

Stride Physiotherapy & Sports Rehabilitation - Angus

angus

☐ I'm not a robot

| | |
|------------------------|--------------|
| Published on: 17/04/25 | Hits: 484 |
| Comments: 0 | See comments |
| Votes: 44 | Score: 4.9 |

https://www.mindtrek.ca/physical-therapy-clinic/angus/stride-physiotherapy-sports-rehabilitation-angus_214268.php

*angus****Stride Physiotherapy & Sports Rehabilitation - Angus*****Welcome to Stride Physiotherapy & Sports Rehabilitation**

Stride Physiotherapy & Sports Rehabilitation, located in Angus, Ontario, is a premier ****physical therapy clinic**** that offers a variety of service options designed to meet the needs of each patient.

Service Options for Comprehensive Care

At Stride, patients have access to a range of ****on-site services**** tailored to address various injuries and pain management. From post-operative

rehabilitation to chronic pain treatments, the clinic provides personalized care plans. As highlighted by numerous clients, Payal and her team work diligently to help patients recover effectively, often exceeding their expectations of mobility and strength.

Accessibility Matters

Stride Physiotherapy proudly identifies as a ****women-owned business****, focusing on creating an inclusive environment. The clinic features a ****wheelchair-accessible entrance****, a ****wheelchair-accessible car park****, and a ****wheelchair-accessible toilet****, ensuring that all patients can access the services without barriers. This commitment to accessibility makes Stride stand out in the community.

Amenities That Enhance Your Experience

Visitors to Stride can expect a comfortable and inviting atmosphere. The facility is well-maintained and offers various amenities that contribute to a positive rehab experience. Clients frequently commend the clean environment and the friendly staff who create a welcoming space conducive to healing. The ability to perform direct billing to insurance companies adds another layer of convenience for clients.

Compassionate and Knowledgeable Care

Feedback from patients consistently emphasizes the compassionate care provided by Payal and her staff. Whether recovering from an ACL replacement, shoulder surgery, or sports injuries, clients appreciate the thorough explanations and tailored exercises provided during their sessions. For instance, one patient expressed, "Payal is magic! She helped treat my knee pain and provided exercises that strengthened the area."

Your Path to Recovery Starts Here

If you are looking for a physical therapy clinic that combines professionalism with personal care, Stride Physiotherapy & Sports Rehabilitation is your destination. As one satisfied patient remarked, "I highly recommend Stride for any physiotherapy needs!" With a focus on individualized treatment plans and a supportive environment, Stride is dedicated to helping patients regain their strength and return to their daily activities. For more information about their services or to schedule an appointment, visit Stride Physiotherapy & Sports Rehabilitation today!

Our business is located at

17 King St #6, L3W 0H2 Angus, Ontario - Canada (CA)

The contact phone of the respective **Physical therapy clinic** is +1249-294-1080

And if you want to send a WhatsApp, you can do so at [+1249-294-1080](https://wa.me/12492941080)

You can visit us at the following hours:

Day Hours
Monday
11?AM–7?PM
Tuesday
9?AM–3?PM
Wednesday
Closed
Thursday
Closed
Friday
11?AM–7?PM
Saturday
11?AM–7?PM
Sunday
9?AM–5?PM

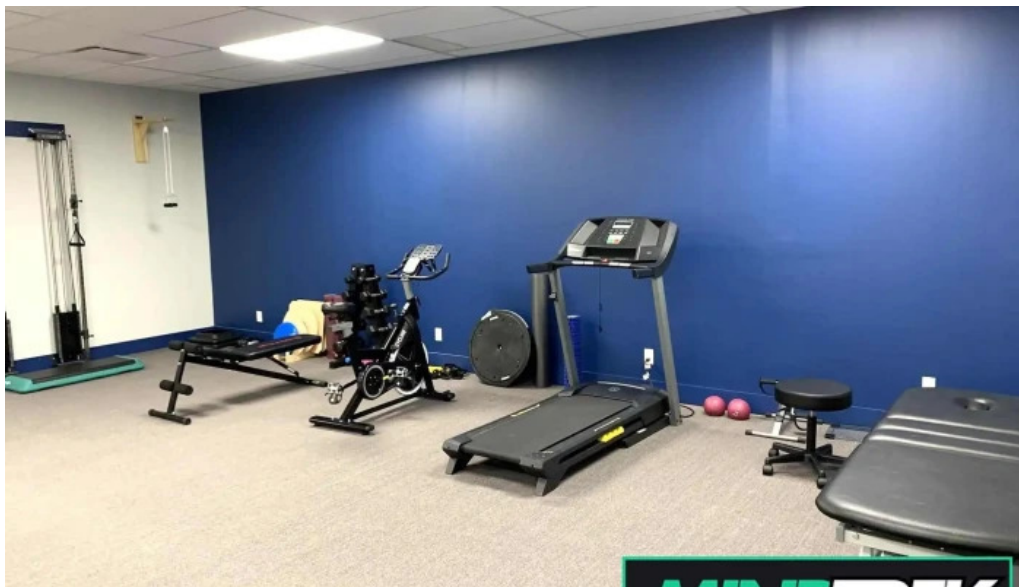
The website is [Stride Physiotherapy & Sports Rehabilitation](#)

If you need to adjust any element that you consider is not correct concerning this web, please deliver a message so that we will fix it promptly. In advance thanks for your cooperation.

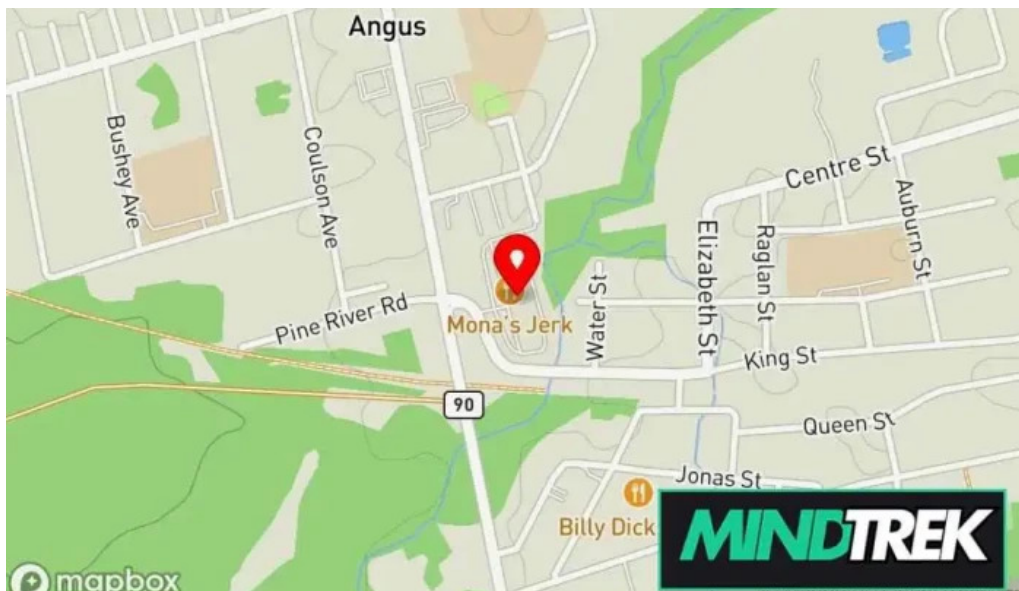
Images



Stride physiotherapy sports rehabilitation street view 360deg



Stride physiotherapy sports rehabilitation physical fitness



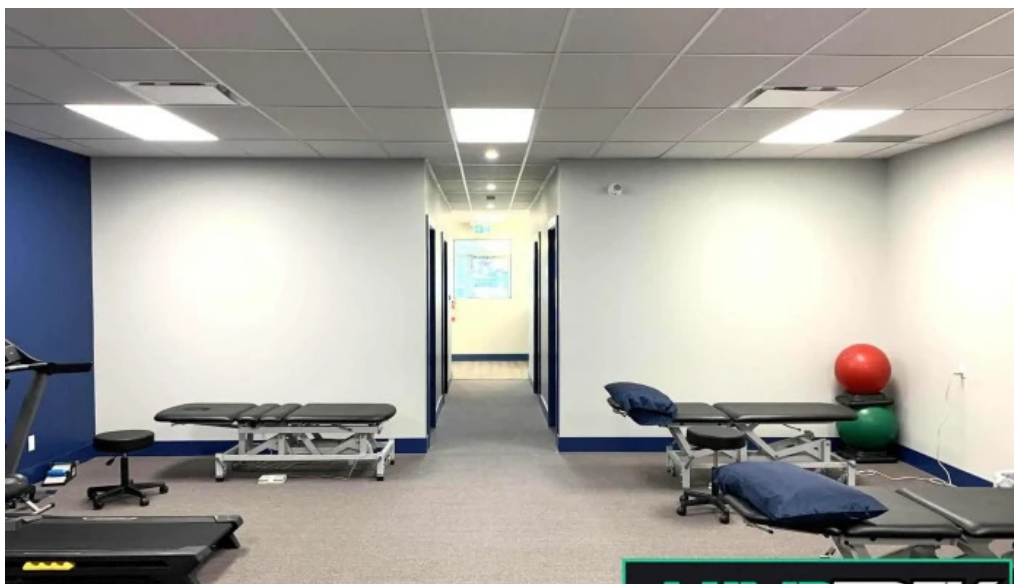
Stride physiotherapy sports rehabilitation map



Stride physiotherapy sports rehabilitation by owner



Stride physiotherapy sports rehabilitation angus



Stride physiotherapy sports rehabilitation all

Tags

Wheelchair-accessible car park, Identifies as women-owned, Wheelchair-accessible toilet, Amenities, Service options, Accessibility, Toilet, On-site services, From the business, Wheelchair-accessible entrance

Related content

4.9 * *Alliston Physiotherapy & Sports Rehabilitation - Alliston*

5.0 * *South Simcoe Physiotherapy - New Tecumseth*

4.9 * *Whole Body and Mind - Ajax*

3.6 * *In Time Counselling & Consulting Services - Ajax*

4.3 * *Embrace Well Psychological Services - Ajax*

3.6 * *Life Restoration Counselling Group (lrcg) - Whitby*

5.0 * *K.Dool Social Work Professional Corporation - Sault Ste. Marie*

4.1 * *Ascendy Therapy - Pickering*

4.8 * *Insightful Journey Inc. - Oshawa*

3.7 * *Restoration Room Counsellors - Whitby*

Categories

| |
|------------------------------------|
| acupuncture clinic |
| acupuncturist |
| addiction treatment center |
| art studio |
| bankruptcy service |
| child health care centre |
| child psychologist |
| chiropractor |
| community center |
| community health centre |
| consultant |
| corporate office |
| counselor |
| dentist |
| doctor |
| education center |
| emdr psychotherapist |
| equestrian facility |
| family counselor |
| family service center |
| fitness center |
| health counselor |
| health spa |
| holistic medicine practitioner |
| home health care service |
| hotel |
| laser hair removal service |
| life coach |
| lymph drainage therapist |
| marriage or relationship counselor |
| massage spa |
| massage therapist |
| medical clinic |
| medical spa |
| mental health clinic |
| mental health service |
| naturopathic practitioner |
| occupational health service |
| orthopedic clinic |
| orthotics & prosthetics service |
| personal trainer |
| pharmacy |

| |
|----------------------------------|
| physical therapist |
| physical therapy clinic |
| psychiatrist |
| psychologist |
| psychologists |
| psychotherapist |
| skin care clinic |
| sleep clinic |
| social worker |
| spa |
| speech pathologist |
| sports medicine clinic |
| student career counseling office |
| support group |
| wellness center |
| yoga studio |