

Oak and Sands Counselling Services - Alliston

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Oak and Sands Counselling Services - Alliston

Discover the Exceptional Psychotherapy Services at Oak and Sands Counselling in Alliston, Ontario

If you are seeking compassionate and professional support, look no further than ****Oak and Sands Counselling Services**** located in Alliston, Ontario. This psychotherapist practice is not only highly regarded for its therapeutic excellence but also identifies as ****women-owned****, ensuring a space that values diversity and empowerment.

Creating an Inclusive Environment

At Oak and Sands, inclusivity is at the forefront. The practice prides itself on being ****LGBTQ+ friendly****, welcoming individuals from all walks of life. Clients often express feeling safe and supported, contributing to their overall therapeutic experience. As one satisfied client put it, "Alexandra creates a safe space where I felt comfortable sharing my thoughts and feelings."

Accessibility Matters

Accessibility is a key feature of Oak and Sands Counselling Services. The facility is equipped with a ****wheelchair-accessible car park****, making it easier for individuals with mobility challenges to access quality mental health services. This commitment to ****accessibility**** ensures that everyone can benefit from the healing power of therapy, regardless of their physical circumstances.

Exceptional Amenities for Your Comfort

Clients have noted the welcoming atmosphere and thoughtful design of the space. With comfortable seating and supportive amenities, this practice focuses on ensuring that every visit is as pleasant as possible. Many attendees appreciate the attention to detail that makes a session feel more like a nurturing experience rather than a clinical appointment.

A Strong and Supportive Community

The sense of ****community**** at Oak and Sands is palpable. Clients often express gratitude for the outstanding support they receive. "I am incredibly grateful for the outstanding support I've received from Alexandra," shared one individual, highlighting the profound difference made in their life.

Professionalism and Compassion Combined

The team at Oak and Sands, including skilled therapists like ****Alexandra**** and ****Emily****, embodies professionalism and compassion. These therapists have been described as exceptionally compassionate and skilled, making them highly recommended by those who have benefitted from their services. Their expertise not only aids in navigating personal challenges but also fosters growth and resilience. When looking for a psychotherapist, choosing Oak and Sands Counselling Services means opting for quality care in an environment that respects and uplifts its clients. Whether you're facing personal challenges or seeking a safe space to explore your feelings, you will find the support you need here. Don't hesitate to reach out and begin your journey toward healing today!

The premises are located at

180 Parsons Rd Unit 30-34, Room 1, L9R 1E8 Alliston, Ontario - Canada (CA)

The contact line of this **Psychotherapist** is +1705-704-9066

And if you want to send a WhatsApp, you can do so at [+1705-704-9066](https://www.whatsapp.com/channel/0029917057049066)

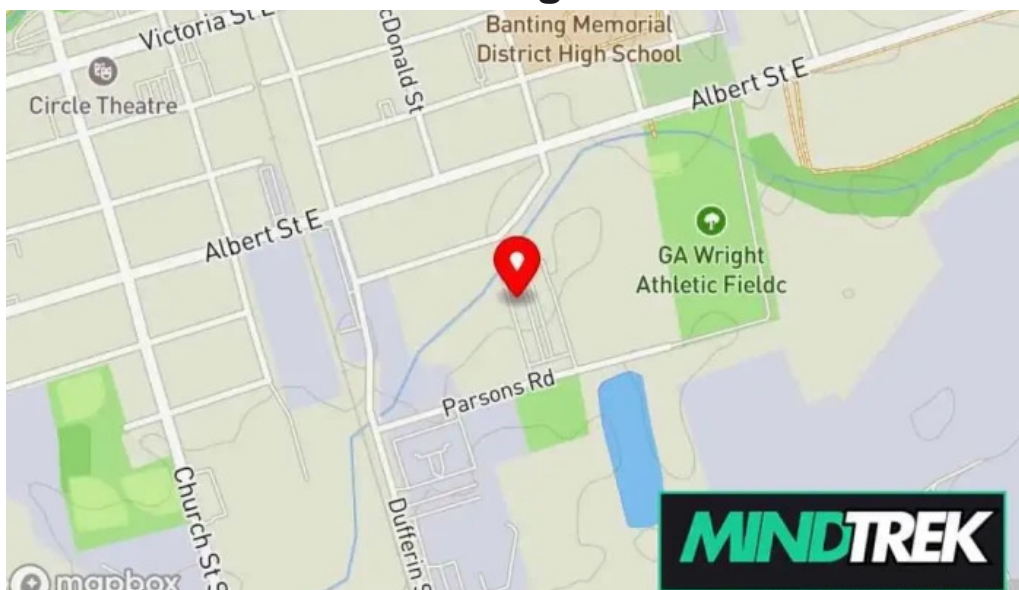
We are open during the following hours:

Day Hours
Monday
11?AM–9?PM
Tuesday
9?AM–10?PM
Wednesday
10?AM–10?PM
Thursday
9?AM–3?PM
Friday
8?AM–12?PM
Saturday
Closed
Sunday
9?AM–10?PM

The website is [Oak and Sands Counselling Services](#)

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Images



Oak and sands counselling services map



Oak and sands counselling services by owner



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Tags

Wheelchair-accessible car park, LGBTQ+ friendly, Identifies as women-owned, Toilet, From the business, Crowd, Amenities, Accessibility

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