

Present Mind - Toronto

Mental Health Service In Toronto



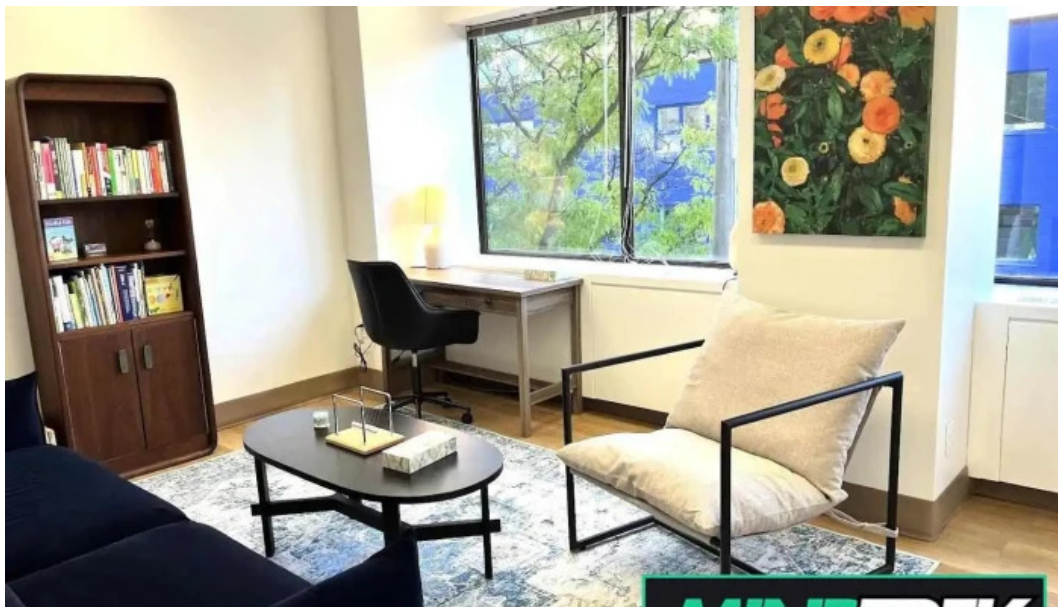
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Mental Health Service In Toronto

Present Mind - Toronto

Discovering Present Mind: Your Go-To Mental Health Service in Toronto

If you're seeking a supportive and inclusive mental health service in Toronto, look no further than ****Present Mind****. This clinic stands out as a beacon of hope for individuals looking to improve their mental well-being in a welcoming environment.

Appointment Required: Setting the Stage for Success

At Present Mind, ****appointments are required**** to ensure that each client receives personalized attention. This structure allows therapists to plan

effectively and cater to your specific needs. Whether you're reaching out for yourself or a loved one, you can expect a caring atmosphere from your first inquiry.

LGBTQ+ Friendly: A Safe Space for Everyone

Present Mind is proudly ****LGBTQ+ friendly****, creating an inclusive environment where everyone feels welcomed and valued. They prioritize making every client comfortable, ensuring that all individuals, including those in the ****transgender community****, have a safe space to explore their mental health journey.

Accessibility Matters: Wheelchair-Accessible Amenities

For those with mobility challenges, Present Mind offers a ****wheelchair-accessible toilet****, as well as ****wheelchair-accessible seating**** throughout the facility. This commitment to ****accessibility**** guarantees that no one is left behind, allowing all clients to experience the clinic's supportive services.

Engaging Therapists: Highly Recommended by Clients

Feedback from clients emphasizes the skill and dedication of therapists at Present Mind. One parent noted, "The child therapists are great collaborators," highlighting their ****nurturing and engaging approach****. Similarly, Sumbul, a psychotherapist with over a decade of experience, has been praised for her invaluable insights and compassionate care. Elana and Drew also receive accolades; Elana's effectiveness and Drew's kindness have transformed the lives of many clients. With feedback indicating that these professionals provide exceptional support, it's no surprise that Present Mind comes highly recommended.

Location and Atmosphere: Convenient and Inviting

Nestled conveniently near the St. Clair subway station, Present Mind is accessible for all Toronto residents, including those working in the federal public service. The clinic boasts a ****beautiful office**** filled with boutique decorations, creating a ****welcoming and heartwarming**** atmosphere that eases the therapy process.

Flexible Options: Online Services Available

Recognizing the diverse needs of clients, Present Mind offers online therapy services as well. This flexibility ensures that you can receive support no matter your circumstances, making mental health care more accessible than ever.

Conclusion: A Trusted Choice for Mental Wellness

In summary, Present Mind is a trusted and well-qualified mental health service that caters to a variety of needs. From its ****friendliness**** and ****accessibility**** to

the high qualifications of its therapists, this clinic has become a go-to for many in Toronto. If you're looking for an engaging way to enhance your mental health, consider scheduling an appointment today. You won't regret taking the step toward better mental wellness.

You can come to our business at

60 St Clair Ave E #203, M4T 1N5 Toronto, Ontario - Canada (CA)

The phone number of the mentioned **Mental health service** is +1416-342-3426

And if you want to send a WhatsApp, you can do so at +1416-342-3426

We are open during the following hours:

Day	Hours
Monday	9?AM–5?PM
Tuesday	9?AM–8?PM
Wednesday	9?AM–8?PM
Thursday	9?AM–8?PM
Friday	9?AM–8?PM
Saturday	9?AM–5?PM
Sunday	9?AM–5?PM

The website is Present Mind

If you wish to alter any detail that you consider is not correct concerning this web, please send us a message so we can we will handle it quickly. With anticipation we appreciate it.

Images



Present mind toronto

Tags

Crowd, Accessibility, Toilet, LGBTQ+ friendly, Planning, Wheelchair-accessible toilet, Wheelchair-accessible seating, Transgender safe space, Appointment required, Amenities, Appointments recommended

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