

## Upstream Ottawa Mental Health Community Support - Nepean

Mental Health Service In Nepean

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### *Mental Health Service In Nepean*

## *Upstream Ottawa Mental Health Community Support - Nepean*

### **Mental Health Services at Upstream Ottawa**

Upstream Ottawa Mental Health Community Support, located in Nepean, Ontario, plays a pivotal role in providing essential mental health services to the community. Understanding the importance of **planning** and accessibility, this organization strives to cater to individuals' unique requirements.

## Accessibility Features

One of the standout features of Upstream Ottawa is its commitment to **accessibility**. The facility includes a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can access the support they need without barriers. Additionally, there are accessible **toilets** available for visitors.

## Amenities Offered

While some may find it challenging to navigate mental health resources, Upstream Ottawa provides several **amenities** that enhance the experience for clients. It serves as a vital link for those seeking to build connections and gain access to necessary resources.

## Community Impact

Despite mixed reviews from past clients, many have highlighted the significance of Upstream's staff and programs. One individual expressed gratitude for the positive impact on their sister's life, noting the enjoyable annual Christmas supper and thoughtful presents tailored to her preferences. This sentiment reflects the organization's dedication to uplifting community members.

## Challenges and Recommendations

However, it is important to acknowledge the challenges some have faced with Upstream Ottawa. Concerns regarding communication and accessibility of services have been voiced, with some clients feeling unheard or unsupported. For individuals seeking assistance, it is often recommended to schedule **appointments** to ensure a better chance of receiving the necessary help.

## Conclusion

In conclusion, Upstream Ottawa Mental Health Community Support serves as an essential resource in Nepean, offering vital services tailored to individuals in need. While it boasts strong accessibility features and has made a significant impact on many lives, the organization must continue evolving to address concerns raised by clients. For anyone interested in utilizing their services, being proactive about scheduling appointments may enhance the experience.

## We are positioned at

204-100 Craig Henry Dr, K2G 5W3 Nepean, Ontario - Canada (CA)

The contact phone of said **Mental health service** is +1613-248-3330  
And if you want to send a WhatsApp, you can do so at +1613-248-3330

## **We are open during the following hours:**

Day Hours  
Monday  
8:30?AM–4:30?PM  
Tuesday  
8:30?AM–4:30?PM  
Wednesday  
Closed  
Thursday  
Closed  
Friday  
8:30?AM–4:30?PM  
Saturday  
8:30?AM–4:30?PM  
Sunday  
8:30?AM–4:30?PM

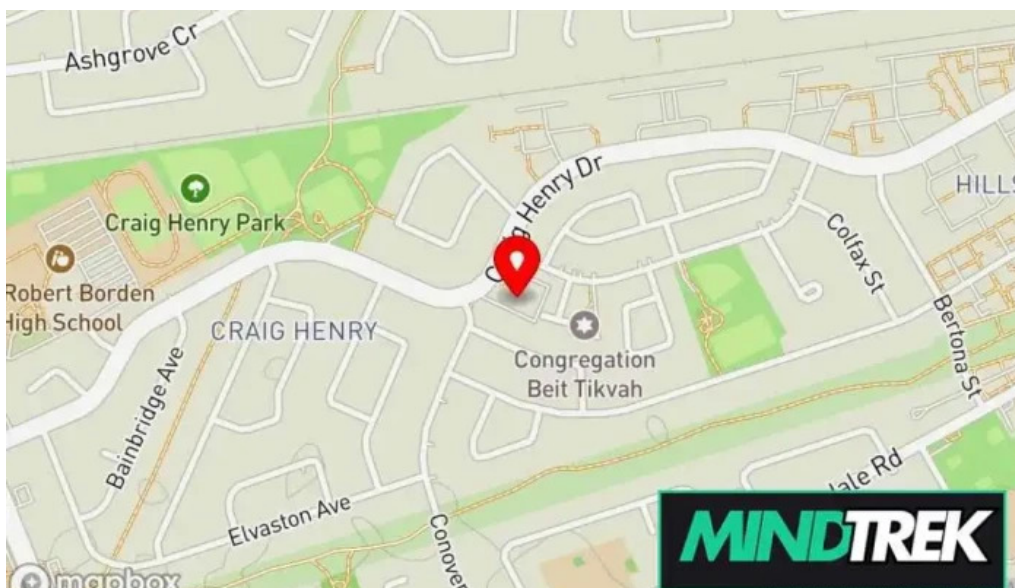
The website is Upstream Ottawa Mental Health Community Support

If you require to alter any detail that you think is incorrect related to this site, we kindly request forward a message so we can we will correct it quickly.  
Thanks beforehand thanks for your cooperation.

## **Images**



*Upstream ottawa mental health community support nepean*



*Upstream ottawa mental health community support map*



*Upstream ottawa mental health community support by owner*





*Upstream ottawa mental health community support all*

## Tags

*Accessibility, Wheelchair-accessible car park, Planning, Wheelchair-accessible entrance, Toilet, Amenities, Appointments recommended*

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community health centre
consultant
corporate office
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education center
emdr psychotherapist
equestrian facility
family counselor
family practice physician
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
hypnotherapy service
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
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student career counseling office
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