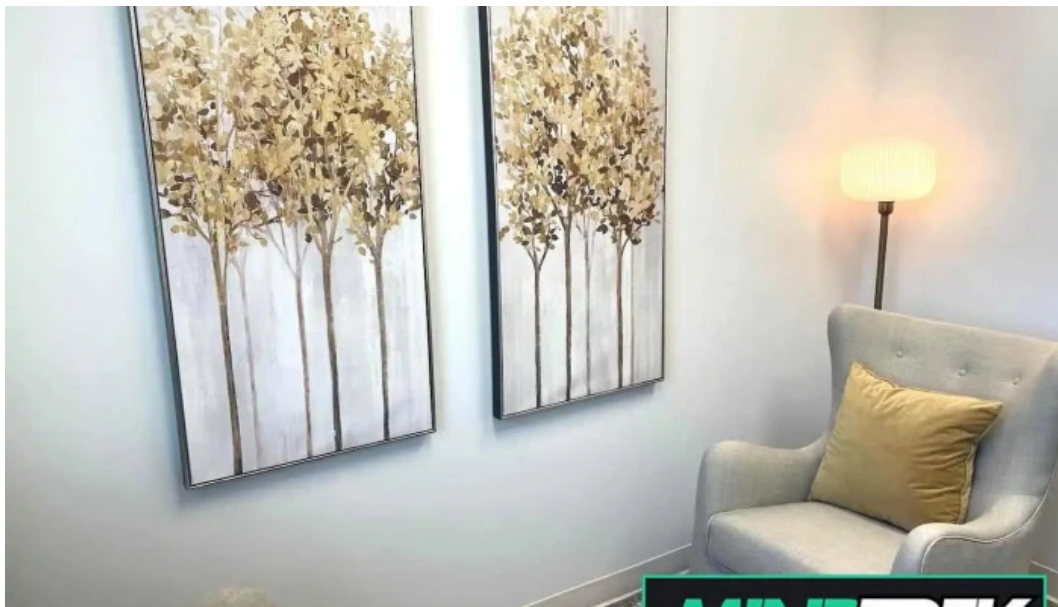


**The Therapy Centre - Toronto**

Psychologist In Toronto

☐ I'm not a robot

Published on: 28/05/25	Hits: 20
Comments: 0	See comments
Votes: 2	Score: 4

[https://www.mindtrek.ca/psychologist/toronto/the-therapy-centre-toronto\\_339464.php](https://www.mindtrek.ca/psychologist/toronto/the-therapy-centre-toronto_339464.php)*Psychologist In Toronto**The Therapy Centre - Toronto***The Therapy Centre: A Transgender Safe Space in Toronto**

The Therapy Centre, located in Toronto, Ontario, is dedicated to providing a **\*\*transgender safe space\*\*** for individuals seeking support. This welcoming environment prioritizes inclusivity and understanding, ensuring that everyone feels comfortable and respected.

**Accessibility Matters**

With a **\*\*wheelchair-accessible entrance\*\***, the Therapy Centre emphasizes its commitment to accessibility for all clients. This consideration is paramount for

those who may have mobility challenges. Additionally, the facility features **\*\*accessible toilet\*\*** amenities, making it easier for everyone to navigate their therapeutic journey.

## **LGBTQ+ Friendly Environment**

The Therapy Centre is known for being **\*\*LGBTQ+ friendly\*\***, which is crucial for creating an atmosphere where clients can express themselves freely. The centre identifies as **\*\*women-owned\*\***, which adds another layer of empowerment and support within the therapeutic context.

## **Appointment Recommendations and Planning**

It is highly recommended to schedule **\*\*appointments\*\*** in advance. While walk-ins may be considered, planning ahead ensures that you receive the attention and support you deserve. Clients have reported positive experiences with the **\*\*intake coordinator\*\***, highlighting how helpful and kind the staff are.

## **A Balancing Act of Experiences**

While many have praised the Therapy Centre for its compassionate approach, some reviews note that if your needs are complex, you might face challenges in ongoing treatment. For instance, a client shared their experience with a therapist who shifted from regular sessions to discontinuing care altogether, suggesting that the approach may vary depending on individual circumstances.

## **Final Thoughts**

Overall, the Therapy Centre remains a reputable choice for those seeking mental health support in Toronto. With its focus on **\*\*amenities\*\***, accessibility, and a welcoming environment, it aims to cater to a diverse clientele. Whether you identify as part of the LGBTQ+ community or are seeking a supportive space for other mental health concerns, the Therapy Centre is ready to assist.

**You can visit us at the address:**

1849 Yonge St Suite 502 C, M4S 1Y2 Toronto, Ontario - Canada (CA)

The phone of the mentioned **Psychologist** is +1289-291-0205

And if you want to send a WhatsApp, you can do so at +1289-291-0205

**Our public attention hours are:**

Day Hours  
Monday  
Closed  
Tuesday

9?AM–7?PM

Wednesday

9?AM–7?PM

Thursday

9?AM–7?PM

Friday

9?AM–7?PM

Saturday

9?AM–5?PM

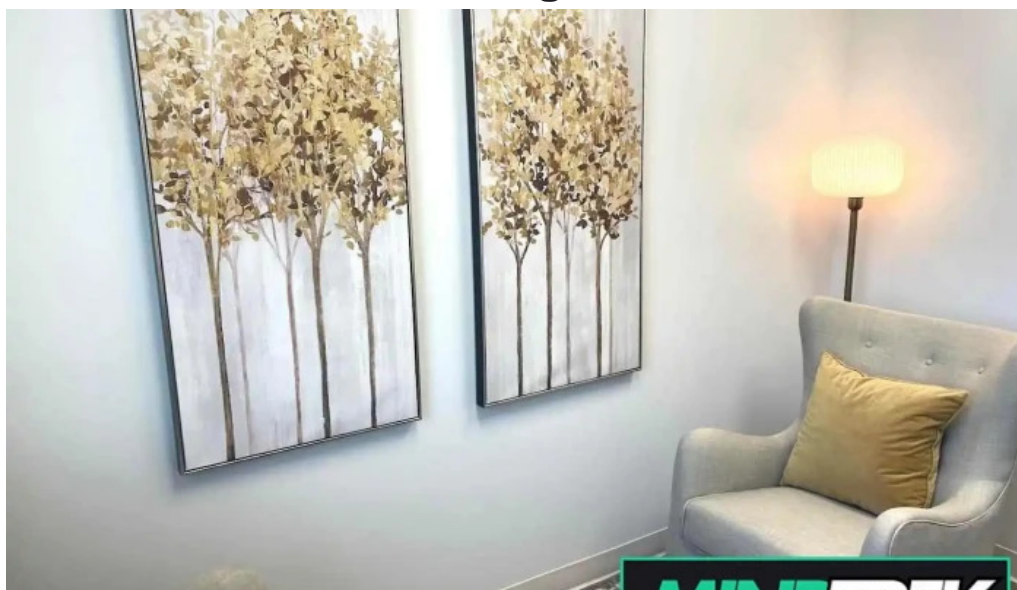
Sunday

Closed

The website is [The Therapy Centre](#)

If you require to alter any information that you consider is not precise concerning this site, we urge you to send us a message so that we will adjust it as soon as possible. In advance thanks.

## Images



*The therapy centre toronto*

## Tags

*From the business, Transgender safe space, LGBTQ+ friendly, Appointment required, Amenities, Identifies as women-owned, Toilet, Wheelchair-accessible entrance, Crowd, Accessibility, Appointments recommended, Planning*

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applied behavior analysis therapist
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assisted living facility
association / organization
astrologer
audiologist
bankruptcy service
beauty salon
child care agency
child health care centre
child psychologist
chiropractor
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community center

community health centre
computer support and services
consultant
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counselor
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crisis center
dentist
doctor
education center
educational institution
emdr psychotherapist
emergency training
equestrian facility
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family practice physician
family service center
financial consultant
fitness center
government office
health counselor
health spa
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holistic medicine practitioner
home health care service
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local medical services
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massage spa
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medical clinic
medical group
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mental health clinic
mental health service
mortgage broker
mosque
motel
naturopathic practitioner
non-profit organization
nutritionist
occupational health service
occupational therapist
optometrist
orthopedic clinic
orthotics & prosthetics service
osteopath
pain control clinic
pediatric clinic
personal trainer
pet groomer
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