

Roots in Wellness - Ancaster

ancaster

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Psychotherapist Roots in Wellness: A Safe Space for All in Ancaster, Ontario

When it comes to mental health services, finding the right support can be challenging. ****Psychotherapist Roots in Wellness****, located in Ancaster, Ontario, aims to provide an inclusive environment for all individuals seeking therapy.

Service Options and Accessibility

Roots in Wellness proudly ****identifies as women-owned**** and offers a variety

of service options tailored to meet individual needs. They are dedicated to being **LGBTQ+ friendly**, creating a supportive atmosphere that caters to everyone, including those in need of a **transgender safe space**. Their commitment to inclusivity extends to providing **language assistance**, ensuring that language barriers do not hinder anyone from receiving the help they deserve. The clinic is designed with **accessibility** in mind, featuring a **wheelchair-accessible car park** and **gender-neutral toilets**. This attention to detail helps ensure that all visitors feel comfortable and respected during their time at the clinic.

Planning Your Visit

To benefit from the services provided, it is important to note that **appointments are required**. Planning ahead ensures that you receive the best possible care and attention. However, some feedback from clients suggests there may be challenges regarding communication and follow-through. For example, certain clients have reported frustrations with insurance paperwork and inconsistent assistance.

A Cozy Environment

Despite the criticisms, many clients appreciate the cozy environment at Roots in Wellness. The clinic is described as a **great, professional, and affordable** option for therapy. It aims to create a nurturing space where individuals feel safe to share their thoughts and feelings.

From the Business Perspective

While the feedback highlights areas for improvement, it also indicates that **planning and organization** are key components for enhancing service delivery. The aim is to create an efficient system that not only offers support but also follows through with necessary administrative tasks like insurance forms. In conclusion, **Psychotherapist Roots in Wellness** serves as an essential resource for those seeking mental health support in Ancaster. They continue to strive towards creating an inclusive, accessible, and safe space for all individuals. As they work on refining their processes, potential clients are encouraged to consider both the positive aspects and the areas that need development when reaching out for support.

We are established at

911 Golf Links Rd Suite 200, L9K 1H9 Ancaster, Ontario - Canada (CA)

The phone number of said **Psychotherapist** is +1226-503-9412

And if you want to send a WhatsApp, you can do so at +1226-503-9412

We are available at these times:

Day Hours
Monday
9?AM–5?PM
Tuesday
9?AM–5?PM
Wednesday
9?AM–5?PM
Thursday
9?AM–5?PM
Friday
9?AM–5?PM
Saturday
9?AM–5?PM
Sunday
9?AM–5?PM

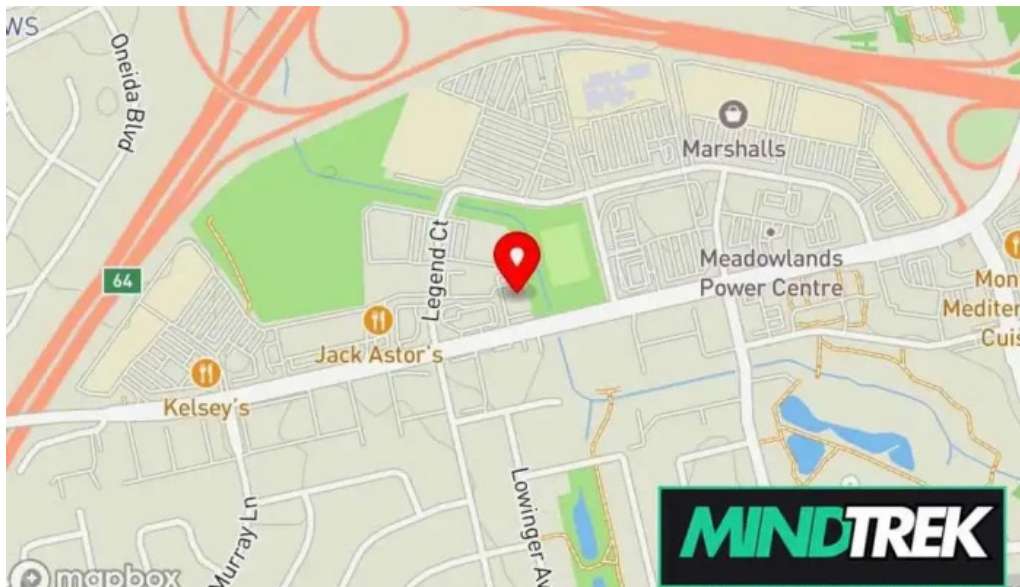
The website is [Roots in Wellness](#)

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Images



Roots in wellness street view 360deg



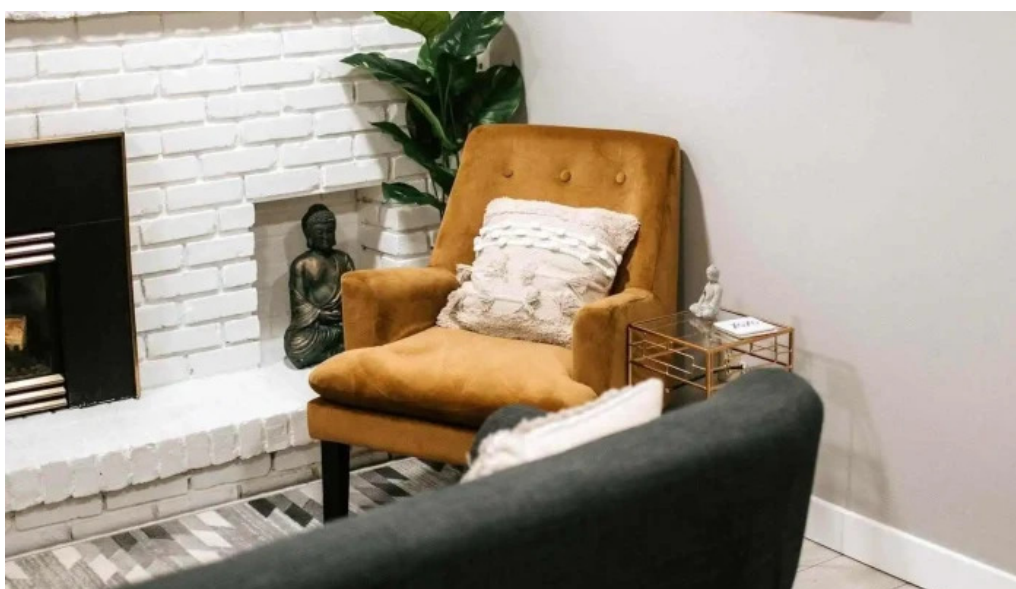
Roots in wellness map



Roots in wellness by owner



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Tags

Accessibility, Planning, From the business, Language assistance, Wheelchair-accessible car park, LGBTQ+ friendly, Amenities, Gender-neutral toilets, Transgender safe space, Identifies as women-owned, Crowd, Appointment required, Toilet, Service options

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counselor
dentist
doctor
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equestrian facility
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family service center
fitness center
health counselor
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