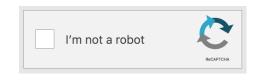


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Abundant Living Counselling Group - Nepean

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Abundant Living Counselling Group - Nepean

Understanding Abundant Living Counselling Group in Nepean, Ontario

Welcome to **Abundant Living Counselling Group**, a dedicated space located in Nepean, Ontario, providing essential mental health services. With a strong commitment to inclusivity, the practice is known for being **LGBTQ+ friendly** and offers **gender-neutral toilets**, ensuring a welcoming environment for all individuals.

Why Choose Abundant Living Counselling?

At Abundant Living, **appointments are required** for both individual and family counselling sessions. It's recommended to schedule your **appointments in advance** to ensure you receive the support you need at your convenience. The facility prioritizes your comfort with amenities like clean **toilets** and accessible waiting areas that enhance the overall experience.

Client Experiences

Feedback from clients illustrates the high standard of care provided at Abundant Living. One veteran noted that his regular sessions with Bob West have been instrumental in his recovery journey. He stated, "Bob's common sense approach and ability to hold me to task has been monumental in my transition and recovery." This highlights how effective therapeutic planning can lead to personal growth and healing. Another client expressed appreciation for Bob's authentic and supportive style, mentioning, "I always feel validated by our sessions and I am given practical advice that I can apply." This consistent feedback underscores the importance of finding a therapist who provides a safe and nurturing environment.

The Importance of a Safe Space

Abundant Living Counselling Group positions itself as a **transgender safe space**, promoting an atmosphere of security and acceptance. Clients have remarked on the compassionate treatment they receive, reinforcing the centre's commitment to being a place where individuals can freely express themselves without fear of judgment.

Working with a Women-Owned Business

Abundant Living Counselling Group identifies as **women-owned**, contributing to its diverse and passionate team. The staff, including professionals like Lauren Hebert, exemplifies a dedication to client care, ensuring that every interaction is met with understanding and professionalism. A client shared, "Lauren is very pleasant to work with and keeps things well organized."

Conclusion: Your Path to Wellness

Choosing the right therapist is crucial for your mental health journey. Abundant Living Counselling Group not only offers unparalleled service but also fosters a community where every client feels valued and heard. Whether you're seeking individual therapy or support for family matters, this practice stands out for its commitment to quality care and inclusivity. For more information or to book your first appointment, ensure that you reach out in advance—your mental health deserves attention and dedication.

Our business is located at

The contact phone of the respective **Psychotherapist** is $\pm 1613-727-4455$ And if you want to send a WhatsApp, you can do so at $\pm 1613-727-4455$

We are available at these times:

Day Hours Monday 9?AM-4?PM Tuesday Closed Wednesday Closed Thursday Closed Eriday 9?AM-4?PM Saturday 9?AM-4?PM Sunday 9?AM-4?PM

The website is Abundant Living Counselling Group

If you need to change any information that you think is incorrect regarding this web, we ask send a message and we will correct it quickly. In advance thank you very much.

Images



Abundant living counselling group street view 360deg



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