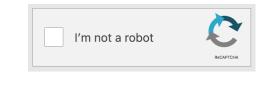


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#### Mississauga Psychotherapy Centre - Mississauga

Psychotherapist In Mississauga



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Psychotherapist In Mississauga

# Mississauga Psychotherapy Centre - Mississauga

#### Welcome to Mississauga Psychotherapy Centre

At the Mississauga Psychotherapy Centre, we pride ourselves on being a \*\*women-owned\*\* practice that emphasizes \*\*accessibility\*\* and inclusivity for all clients, including those in the \*\*LGBTQ+\*\* community. Our goal is to create a safe space where everyone can seek support and find healing.

#### **Comprehensive Service Options**

We offer a range of \*\*service options\*\* tailored to meet the diverse needs of

our clients. Whether you are seeking therapy for \*\*anxiety\*\*, \*\*depression\*\*, or relationship issues, our experienced therapists are here to help. We provide both \*\*on-site services\*\* for those who prefer face-to-face interactions and \*\*online therapy\*\* for clients who wish to connect from the comfort of their homes.

# **Child & Family Therapy**

Understanding the importance of family dynamics, we also cater to \*\*children\*\* and families, making it easy for parents to get the necessary support while ensuring a comfortable environment for their kids.

#### **Convenient Amenities**

Our location is designed with client convenience in mind. We offer \*\*wheelchair-accessible car parks\*\*, \*\*toilets\*\*, and \*\*seating\*\* to accommodate everyone. For new mothers, our \*\*nursing room\*\* provides a private space to attend to their children's needs.

#### Making Your Visit Stress-Free

We understand that planning a visit can be overwhelming. That's why we've made things as easy as possible. While \*\*appointments are required\*\*, we encourage clients to schedule appointments in advance to ensure that they can receive the needed support without delays. Additionally, we have a \*\*free parking lot\*\* available for our clients, making your visit hassle-free.

### Individualized and Culturally Sensitive Care

Our therapists, especially Suramya, are known for their structured, evidence-based methods that foster understanding and growth. Many clients have articulated how Suramya's \*\*patient and understanding\*\* approach has helped them navigate their mental health challenges and has been instrumental in their healing journeys.

### **Client Testimonials**

Clients rave about the effectiveness of therapy at the Mississauga Psychotherapy Centre. One client mentioned, "Suramya's immense understanding about the human psyche helped me overcome my own mental stress." Another shared, "Working with Suramya has made me feel more confident about handling my anxiety."

### A Transgender Safe Space

We are proud to provide a \*\*transgender safe space\*\* where individuals can express themselves freely without fear of judgment. This commitment to inclusivity ensures that all clients feel respected and valued during their therapeutic journey.

#### Conclusion

The Mississauga Psychotherapy Centre is dedicated to providing a supportive and inclusive environment for all clients. By emphasizing accessibility and creating a welcoming atmosphere, we aim to make therapy a reachable resource for everyone in the community. Experience the difference with us today and take the first step toward healing.

#### We are at

4257 Sherwoodtowne Blvd #200, L4Z 1Y5 Mississauga, Ontario - Canada (CA)

The phone number of said **Psychotherapist** is  $\pm 1437 - 434 - 1113$ And if you want to send a WhatsApp, you can do so at $\pm 1437 - 434 - 1113$ 

#### Our public attention hours are:

Day Hours Monday 9?AM–9?PM Tuesday 9?AM–9?PM Wednesday 9?AM–9?PM Thursday 9?AM–9?PM Saturday 9?AM–9?PM Saturday 9?AM–9?PM

The website is <u>Mississauga Psychotherapy Centre</u>

If necessary to adjust any data that you believe is incorrect related to this portal, please forward a message and we will correct it promptly. With anticipation thanks.

### Images



Mississauga psychotherapy centre mississauga

## Tags

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