

## Braced & Balanced Family Counselling Practice - Hamilton

Psychotherapist In Hamilton

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### *Psychotherapist In Hamilton*

## *Braced & Balanced Family Counselling Practice - Hamilton*

### **Braced & Balanced Family Counselling Practice: A Safe Space for All**

At Braced & Balanced Family Counselling Practice in Hamilton, Ontario, we pride ourselves on being a **\*\*transgender safe space\*\*** that welcomes everyone in the community. Our practice is particularly **\*\*LGBTQ+ friendly\*\***, ensuring that all individuals feel safe, respected, and understood.

### **Why Choose Us?**

When seeking therapy, finding the right environment is crucial. At our practice,

we understand the importance of **\*\*planning\*\*** and creating a tailored approach for every individual and family. Our therapist, Laura, has been described by clients as an **\*\*"amazing therapist!"\*\*** who provides a supportive and understanding atmosphere for children and families alike.

## **Our Amenities**

We strive to make your visit comfortable and accommodating. Our location includes **\*\*toilet amenities\*\*** that ensure convenience for all visitors. The welcoming atmosphere is designed to reduce stress and allow clients to focus on their mental wellness.

## **The Comfort of a Crowd-Free Environment**

To provide a personalized experience, it is highly recommended that you make **\*\*appointments\*\*** ahead of time. This allows us to maintain a calm atmosphere, free from crowds, which can enhance your therapy experience. Respecting our clients' time and needs is our priority.

## **Appointments & Accessibility**

For those interested in our services, we kindly remind that an **\*\*appointment is required\*\*** to ensure that each session is given the attention it deserves. Laura's expertise in navigating challenges such as anxiety, depression, and bullying has proven invaluable to many families. As one client shared, "Laura helped my child tremendously...and guided my partner and I on how to best support our child."

## **Women-Owned Excellence**

Braced & Balanced is proud to be **\*\*women-owned\*\***, with Laura leading the way as a compassionate and insightful therapist. Clients appreciate her actionable advice and clarity in difficult situations, stating, "She allows you to express your feelings and concerns" and "offers clarity on situations."

## **Join Us Today!**

If you are looking for a nurturing and effective therapy experience, look no further. At Braced & Balanced Family Counselling Practice, we are here to help you and your family thrive. **\*\*Highly recommend\*\*** our services to anyone in need of compassionate therapy. Together, let's create a path toward healing and understanding.

## **The premises are located at**

19 Hunt St, L8R 1R1 Hamilton, Ontario - Canada (CA)

The contact phone of said **Psychotherapist** is +1289-208-1060

And if you want to send a WhatsApp, you can do so at +1289-208-1060

## Our opening hours are:

Day Hours

Monday

Closed

Tuesday

Closed

Wednesday

7:30–8:30?PM

Thursday

7:30–8:30?PM

Friday

11:30?AM–5:30?PM

Saturday

11:30?AM–5:30?PM

Sunday

11:30?AM–5:30?PM

The website is [Braced & Balanced Family Counselling Practice](#)

In case you want to modify any data that you feel is not correct related to this page, we kindly request send a message so we can we will adjust it promptly. Thanks beforehand we appreciate it.

## Images



*Braced balanced family counselling practice hamilton*

## Tags

*LGBTQ+ friendly, Crowd, Toilet, Appointments recommended, From the business, Transgender safe space, Planning, Identifies as women-owned, Amenities, Appointment required*

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academic department
acupuncture clinic
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astrologer
bankruptcy service
child health care centre
child psychologist
chiropractor
citizen information bureau
community center
community health centre
consultant

corporate office
counselor
crisis center
dentist
doctor
education center
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home health care service
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massage therapist
medical center
medical clinic
medical spa
mental health clinic
mental health service
naturopathic practitioner
nutritionist
occupational health service
occupational therapist
orthopedic clinic
orthotics & prosthetics service
pediatric clinic
personal trainer
pharmacy
physical therapist
physical therapy clinic
psychiatrist
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sleep clinic
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social worker
spa
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support group
wellness center
yoga studio