

## Breakthrough Center For Coaching And Psychotherapy - Toronto

Mental Health Service In Toronto



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### *Mental Health Service In Toronto*

## *Breakthrough Center For Coaching And Psychotherapy - Toronto*

### **Breakthrough Center for Coaching and Psychotherapy: Your Path to Mental Wellness in Toronto**

Located in the heart of Toronto, Ontario, **Breakthrough Center for Coaching and Psychotherapy** stands out as a leading **mental health service** provider. With a strong commitment to inclusivity and community support, this center

offers a variety of services tailored to meet the diverse needs of its clients.

## Amenities That Enhance Comfort

One of the standout features of the Breakthrough Center is its extensive **amenities**. Visitors can benefit from a **nursing room** for mothers, ensuring a comfortable space for those with young children. Additionally, the facility includes **gender-neutral toilets**, making it accessible for everyone, regardless of their gender identity.

## Comprehensive On-Site Services

The center provides a wide range of **on-site services**, including individual therapy, group sessions, and coaching. Clients appreciate the **language assistance** available, which ensures effective communication for non-English speakers. The team of professionals is known for their excellent service and friendly demeanor, creating a welcoming environment that encourages individuals to seek help.

## Accessibility and Convenience

In terms of accessibility, the Breakthrough Center offers **free of charge street parking**, making it easier for clients to visit without the hassle of expensive parking fees. It is recommended to make **appointments** prior to your visit to ensure a smooth experience. The center also identifies as **women-owned** and is proud to be **LGBTQ+ friendly**, providing a **transgender safe space** that promotes acceptance and understanding.

## Planning for a Brighter Future

For those looking to take the next step in their mental health journey, the Breakthrough Center for Coaching and Psychotherapy offers various **service options** tailored to individual needs. Whether you are seeking support for anxiety, depression, or personal growth, this center is here to help you plan your road to recovery.

## Conclusion

With its focus on creating a supportive community and providing top-notch mental health services, the Breakthrough Center is a beacon of hope for many in Toronto. If you're considering taking steps towards improving your mental wellness, don't hesitate to reach out and see how they can support you on your journey.

## The business is situated at

1A Fourteenth St, M8V 3H8 Toronto, Ontario - Canada (CA)

The phone number of the respective **Mental health service** is +1647-505-8607

And if you want to send a WhatsApp, you can do so at +1647-505-8607

## Visit us during the following hours:

Day Hours  
Monday  
10?AM–6?PM  
Tuesday  
10?AM–6?PM  
Wednesday  
10?AM–5?PM  
Thursday  
Closed  
Friday  
Closed  
Saturday  
10?AM–6?PM  
Sunday  
10?AM–6?PM

The website is Breakthrough Center For Coaching And Psychotherapy

If necessary to change any detail that you feel is not accurate related to this site, we ask send a message and we will handle it promptly. With anticipation thanks for your cooperation.

## Images



*Breakthrough center for coaching and psychotherapy toronto*

## Tags

*Language assistance, Planning, Appointments recommended, Transgender safe space, Appointment required, Amenities, On-site services, Free of charge street parking, Crowd, From the business, Gender-neutral toilets, Toilet, Nursing room, Identifies as women-owned, LGBTQ+ friendly, Parking, Service options, Children*

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**3.9 \*** *Children's Mental Health Services - Belleville*

**5.0 \*** *Ask Psychotherapy Hub - Toronto*

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**4.9 \*** *Heartworks Children's Studio - Orillia*

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astrologer
audiologist
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business management consultant
child care agency
child health care centre
child psychologist
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civil police
community center
community health centre
computer support and services
consultant
corporate office
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emergency training
equestrian facility
family counselor
family practice physician
family service center

financial consultant
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hearing aid store
holistic medicine practitioner
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hospital
hotel
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laser hair removal service
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learning center
life coach
loan agency
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lymph drainage therapist
marketing agency
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical group
medical office
medical spa
mental health clinic
mental health service
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motel
naturopathic practitioner
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nutritionist
occupational health service
occupational therapist
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orthotics & prosthetics service
osteopath
pain control clinic
pediatric clinic
personal trainer
pet groomer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
self defense school
skin care clinic
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social worker
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