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#### Piece of Mind Counselling - Mississauga

Psychotherapist In Mississauga



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# Psychotherapist In Mississauga

# Piece of Mind Counselling - Mississauga

## Welcome to Piece of Mind Counselling in Mississauga, Ontario

Piece of Mind Counselling is a reputable psychotherapy clinic located in Mississauga, Ontario. Known for its \*\*expert therapists\*\* and calm, non-judgmental environment, it provides a supportive space for individuals seeking mental health help.

## **Planning and Appointments**

When visiting Piece of Mind Counselling, it's recommended to schedule your

\*\*appointments\*\* in advance. This allows you to secure the time that works best for you and ensures that you can start your journey towards better mental health without delays. The clinic offers an efficient online booking system, making it easy to plan your sessions from the comfort of your home.

## **Accessibility for All**

Piece of Mind Counselling emphasizes \*\*accessibility\*\* for all clients. The facility features a \*\*wheelchair-accessible car park\*\*, ensuring that everyone can access the services they need without hassle. Additionally, the amenities include a conveniently located \*\*toilet\*\*, making it comfortable for all visitors.

## **A Supportive Environment**

Clients consistently praise the staff at Piece of Mind Counselling for their knowledge and empathy. A calm and welcoming atmosphere allows individuals to feel safe and heard during their therapy sessions. As one client noted, "I feel as if I am her only client," highlighting the personalized care provided by the therapists, including Kornelia and Megan. Each therapist employs a unique approach tailored to meet individual needs, ensuring that clients not only feel listened to but also receive the most effective treatment possible. Regular reminders via phone and email are sent out before appointments, making it easier to remember scheduled sessions.

#### **Positive Experiences and Growth**

Many clients have reported significant improvements in their mental health journey after working with therapists at Piece of Mind. Positive feedback includes remarks about breakthroughs achieved, compassionate approaches, and helpful support in navigating personal challenges. One satisfied client stated, "If anyone is considering therapy and is looking for a sign - this is it."

#### Conclusion

At Piece of Mind Counselling in Mississauga, you can expect a dedicated team of professionals committed to helping you navigate your mental health needs. By planning ahead, taking advantage of their accessibility options, and engaging fully in the therapeutic process, you can embark on a path toward healing and personal growth.

#### Our address is

200 Matheson Blvd W #202, L5R 3L7 Mississauga, Ontario - Canada (CA)

The contact phone of the mentioned **Psychotherapist** is <u>+1647-933-6617</u> And if you want to send a WhatsApp, you can do so at<u>+1647-933-6617</u>

#### We are available at these times:

Day Hours
Monday
9?AM-9?PM
Tuesday
9?AM-9?PM
Wednesday
9?AM-9?PM
Thursday
9?AM-4?PM
Friday
10?AM-4?PM
Saturday
9?AM-9?PM
Sunday
9?AM-9?PM

#### The website is Piece of Mind Counselling

If you require to change any information that you feel is not correct regarding this web, we ask deliver a message and we will fix it promptly. Thanks beforehand thank you very much.

## **Images**



Piece of mind counselling mississauga

## **Tags**

Toilet, Planning, Amenities, Wheelchair-accessible car park, Accessibility, Appointments

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child care agency
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community center
community health centre
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medical group
medical office
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mental health service
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rehabilitation center
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sleep clinic
social services organization
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spa
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sports medicine clinic
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veterinarian
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