

Newmarket Counselling Centre - Newmarket

newmarket



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*newmarket****Newmarket Counselling Centre - Newmarket*****Mental Health Services at Newmarket Counselling Centre**

The ****Newmarket Counselling Centre**** in Newmarket, Ontario, is a beacon for those seeking mental health support. The centre provides a range of services aimed at enhancing mental wellness and helping individuals navigate their emotional challenges.

Accessibility Features

One of the hallmarks of the Newmarket Counselling Centre is its commitment

to accessibility. It features a ****wheelchair-accessible entrance****, ensuring that all clients can comfortably enter the facility. Furthermore, there is ****wheelchair-accessible seating**** available within the counselling rooms, allowing for a comfortable experience during sessions. The centre also boasts a ****wheelchair-accessible car park****, making it convenient for those using mobility aids to visit without difficulty.

Planning Your Visit

For those considering therapy, it is advisable to book appointments ahead of time. ****Appointments are recommended**** to ensure you receive the attention and care that aligns with your schedule. The staff at Newmarket Counselling Centre understand the importance of planning and are here to help facilitate your journey toward mental wellness.

Amenities That Enhance Comfort

The environment at Newmarket Counselling Centre is designed to be welcoming and comforting. Clients frequently mention the ****amenities**** offered, which contribute to a positive therapeutic experience. From the warm hot chocolate prepared by staff members like Kristen, clients feel at home. This personal touch helps ease the tension often associated with counselling.

Highly Trained Professionals

Meaghan Keeping, one of the standout professionals at the centre, has garnered an array of positive feedback from clients. Many describe her as ****incredible, knowledgeable, and caring****, emphasizing her ability to make clients feel at ease while addressing their concerns. Numerous testimonials confirm that Meaghan's insights have been transformative for many individuals seeking help. Dr. Raechel Philbert and Vanessa Ruffolo are also noted for their dedication and expertise, making them highly recommended by clients who appreciate their thorough approach and genuine compassion.

A Community Lifeline

In a world where mental health challenges are prevalent, the services provided by the Newmarket Counselling Centre serve as a much-needed lifeline. Their commitment to professionalism and community support has positively impacted countless lives. Clients express gratitude for the phenomenal care they receive, fostering a sense of safety and trust. Whether you're facing deep-rooted issues or simply need someone to talk to, the Newmarket Counselling Centre offers a welcoming atmosphere, paired with qualified professionals ready to assist on your journey to better mental health.

You can reach us at

Dixon Medical Centre, 531 Davis Dr Suite 301, L3Y 6P5 Newmarket, Ontario - Canada

(CA)

The contact phone of said **Mental health service** is +1365-340-5677
And if you want to send a WhatsApp, you can do so at +1365-340-5677

We are available at these times:

Day	Hours
Monday	10?AM–8?PM
Tuesday	10?AM–7?PM
Wednesday	Closed
Thursday	Closed
Friday	10?AM–8?PM
Saturday	10?AM–8?PM
Sunday	10?AM–8?PM

The website is Newmarket Counselling Centre

If you wish to modify any data that you think is not precise about this web, we ask send a message and we will adjust it at the earliest convenience. With anticipation thank you very much.

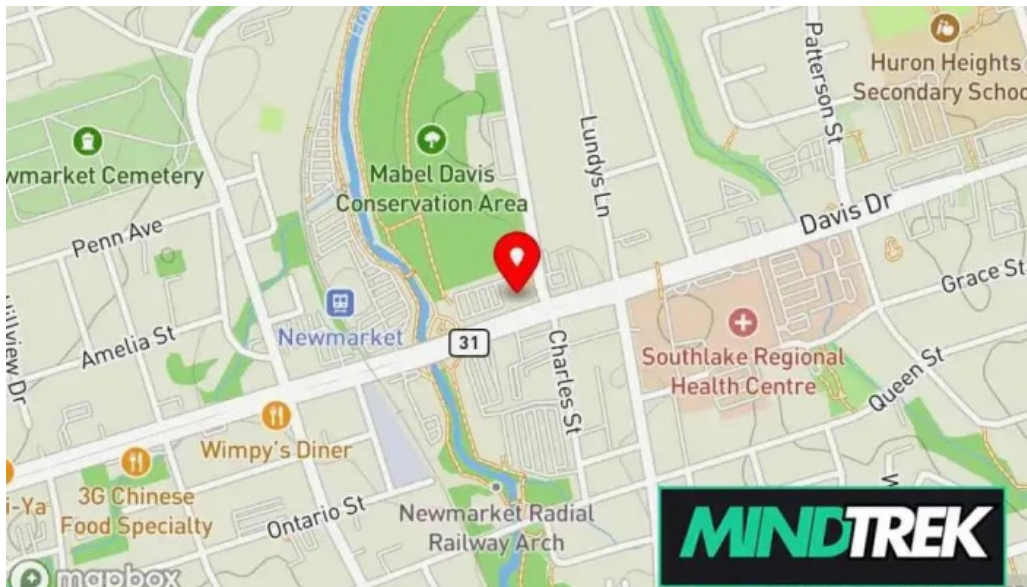
Images



Newmarket counselling centre street view 360deg



Newmarket counselling centre newmarket



Newmarket counselling centre map

As therapists who recognize the importance of the body, brain, and mind connection, we have incorporated mindfulness-based stress reduction therapy in our practice to aid in pain management. Mental health challenges can manifest in the body creating issues in areas such as gut health, muscle tension, headaches and more. Often traumatic events, or other emotions such as stress, grief, anxiety, depression and other ongoing symptoms result in physiological challenges. We will work with you to enhance mindful practices, mind and body calming techniques, and focus on overall internal stress reduction.

For more information please book a free consultation.

Available at both our locations.

Please call or email **Newmarket Counselling Centre** 365.340.5677
info@newmarketcounsellingcentre.com | newmarketcounsellingce

Newmarket counselling centre by owner



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Tags

Planning, Wheelchair-accessible entrance, Wheelchair-accessible seating, Toilet, Wheelchair-accessible car park, Amenities, Appointments recommended, Accessibility

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