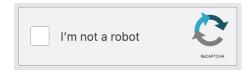


Mindtrek: Services and businesses in Canada

### Southdown Institute - Holland Landing

Mental Health Service In Holland Landing



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# Mental Health Service In Holland Landing

Southdown Institute - Holland Landing

### Mental Health Services at Southdown Institute

Located in Holland Landing, Ontario, the **Southdown Institute** offers a comprehensive range of **mental health services** aimed at promoting well-being and recovery. With a focus on creating a supportive environment, this institute is well regarded by those who have experienced its services.

# **Planning Your Visit**

When considering mental health treatment at Southdown Institute, it's essential to engage in proper **planning**. Appointments are highly recommended to ensure you receive the attention and care you need. The team at Southdown understands the importance of timely support and aims to accommodate your needs as much as possible.

## **Facility Amenities**

The Southdown Institute prides itself on being welcoming and inclusive. Visitors often comment on the **great atmosphere**, which is enhanced by the **nice building** that offers a range of **amenities** for all clients. These features contribute significantly to a positive therapeutic experience.

# **Accessibility Features**

Accessibility is a top priority at Southdown Institute. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can access the resources they need without obstacles. Additionally, the institute is equipped with a **wheelchair-accessible toilet**, making it convenient for individuals requiring these facilities.

### Conclusion

With its excellent support system, **awesome people**, and commitment to accessibility, Southdown Institute in Holland Landing, Ontario, stands out as a prominent choice for individuals seeking mental health services. Their focus on creating a comfortable environment ensures that everyone has the opportunity to thrive.

#### Our location is in

18798 Old Yonge St, L9N 0L1 Holland Landing, Ontario - Canada (CA)

The phone number of the mentioned **Mental health service** is <u>+1905-727-4214</u> And if you want to send a WhatsApp, you can do so at+1905-727-4214

#### Our business hours are:

Day Hours Monday Closed Tuesday

8:30?AM-4:30?PM

Wednesday

8:30?AM-4:30?PM

Thursday

8:30?AM-4:30?PM

Eriday 8:30?AM-4:30?PM

Saturday

8:30?AM-4:30?PM

Sunday Closed

# The website is **Southdown Institute**

If you wish to update any element that you feel is not precise concerning this site, please deliver a message so that we will fix it at the earliest convenience. In advance thank you very much.



Southdown institute holland landing

# **Tags**

Appointments recommended, Wheelchair-accessible toilet, Planning, Amenities, Wheelchair-accessible car park, Toilet, Wheelchair-accessible entrance, Accessibility

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- 3.5 \* Collaborative Solutions Counselling and Psychotherapy Holland

### Landing

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4.8 \* eFIT Institute - Hamilton
4.3 \* Trauma & Grief Institute (tgi) - Ottawa
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