

Mindtrek: Services and businesses in Canada

Grounded Psychology - Ottawa

ottawa



Published on: 01/05/25	Hits: 28
Comments: 0	See comments
Votes: 25	Score: 4.6

https://www.mindtrek.ca/psychologist/ottawa/grounded-psychology-ottawa_260697.php



ottawa

Grounded Psychology - Ottawa

Discover Grounded Psychology: Your Trusted Psychological Service in Ottawa

Grounded Psychology, located in the heart of Ottawa, Ontario, offers an array of **on-site services** tailored to meet the diverse needs of its clients. As a **women-owned business**, it prides itself on being a **LGBTQ+ friendly** space, ensuring everyone feels welcome and supported.

Comfortable Amenities for All

When visiting Grounded Psychology, clients can take advantage of the **free

parking lot** available to all visitors. This facility allows for easy access without the stress of finding parking in a busy city. The **on-site parking** is supplemented with a range of **amenities** designed to enhance the client experience.

A Safe Haven for All Identities

Grounded Psychology is committed to inclusivity, providing a **transgender safe space** for individuals of all gender identities. Moreover, language assistance is offered to cater to clients who may require support in communicating effectively during their sessions.

Accessibility Features

The clinic is thoughtfully designed with accessibility in mind. It features **wheelchair-accessible seating** and a **wheelchair-accessible toilet**, making it accommodating for individuals with mobility challenges. This dedication to accessibility ensures that all clients can receive the care they need without barriers.

Planning Your Visit

Appointments are required to maintain a structured schedule, allowing for personalized attention during each session. While walk-ins are not permitted, clients are encouraged to plan their visits accordingly to maximize their experience. Appointments are recommended to ensure a spot at this sought-after practice.

Community Focused Environment

Grounded Psychology aims to create a supportive atmosphere free from judgment. It recognizes the importance of reducing the **crowd** in waiting areas, ensuring a tranquil environment for all clients. The focus on providing a respectful and welcoming setting contributes significantly to the overall therapeutic experience. Visit Grounded Psychology to experience a dedicated approach to mental health care in a compassionate and accommodating environment.

Our establishment is located at

2039 Robertson Rd Suite 262, K2H 8R2 Ottawa, Ontario - Canada (CA)

The contact phone of the respective **Psychologist** is <u>+1613-499-9939</u> And if you want to send a WhatsApp, you can do so at+1613-499-9939

The website is **Grounded Psychology**

If you wish to alter any information that you feel is not correct related to this page, we

urge you to send a message so we can we will correct it as soon as possible. In advance we appreciate it.

Images



Grounded psychology street view 360deg



Grounded psychology ottawa



Grounded psychology map



Grounded psychology by owner



Grounded psychology all

Tags

Appointment required, Wheelchair-accessible seating, On-site services, Amenities, Accessibility, Wheelchair-accessible toilet, From the business, On-site parking, Free parking lot, Language assistance, Identifies as women-owned, LGBTQ+ friendly, Appointments recommended, Transgender safe space, Service options, Planning, Crowd, Toilet, Parking

Related content

5.0 *	Psychology Works - Ontario
4.0 *	Moss Psychology, Psychologist Services - Belleville
3.5 *	Alta Psychology - Greater Sudbury
4.2 *	Cbt Psychology for Personal Development - Thornhill
5.0 *	Tanwar Psychology - Aurora
5.0 *	Ontario-Wide Psychology Clinic - Hamilton
5.0 *	Langewisch Psychology Services - Belleville
3.6 *	Flex Psychology - Oshawa
5.0 *	Psychology Wellness - Uxbridge
4.0 *	Mills Gosse Psychology (Psychotherapist Diane Wolf) - Oshawa

Categories

academic department
acupuncture clinic
acupuncturist
addiction treatment center
advertising agency
art studio
astrologer
bankruptcy service
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre
consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
equestrian facility
family counselor
family practice physician
family service center
fitness center
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
hypnotherapy service
laser hair removal service
life coach
lymph drainage therapist
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical spa

mental health clinic
mental health service
naturopathic practitioner
nutritionist
occupational health service
occupational therapist
orthopedic clinic
orthotics & prosthetics service
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychotherapist
rehabilitation center
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
yoga studio