

## Sarah Crosby Psychotherapy - Ottawa

Mental Health Service In Ottawa



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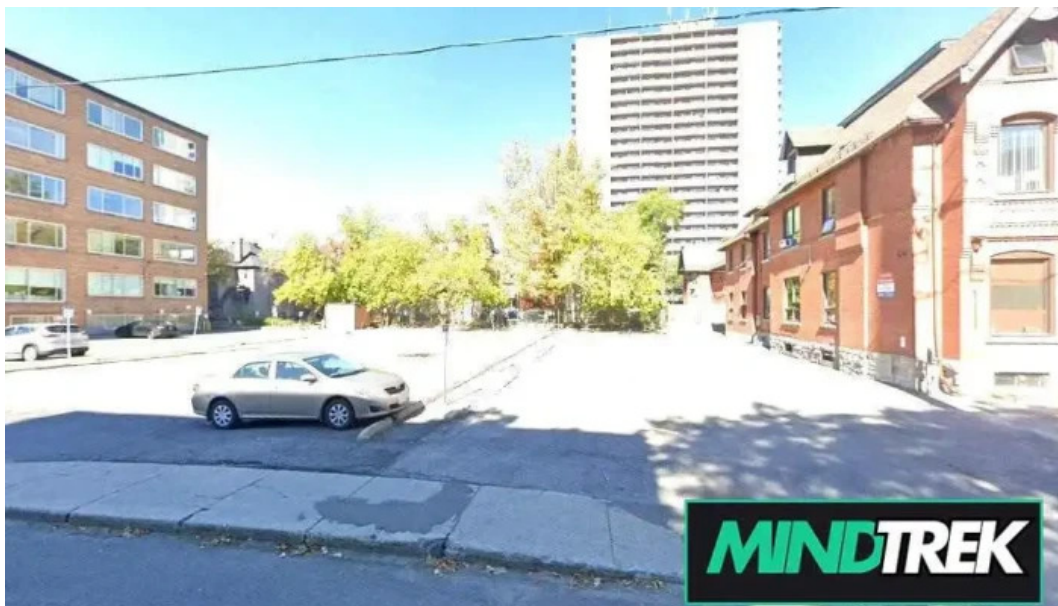


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### *Mental Health Service In Ottawa*

## *Sarah Crosby Psychotherapy - Ottawa*

### Discovering Sarah Crosby Psychotherapy: A Safe Space for Mental Health in Ottawa

If you're seeking mental health services in Ottawa, look no further than **Sarah Crosby Psychotherapy**. This clinic is designed to provide a supportive environment for everyone, with a focus on inclusivity and accessibility.

### Amenities and Accessibility

One of the highlights of Sarah Crosby Psychotherapy is its convenient **paid parking lot**, making it easier for clients to access mental health services without the stress of finding a spot. Additionally, there is **paid street parking** available nearby for those who prefer it.

The facility boasts **gender-neutral toilets** to ensure that all clients feel comfortable and respected during their visit. Moreover, the clinic is recognized as a **transgender safe space**, fostering a welcoming atmosphere for members of the LGBTQ+ community.

## Service Options and Recommendations

Sarah Crosby Psychotherapy offers a variety of **on-site services** tailored to meet individual needs. To ensure optimal care and avoid overcrowding, **appointments are recommended**, with slots filling up quickly due to the clinic's reputation.

Whether you're new to therapy or looking to change providers, planning your visit in advance is key. For those interested in utilizing the services, remember that an **appointment is required** to guarantee your time with a professional.

## Creating a Supportive Community

The clinic not only focuses on mental wellness but also emphasizes a sense of community. It aims to serve a diverse group of clients, including those from the **LGBTQ+ friendly** community. By creating a **crowd** of like-minded individuals, Sarah Crosby Psychotherapy becomes more than just a therapy center; it's a place where people can connect and support one another.

## Conclusion

For anyone in need of mental health support in Ottawa, Sarah Crosby Psychotherapy stands out as an inclusive and well-equipped choice. With its focus on safety, accessibility, and community support, it provides an essential service that caters to various needs. Take the first step towards mental well-being by scheduling your appointment today!

## Our establishment is located at

437 Gilmour St, K2P 0R5 Ottawa, Ontario - Canada (CA)

The phone number of the mentioned **Mental health service** is +1613-706-0070  
And if you want to send a WhatsApp, you can do so at +1613-706-0070

**We look forward to seeing you at:**

Day	Hours
Monday	10?AM–5?PM
Tuesday	10?AM–5?PM
Wednesday	1–7?PM
Thursday	9?AM–2?PM
Friday	Closed
Saturday	Closed
Sunday	10?AM–5?PM

The website is [Sarah Crosby Psychotherapy](#)

In case you want to adjust any element that you believe is not correct concerning this site, we urge you to forward a message so we can we will fix it at the earliest convenience. In advance thanks for your cooperation.

## Images



*Sarah crosby psychotherapy ottawa*

## Tags

*Gender-neutral toilets, Paid parking lot, Transgender safe space, Crowd, Amenities, Toilet,*

*Planning, Service options, On-site services, Appointment required, Appointments recommended, Paid street parking, Parking, LGBTQ+ friendly*

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alternative medicine practitioner
applied behavior analysis therapist
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association / organization
astrologer
bankruptcy service
child care agency
child health care centre
child psychologist
chiropractor
citizen information bureau
community center

community health centre
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consultant
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physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
therapists
wellness center
women's health clinic
yoga studio