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## York Region Cbt - Vaughan

Psychologist In Vaughan



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## Psychologist In Vaughan

York Region Cbt - Vaughan

# Psychologist York Region CBT: Quality Mental Health Services in Vaughan, Ontario

If you are searching for a reliable and supportive environment for cognitive-behavioral therapy (CBT) in Vaughan, Ontario, look no further than the **Psychologist York Region CBT**. This clinic offers a range of **service options** catering to diverse needs, ensuring that everyone has access to quality mental health care.

## **Accessibility and Amenities**

The clinic prioritizes **accessibility** for all its clients. It features a **wheelchair-accessible car park**, making it easy for individuals with mobility challenges to visit. The **wheelchair-accessible entrance** guarantees that everyone can enter without hindrance, while the on-site facilities include a **wheelchair-accessible toilet** and a **nursing room** for those requiring additional privacy or care.

## **A Welcoming Environment**

This clinic identifies as **women-owned** and is recognized as a **transgender safe space**, fostering an inclusive atmosphere that welcomes everyone regardless of their background. The staff is committed to creating a comfortable environment for all clients, including **LGBTQ+ friendly** services tailored to support this community.

### **Family-Focused Care**

Understanding the diverse needs of families, the clinic provides tailored services for **children**, ensuring they receive age-appropriate support. Parents can feel confident that their children will be cared for in a safe and nurturing environment.

#### **Professional and Efficient Service**

Clients have praised the clinic for its friendly atmosphere and efficient service. One satisfied visitor noted, "I love this clinic. Great atmosphere. Booking an appointment was easy, their phone consultation was smooth and professionally done." This feedback reflects the clinic's commitment to providing quality care and service.

## **Appointment Recommendations**

To ensure personalized attention, **appointments are recommended** before visiting. This allows the staff to prepare adequately for each client's unique needs, enhancing the therapeutic experience.

## Language Assistance

The clinic also offers **language assistance** to accommodate clients who may require it. This ensures effective communication, which is vital for successful therapy outcomes.

#### Conclusion

For anyone seeking cognitive-behavioral therapy in Vaughan, Ontario, the **Psychologist York Region CBT** clinic stands out as a premier choice. With its focus on accessibility, inclusiveness, and professional care, it is well-equipped to support clients on their journey toward mental wellness.

#### The location of our business is in

9461 Jane St Unit 105, L6A 4H8 Vaughan, Ontario - Canada (CA)

The phone number of the mentioned **Psychologist** is <u>+1905-417-4442</u> And if you want to send a WhatsApp, you can do so at<u>+1905-417-4442</u>

#### Our business hours are:

Day Hours
Monday
10?AM-6?PM
Tuesday
Closed
Wednesday
9?AM-9?PM
Thursday
6:30?AM-9?PM
Saturday
6:30?AM-9?PM
Saturday
6:30?AM-9?PM
Sunday
9?AM-6?PM

## The website is **York Region CBT**

If you need to modify any data that you believe is not correct related to this portal, we urge you to send us a message and we will correct it as soon as possible. With anticipation thanks for your cooperation.

## **Images**



York region cbt vaughan

## **Tags**

Wheelchair-accessible car park, Language assistance, Appointments recommended, Accessibility, From the business, On-site services, Planning, Transgender safe space, Amenities, Crowd, Wheelchair-accessible entrance, Nursing room, Children, Service options, LGBTQ+friendly, Toilet, Identifies as women-owned, Wheelchair-accessible toilet

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doctor
education center
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equestrian facility
family counselor
family practice physician
family service center
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psychotherapist
rehabilitation center
reiki therapist
skin care clinic
sleep clinic
social services organization
social worker
spa

specialized clinic
speech pathologist
sports medicine clinic
student career counseling office
support group
wellness center
women's health clinic
yoga studio