

## Southdown Institute - Holland Landing

Mental Health Service In Holland Landing



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### *Mental Health Service In Holland Landing*

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#### **Mental Health Services at Southdown Institute**

Located in Holland Landing, Ontario, the **Southdown Institute** offers a comprehensive range of **mental health services** aimed at promoting well-being and recovery. With a focus on creating a supportive environment, this institute is well regarded by those who have experienced its services.

#### **Planning Your Visit**

When considering mental health treatment at Southdown Institute, it's essential to engage in proper **planning**. Appointments are highly recommended to ensure you receive the attention and care you need. The team at Southdown understands the importance of timely support and aims to accommodate your needs as much as possible.

## Facility Amenities

The Southdown Institute prides itself on being welcoming and inclusive. Visitors often comment on the **great atmosphere**, which is enhanced by the **nice building** that offers a range of **amenities** for all clients. These features contribute significantly to a positive therapeutic experience.

## Accessibility Features

Accessibility is a top priority at Southdown Institute. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can access the resources they need without obstacles. Additionally, the institute is equipped with a **wheelchair-accessible toilet**, making it convenient for individuals requiring these facilities.

## Conclusion

With its excellent support system, **awesome people**, and commitment to accessibility, Southdown Institute in Holland Landing, Ontario, stands out as a prominent choice for individuals seeking mental health services. Their focus on creating a comfortable environment ensures that everyone has the opportunity to thrive.

## Our location is in

18798 Old Yonge St, L9N 0L1 Holland Landing, Ontario - Canada (CA)

The phone number of the mentioned **Mental health service** is +1905-727-4214  
And if you want to send a WhatsApp, you can do so at +1905-727-4214

## Our business hours are:

Day Hours  
Monday  
Closed

Tuesday  
8:30?AM–4:30?PM  
Wednesday  
8:30?AM–4:30?PM  
Thursday  
8:30?AM–4:30?PM  
Friday  
8:30?AM–4:30?PM  
Saturday  
8:30?AM–4:30?PM  
Sunday  
Closed

The website is [Southdown Institute](#)

If you wish to update any element that you feel is not precise concerning this site, please deliver a message so that we will fix it at the earliest convenience. In advance thank you very much.

## Images



*Southdown institute holland landing*

## Tags

*Appointments recommended, Wheelchair-accessible toilet, Planning, Amenities, Wheelchair-accessible car park, Toilet, Wheelchair-accessible entrance, Accessibility*

## Related content

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**3.9 \*** [Online Therapy Centre - Holland Landing](#)

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**3.5 \*** [Collaborative Solutions Counselling and Psychotherapy - Holland](#)

## *Landing*

<b>3.2 *</b>	<i>The Counselling Institute - Woodbridge</i>
<b>5.0 *</b>	<i>Dr. Svec Institute of Psychological Services - Chatham</i>
<b>4.8 *</b>	<i>eFIT Institute - Hamilton</i>
<b>4.3 *</b>	<i>Trauma &amp; Grief Institute (tgi) - Ottawa</i>
<b>4.7 *</b>	<i>Meaning-Centered Counselling Institute Inc. - North York</i>
<b>4.8 *</b>	<i>Orthopaedic Sport Institute - Collingwood</i>
<b>2.4 *</b>	<i>Ottawa Institute of Cognitive Behavioural Therapy - Ottawa</i>
<b>4.8 *</b>	<i>Belleville Integrative Health Centre - Belleville</i>

## Categories

academic department
accounting firm
acupuncture clinic
acupuncturist
addiction treatment center
advertising agency
alternative medicine practitioner
applied behavior analysis therapist
art studio
assisted living facility
association / organization
astrologer
audiologist
bankruptcy service
beauty salon
child care agency
child health care centre
child psychologist
chiropractor
citizen information bureau
civil police
community center
community health centre
computer support and services

consultant
corporate office
counselor
coworking space
crisis center
dentist
doctor
education center
educational institution
emdr psychotherapist
emergency training
equestrian facility
family counselor
family practice physician
family service center
financial consultant
fitness center
government office
health counselor
health spa
hearing aid store
holistic medicine practitioner
home health care service
hospital
hotel
hypnotherapy service
insolvency service
kindergarten
laser hair removal service
lawyer
learning center
life coach
loan agency
local medical services
lymph drainage therapist
marketing agency
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical group

medical office
medical spa
mental health clinic
mental health service
mortgage broker
mosque
motel
naturopathic practitioner
non-profit organization
nutritionist
occupational health service
occupational therapist
optometrist
orthopedic clinic
orthotics & prosthetics service
osteopath
pain control clinic
pediatric clinic
personal trainer
pet groomer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
self defense school
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
superfund site
support group

therapists
used car dealer
wellness center
women's health clinic
yoga instructor
yoga studio