

## Centre of Healing Minds | Mississauga Therapists - Mississauga

Mental Health Service In Mississauga

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### *Mental Health Service In Mississauga*

## *Centre of Healing Minds | Mississauga Therapists - Mississauga*

### **Mental Health Service Centre of Healing Minds | Mississauga Therapists**

The **Centre of Healing Minds** in Mississauga, Ontario, offers a sanctuary for those seeking mental health support. With a team of experienced therapists, including the highly recommended **Umair Ausaf**, clients experience compassionate care in a warm and welcoming environment.

## Accessibility for All

Accessibility is a priority at the Centre of Healing Minds. The facility features **wheelchair-accessible seating** and a **wheelchair-accessible toilet**. Moreover, the **wheelchair-accessible car park** and **on-site parking** options ensure that those with mobility challenges can access services comfortably.

## Convenient Parking Solutions

For visitors driving to the clinic, **paid street parking** is available along with a **paid multi-storey car park** nearby. This makes it easy for clients to plan their visits without worrying about parking availability.

## Appointment Scheduling

At the Centre of Healing Minds, **appointments are required** for therapy sessions. It's recommended to schedule your sessions in advance, ensuring that you secure your preferred time and therapist. The staff is accommodating and always strives to meet clients' scheduling needs.

## Holistic Therapy Approach

Clients consistently praise the clinic's holistic approach to therapy. Many have shared transformative experiences, emphasizing the thoughtful and empathetic treatment they received. The therapists take the time to listen to individual concerns, creating a space where clients feel heard, understood, and valued. This nurturing environment sets the stage for meaningful personal growth.

## Amenities and Comfort

The Centre of Healing Minds prioritizes client comfort with thoughtfully designed **amenities**. From the welcoming atmosphere to the professional staff, every aspect of the clinic fosters a sense of safety and respect. Clients have noted the importance of privacy during sessions, which the team is committed to maintaining.

## Client Testimonials and Success Stories

Many clients have reported significant improvements in their mental well-being after attending therapy at the Centre. They describe Umair and the team as **compassionate, empathetic**, and genuinely dedicated to their healing journey. The focus on personalized care makes this clinic stand out, as clients leave feeling supported and empowered.

## Conclusion

The Centre of Healing Minds in Mississauga is a top choice for anyone looking for quality mental health support. With an emphasis on accessibility, convenience, and a holistic approach to therapy, it truly provides a healing environment for all. Whether you're seeking individual therapy or couples counseling, the dedicated team is ready to guide you on your journey to better mental health.

## We are located at

Sussex Centre, 90 Burnhamthorpe Rd W Tower - Suite #1400, L5B 3C3 Mississauga, Ontario - Canada (CA)

The contact line of the mentioned **Mental health service** is +1647-779-9644  
And if you want to send a WhatsApp, you can do so at +1647-779-9644

## We look forward to seeing you at:

Day Hours  
Monday  
9?AM–8?PM  
Tuesday  
9?AM–8?PM  
Wednesday  
9?AM–8?PM  
Thursday  
11?AM–4?PM  
Friday  
11?AM–4?PM  
Saturday  
9?AM–8?PM  
Sunday  
9?AM–8?PM

The website is Centre of Healing Minds | Mississauga Therapists

If you need to update any element that you feel is not precise related to this web, please send a message so we can we will adjust it quickly. Thanks beforehand thanks.

## Images



*Centre of healing minds mississauga therapists mississauga*

## Tags

*Appointments recommended, Amenities, Appointment required, Paid multi-storey car park, Paid street parking, On-site parking, Accessibility, Parking, Wheelchair-accessible seating, Toilet, Planning, Wheelchair-accessible toilet, Wheelchair-accessible car park*

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**5.0 \*** *Beyond Minds Therapy - Brampton*

**5.0 \*** *Mending Minds Counselling-Julie Myers, Msw, Rsw - Sault Ste. Marie*

**3.8 \*** *Hopeful Minds Psychotherapy - Ajax*

**5.0 \*** *The Healing Centre - Cobourg*

**4.6 \*** *Healing Recovery Centre - Newmarket*

**3.7 \*** *Indigo Healing Centre - Karen Mayson - Cobourg*

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advertising agency
alternative medicine practitioner
applied behavior analysis therapist
art studio
assisted living facility
association / organization
astrologer
audiologist
bankruptcy service
beauty salon
business management consultant
child care agency
child health care centre
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computer support and services
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counselor
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crisis center
day care center
dental clinic
dentist
doctor
education center
educational institution
emdr psychotherapist
emergency training
equestrian facility
family counselor
family practice physician
family service center

financial consultant
fitness center
government office
hair salon
health counselor
health spa
hearing aid store
holistic medicine practitioner
home health care service
hospital
hotel
hypnotherapy service
insolvency service
kindergarten
laser hair removal service
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learning center
life coach
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lymph drainage therapist
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massage therapist
medical center
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medical office
medical spa
mental health clinic
mental health service
mortgage broker
mosque
motel
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nutritionist
occupational health service
occupational therapist
optometrist
orthopedic clinic

orthotics & prosthetics service
osteopath
pain control clinic
pediatric clinic
personal trainer
pet groomer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
self defense school
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
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veterinarian
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