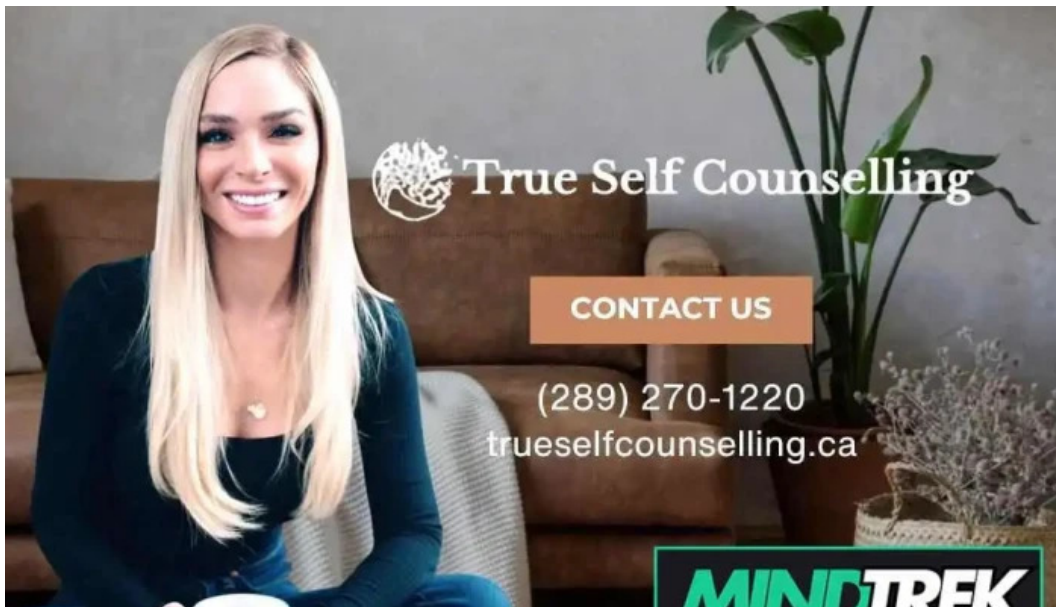


True Self Counselling - Hamilton

hamilton

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Published on: 16/04/25	Hits: 72
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https://www.mindtrek.ca/psychotherapist/hamilton/true-self-counselling-hamilton_204315.php*hamilton****True Self Counselling - Hamilton*****Discover True Self Counselling in Hamilton, Ontario**

True Self Counselling is a welcoming space located in Hamilton, Ontario, designed to cater to individuals seeking therapy. With an emphasis on accessibility, they provide ****a wheelchair-accessible car park**** and various amenities to ensure that every client feels comfortable and supported during their journey towards healing.

Client-Centered Approach

At True Self Counselling, the therapists prioritize creating a safe environment

for clients. Clients rave about the ease of conversation and the comfort that comes from the gentle, compassionate approach of the therapists. As one satisfied client shares, "Devyn is very easy to talk to and makes you feel comfortable sharing." This focus on a personalized connection allows clients to express themselves freely without feeling pressured.

A Women-Owned Business

True Self Counselling proudly identifies as a ****women-owned business****, highlighting their commitment to female empowerment and support. The variety of therapists available, each with detailed bios, ensures that clients can choose someone who aligns with their specific needs, fostering meaningful connections.

Transformative Experiences

Clients have reported significant personal growth through their therapy sessions. One individual expressed profound gratitude: "The work I've done with Jennifer has been the best investment I've made in myself." This sentiment is echoed by many who have discovered new perspectives on their past and present experiences, enabling them to move forward positively.

Why Choose True Self Counselling?

With a diverse team of therapists known for their expertise and genuine care, True Self Counselling stands out in the realm of mental health support. Clients appreciate the holistic approach to therapy, as highlighted by another reviewer: "Jaclyn is one of the best therapists I've encountered...her natural curiosity and passion for honing her craft make her highly recommendable."

Final Thoughts

If you are seeking a supportive and understanding environment to explore your mental health, look no further than True Self Counselling. Their dedication to ****accessibility**** and personalized care makes them an excellent choice for anyone considering therapy. As one grateful client noted, "I couldn't have asked for a better experience." Reach out today to begin your journey towards self-discovery and healing.

The premises are located at

86 Homewood Ave, L8P 2M4 Hamilton, Ontario - Canada (CA)

The contact line of this **Psychotherapist** is +1289-270-1220

And if you want to send a WhatsApp, you can do so at +1289-270-1220

Our service hours are:

Day Hours
Monday
Closed
Tuesday
9?AM–8?PM
Wednesday
9?AM–8?PM
Thursday
9?AM–8?PM
Friday
9?AM–8?PM
Saturday
9?AM–8?PM
Sunday
9?AM–5?PM

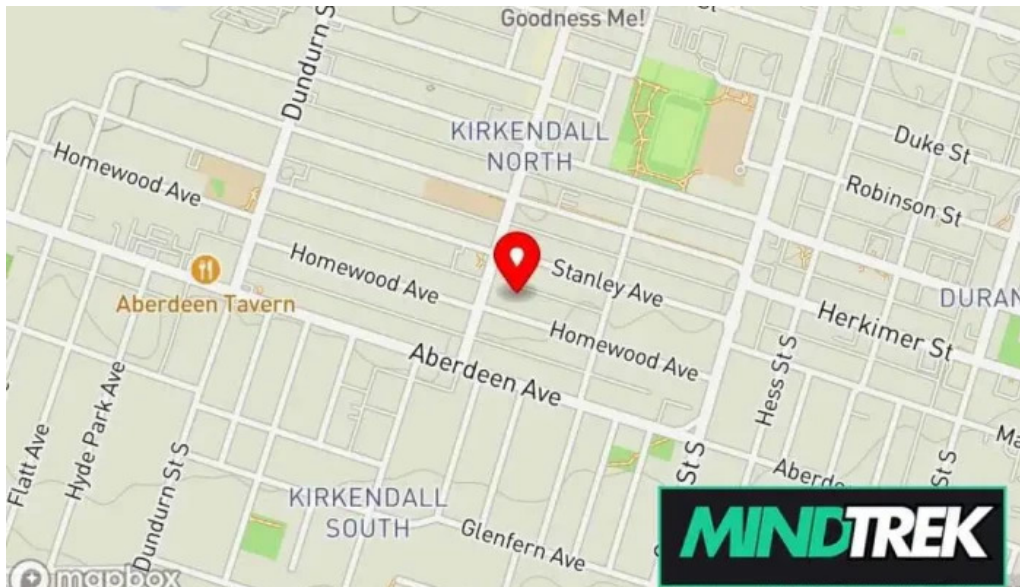
The website is [True Self Counselling](#)

If you require to adjust any element that you believe is not correct related to this portal, we urge you to deliver a message and we will fix it as soon as possible. In advance thanks for your cooperation.

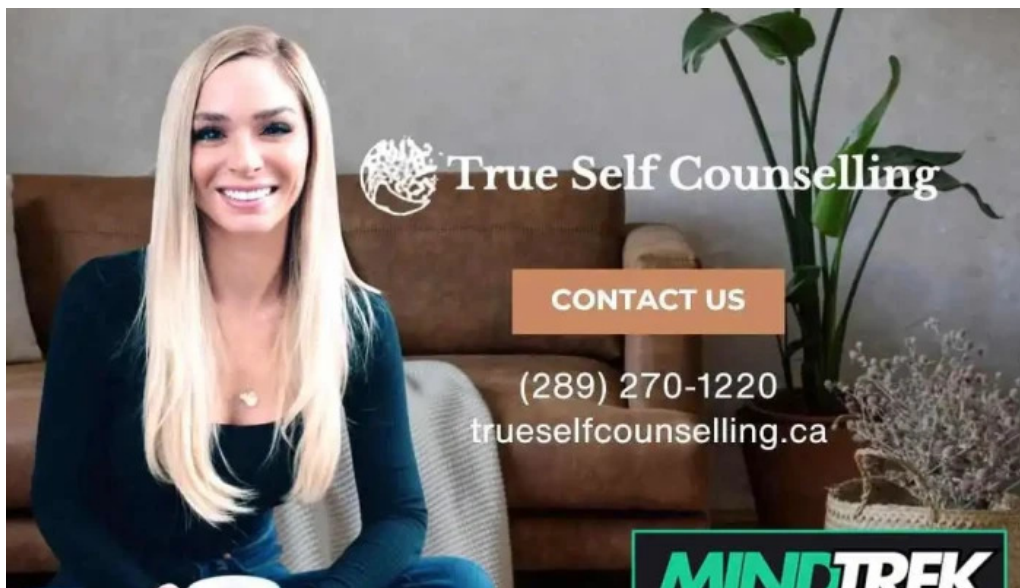
Images



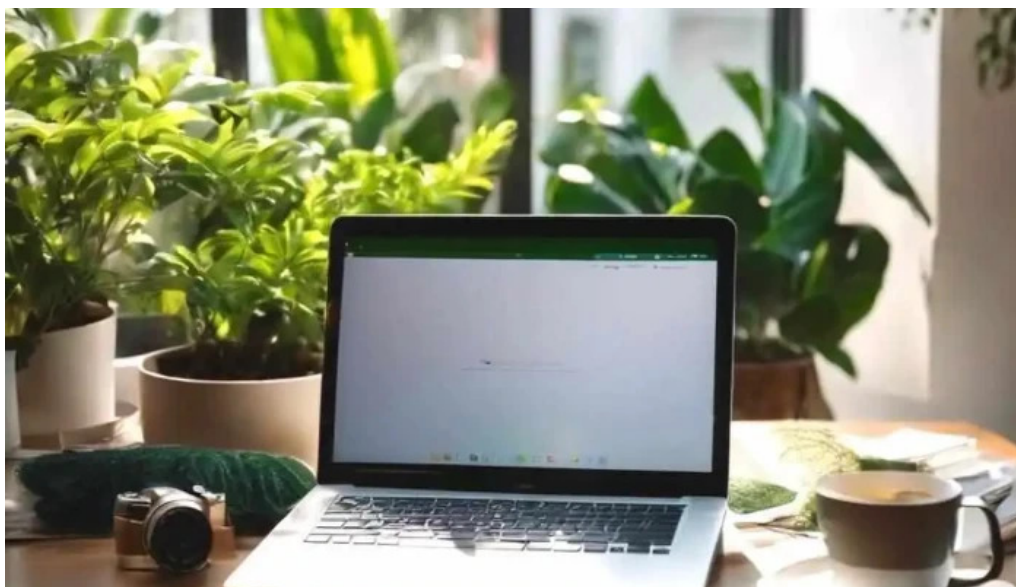
True self counselling street view 360deg



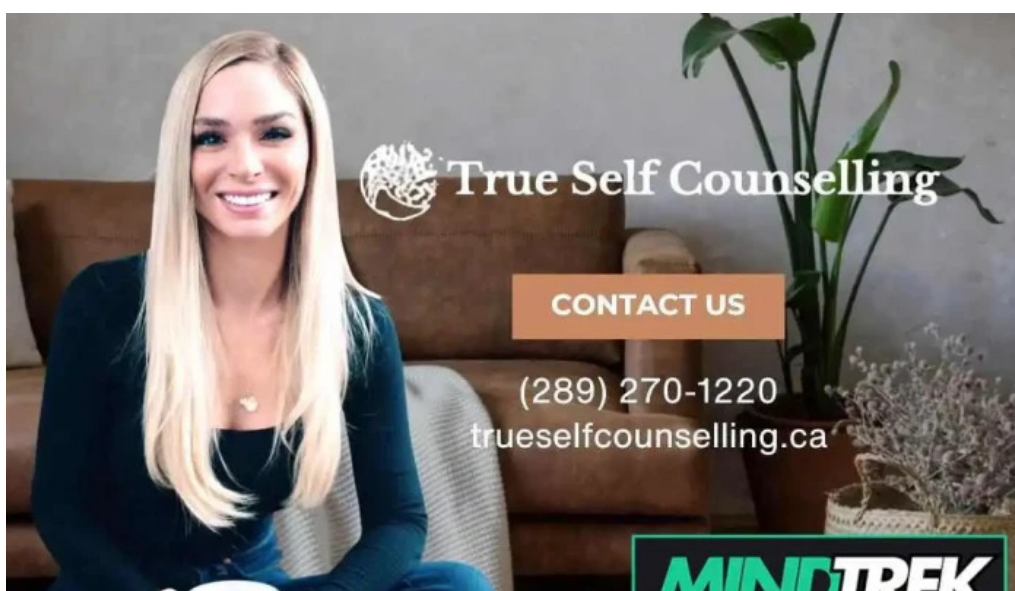
True self counselling map



True self counselling hamilton



True self counselling by owner



True self counselling all

Tags

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