

## child and family center - Espanola

Mental Health Service In Espanola



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## *Mental Health Service In Espanola*

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#### **Mental Health Services at the Child and Family Center in Espanola, Ontario**

The **\*\*Child and Family Center\*\*** in Espanola, Ontario, offers a vital mental health service that caters specifically to children and families. Accessibility, planning, and amenities are key elements that make this center a supportive environment for those seeking assistance.

#### **Accessibility Features**

One of the primary focuses of the center is **accessibility**. The facility is designed with inclusivity in mind, featuring a **wheelchair-accessible entrance** which ensures that all families, regardless of physical ability, can access the services they need. Additionally, the center provides a **wheelchair-accessible toilet**, enhancing comfort and convenience for visitors with mobility challenges. Furthermore, there is a dedicated **wheelchair-accessible car park**, allowing easy access to this essential service for everyone.

## **Planning Your Visit**

To maximize your experience at the Child and Family Center, **appointments are recommended**. This ensures that you receive the attention and care required without unnecessary waiting times. Proper planning may significantly benefit both the child and the family during their visit, promoting a more effective and streamlined experience.

## **Amenities for Comfort and Support**

The center is equipped with various **amenities** to create a welcoming atmosphere for families. Comfortable waiting areas and resources are available to assist parents and children alike in navigating their mental health journeys. These facilities aim to alleviate any potential stress associated with seeking help.

## **The Importance of Open Dialogue**

There are ongoing discussions regarding the approach to sensitive topics such as gender identity within mental health services. Many believe that while asking a child about their gender can be a normal part of understanding their identity, further probing after a child has provided an answer may create confusion. It is crucial for professionals to consider the emotional impact of their questions on young, vulnerable children. Parents have expressed concerns over the potential for **gaslighting** when their perspectives are dismissed during these discussions. Parents should feel empowered to guide their children and provide reassurance, especially when inquiries may lead to confusion or distress. Article 10 of the International Covenant on Economic, Social, and Cultural Rights highlights the duty of parents to protect their children's well-being, reinforcing the importance of parental involvement in such conversations.

## **Conclusion**

The **Child and Family Center** in Espanola serves an essential role in supporting mental health for children and families. With its focus on accessibility, proper planning, and nurturing amenities, it provides a safe space for exploring crucial topics. As the center navigates the complexities of modern mental health issues, it remains committed to creating supportive environments where every family feels heard and valued.

## Our business is found at

407 Centre St, P5E 1G7 Espanola, Ontario - Canada (CA)

The phone number of this **Mental health service** is +1705-869-1564

And if you want to send a WhatsApp, you can do so at +1705-869-1564

## We open at the following schedule:

Day Hours

Monday

10:30?AM–6?PM

Tuesday

8:30?AM–4:30?PM

Wednesday

8:30?AM–4:30?PM

Thursday

Closed

Friday

Closed

Saturday

8:30?AM–4:30?PM

Sunday

8:30?AM–4:30?PM

If you need to adjust any information that you think is not accurate about this page, please forward a message so we can we will handle it promptly. In advance thanks.

## Images



*Child and family center espanola*

## Tags

*Planning, Wheelchair-accessible entrance, Accessibility, Appointments recommended, Toilet, Wheelchair-accessible toilet, Wheelchair-accessible car park, Amenities*

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counselor
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educational institution
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emergency training
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family service center
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personal trainer
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physical therapist
physical therapy clinic
psychiatrist
psychologist
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rehabilitation center
reiki therapist
self defense school
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