

Mindtrek: Services and businesses in Canada

### Fortitude Wellness Journey - Barrie

barrie



Published on: 28/04/25	Hits: 28
Comments: 0	See comments
Votes: 15	Score: 3.7

https://www.mindtrek.ca/mental-health-service/barrie/fortitude-wellness-journey-barrie\_238687.php



## barrie

# Fortitude Wellness Journey - Barrie

## Discovering Mental Health Services at Fortitude Wellness Journey

Located in Barrie, Ontario, **Fortitude Wellness Journey** provides an inclusive space focused on mental health services that cater to various communities, including those identifying as LGBTQ+. With a commitment to accessibility and support for all individuals, Fortitude Wellness Journey is dedicated to improving mental well-being.

## Why Choose Fortitude Wellness Journey?

This organization stands out as it is proudly **women-owned**, fostering an environment where clients feel understood and respected. The staff at Fortitude ensures that all appointments are handled with care and compassion, making the journey towards better mental health a welcoming experience.

### **Appointments and Accessibility**

At Fortitude Wellness Journey, **appointments are required** to provide personalized attention to each client. It's recommended to schedule your visit in advance to secure your spot. The center is designed with **accessibility** in mind, featuring a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**. Additionally, they have **wheelchair-accessible seating**, ensuring comfort for all visitors.

#### **Amenities to Enhance Your Visit**

The facility offers several **amenities** to make your appointment as smooth as possible. Clients can find accessible **toilets** within the premises, enhancing the overall experience for those who require additional support. The atmosphere at Fortitude is designed to minimize crowding, allowing for a more relaxed environment during your visit.

## **Embracing Diversity and Inclusion**

Fortitude Wellness Journey embraces diversity and welcomes those from all walks of life. Their **LGBTQ+ friendly** approach ensures that everyone feels safe and accepted while seeking help. The team is well-trained to address the unique concerns of diverse populations, making this service a go-to choice for many in Barrie.

## **Planning Your Visit**

When planning your visit to **Fortitude Wellness Journey**, it's crucial to consider these factors:
Book your appointment in advance Check for available amenities to suit your needs Familiarize yourself with the accessible features of the location

#### From the Business

Fortitude Wellness Journey is more than just a mental health service; it's a supportive community dedicated to promoting mental wellness. Their professional team is here to guide you through your mental health journey, offering tailored services that meet individual needs.

#### Conclusion

The mental health services at **Fortitude Wellness Journey** make it an exceptional choice for residents of Barrie. With their focus on accessibility, inclusivity, and personalized care, clients can feel confident in their decision to prioritize their mental health.

#### Our establishment is located at

60 Collier St, L4M 1G8 Barrie, Ontario - Canada (CA)

The phone number of this **Mental health service** is <u>+1705-770-1694</u> And if you want to send a WhatsApp, you can do so at<u>+1705-770-1694</u>

### Our opening hours are:

Day Hours Monday Closed Tuesday 8?AM-7?PM Wednesday 8?AM-7?PM Thursday 8?AM-7?PM Eriday 8?AM-5?PM Saturday Closed Sunday Closed

The website is Fortitude Wellness Journey

If you require to update any data that you believe is incorrect concerning this site, we kindly request deliver a message so that we will adjust it as soon as possible. Thanks beforehand thank you very much.

## **Images**



Fortitude wellness journey map



Fortitude wellness journey by owner



Fortitude wellness journey barrie



Fortitude wellness journey all

## **Tags**

Appointments recommended, Appointment required, Toilet, Crowd, Wheelchair-accessible car park, Wheelchair-accessible entrance, Wheelchair-accessible seating, Amenities, LGBTQ+ friendly, From the business, Identifies as women-owned, Planning, Accessibility

### Related content

- 4.8 \* Insightful Journey Inc. Oshawa
   5.0 \* Evergreen Wellness Studio Massage, Chiropractic Care, Physiotherapy, Naturopath, Yoga, Meditation - Barrie
- 4.9 \* Horseshoe Wellness Chiropractic & Acupuncture Barrie

4.9 \* Innisfil Wellness Centre - Innisfil
4.2 \* Mindful Healing Journey - Ajax
4.8 \* Bloom-Health And Wellness For Growing Families - Barrie
5.0 \* Rediscover Wellness - Barrie
5.0 \* Georgian Family Chiropractic & Wellness Centre - Wasaga Beach
5.0 \* Renewed Health & Wellness - Orillia

# **Categories**

academic department
acupuncture clinic
acupuncturist
addiction treatment center
advertising agency
art studio
bankruptcy service
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre
consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family service center
fitness center
health counselor
health spa

holistic medicine practitioner
home health care service
hotel
hypnotherapy service
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical spa
mental health clinic
mental health service
naturopathic practitioner
nutritionist
occupational health service
occupational therapist
orthopedic clinic
orthotics & prosthetics service
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychotherapist
rehabilitation center
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
yoga studio