanced Life Therapy, as the team tailors each session to address your specific needs. Clients frequently express how important it is to engage in personalized sessions with Cindy, who provides insightful guidance and support.

## Amenities That Enhance Your Experience

The office provides several **amenities** to ensure a comfortable visit. From a **wheelchair-accessible car park** to a **wheelchair-accessible entrance**, the facility takes pride in making sure everyone can access their services without barriers. Additionally, there are designated **wheelchair-accessible seating** options available in the waiting area.

## Planning Your Visit

When planning your visit, keep in mind that an **appointment is required**. This helps ensure that all clients receive the attention and care they deserve. The Positive experiences shared by former clients underscore the importance of planning ahead to secure your spot.

## Accessibility Features

Balanced Life Therapy is committed to providing accessible services. Features include:

**Wheelchair-accessible car park:** Convenient parking for those with mobility challenges. **Wheelchair-accessible entrance:** Easy entry for everyone. **Toilet facilities:** Accessible restrooms for your comfort.

## Testimonials from Satisfied Clients

Clients have consistently praised the skills and compassion displayed by Cindy and her team. One client remarked, "Cindy changed my life! She helped me recognize my inner voice through journaling and meditation." This sentiment echoes throughout numerous testimonials.

Many have noted the positive group experiences during events like Cindy's women empowerment series, where participants found community and connection with others facing similar challenges. As one attendee described, "What a powerful experience!"

## Final Thoughts

If you're looking for a compassionate and effective mental health service in Barrie, Ontario, **Balanced Life Therapy** could be the right choice for you. With a focus on accessibility and personalized care, this therapy center has become a beacon of hope and healing for many.

## **We are positioned at**

27 Gowan St, L4N 2N9 Barrie, Ontario - Canada (CA)

The phone number of the respective **Mental health service** is +1705-345-6522

And if you want to send a WhatsApp, you can do so at +1705-345-6522

## **You can visit us at the following hours:**

Day Hours  
Monday

8?AM–8?PM

Tuesday

8?AM–8?PM

Wednesday

8?AM–8?PM

Thursday

8?AM–8?PM

Friday

8?AM–4?PM

Saturday

Closed

Sunday

9?AM–4?PM

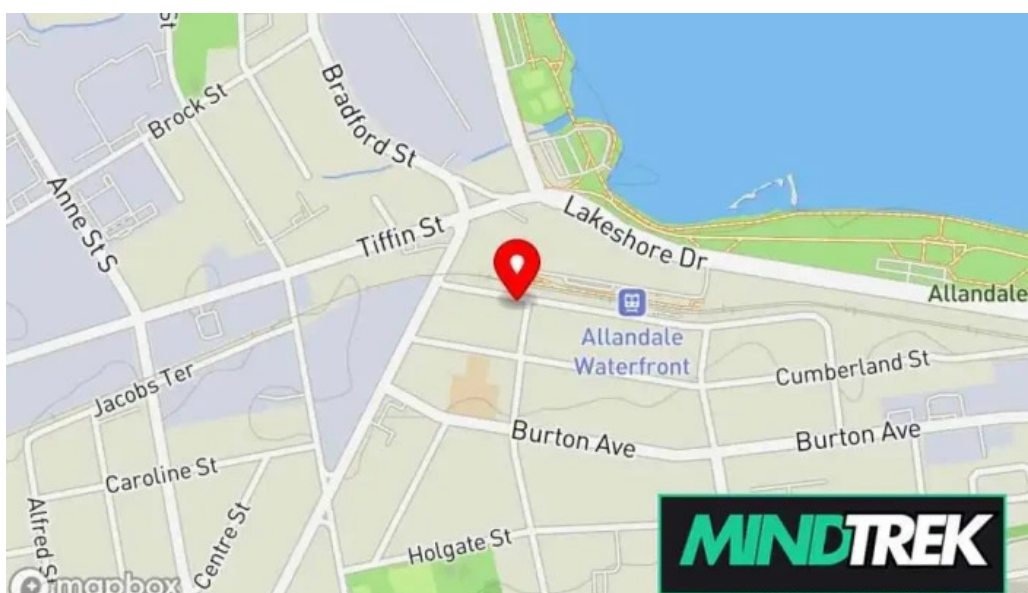
The website is Balanced Life Therapy

If you wish to adjust any detail that you think is not correct related to this site, please send us a message so we can we will adjust it quickly. Thank you in advance thanks for your cooperation.

## **Images**



*Balanced life therapy street view 360deg*



*Balanced life therapy map*



*Balanced life therapy by owner*



*Balanced life therapy barrie*





*Balanced life therapy all*

## Tags

*Toilet, Appointment required, Planning, Wheelchair-accessible seating, Wheelchair-accessible car park, Amenities, Accessibility, Appointments recommended, Wheelchair-accessible entrance*

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community health centre
consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
laser hair removal service
life coach
lymph drainage therapist
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massage spa
massage therapist
medical center
medical clinic
medical spa
mental health clinic
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nutritionist
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personal trainer
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physical therapist
physical therapy clinic
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student career counseling office
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