

## Inner Wisdom Psychology - Ottawa

Psychologist In Ottawa

☐ I'm not a robot



Published on: 22/05/25	Hits: 45
Comments: 0	See comments
Votes: 44	Score: 3.8

[https://www.mindtrek.ca/psychologist/ottawa/inner-wisdom-psychology-ottawa\\_318607.php](https://www.mindtrek.ca/psychologist/ottawa/inner-wisdom-psychology-ottawa_318607.php)



## Psychologist In Ottawa

### Inner Wisdom Psychology - Ottawa

#### Inner Wisdom Psychology: A Haven in Ottawa for Mental Health

Located in the heart of Ottawa, **Inner Wisdom Psychology** offers a unique approach to mental health care. With a team of experienced psychologists, this practice focuses on providing personalized therapy to meet individual needs.

#### Planning Your Visits

When considering therapy, careful **planning** is essential. Inner Wisdom

Psychology encourages potential clients to take their time in selecting the right psychologist for their needs. Their website provides valuable resources to help you choose the right service provider based on your personal challenges and goals.

## **Appointments Recommended for Optimal Care**

To ensure that you receive the best possible care, **appointments are recommended** at Inner Wisdom Psychology. This allows the psychologists to dedicate time and attention to each client, fostering a supportive environment for healing and personal growth. It's advisable to book your sessions in advance, especially during peak times.

## **A Comfortable Environment with Essential Amenities**

Clients often mention the welcoming atmosphere of the clinic, which includes various **amenities** designed to enhance your experience. The facility is equipped with comfortable seating, calming decor, and other essentials to create a peaceful setting for your therapy sessions. Accessibility is also a priority, ensuring that all clients can visit without any concerns.

## **Facilities and Comfort**

One important aspect highlighted by visitors is the attention given to basic yet essential elements, such as restroom facilities (**toilet**) that are well-maintained and easily accessible. This reflects Inner Wisdom Psychology's commitment to client comfort during their visits.

## **Your Journey Towards Healing Starts Here**

If you're in Ottawa and seeking psychological support, Inner Wisdom Psychology offers a welcoming and professional environment. With careful **planning** and recommended **appointments**, clients can embark on their journey towards mental wellness with the knowledge that they are in capable hands.

## **Our business is found at**

451 Daly Ave, K1N 6H6 Ottawa, Ontario - Canada (CA)

The phone number of said **Psychologist** is +1613-627-4656

And if you want to send a WhatsApp, you can do so at +1613-627-4656

## We are open during the following hours:

Day	Hours
Monday	9?AM–5?PM
Tuesday	9?AM–5?PM
Wednesday	9?AM–5?PM
Thursday	9?AM–5?PM
Friday	Closed
Saturday	Closed
Sunday	Closed

The website is [Inner Wisdom Psychology](#)

If you need to adjust any detail that you consider is incorrect about this site, we urge you to send a message so that we will correct it as soon as possible. With anticipation thanks for your cooperation.

## Images



*Inner wisdom psychology ottawa*

## Tags

*Amenities, Planning, Toilet, Appointments recommended*

## Related content

5.0 *	<i>Inner Wellness Psychotherapy - Brampton</i>
5.0 *	<i>My Inner Peace Counselling &amp; Psychotherapy: Newmarket - Newmarket</i>
4.6 *	<i>Inner Peace Counselling - Stoney Creek</i>
4.2 *	<i>Ottawa Psychology Services - Nepean</i>
3.5 *	<i>Waystone Psychology - Ottawa</i>
4.6 *	<i>Grounded Psychology - Ottawa</i>
4.8 *	<i>Richmond Hill Psychology Centre (by Advanced Psychology Services) - Richmond Hill</i>
4.9 *	<i>Expressive Arts Therapy Ottawa - Ottawa</i>
5.0 *	<i>Psychology Works - Ontario</i>
3.6 *	<i>Ottawa West Professional Services - Nepean</i>

## Categories

academic department
acupuncture clinic
acupuncturist
addiction treatment center
advertising agency
alternative medicine practitioner
applied behavior analysis therapist
art studio
association / organization
astrologer
bankruptcy service
child care agency
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre

computer support and services
consultant
corporate office
counselor
crisis center
dentist
doctor
education center
emdr psychotherapist
emergency training
equestrian facility
family counselor
family practice physician
family service center
fitness center
government office
health counselor
health spa
holistic medicine practitioner
home health care service
hotel
hypnotherapy service
kindergarten
laser hair removal service
learning center
life coach
local medical services
lymph drainage therapist
marketing agency
marriage or relationship counselor
massage spa
massage therapist
medical center
medical clinic
medical group
medical office
medical spa
mental health clinic
mental health service
naturopathic practitioner
non-profit organization
nutritionist

occupational health service
occupational therapist
optometrist
orthopedic clinic
orthotics & prosthetics service
osteopath
pain control clinic
pediatric clinic
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
skin care clinic
sleep clinic
social services organization
social worker
spa
specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
therapists
wellness center
women's health clinic
yoga studio