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Positive Mind Wellness Inc. - Newmarket

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Positive Mind Wellness Inc. - Newmarket

Positive Mind Wellness Inc.: A Haven for Mental Health and Healing in Newmarket, Ontario

Positive Mind Wellness Inc. is a highly regarded psychotherapy clinic located in Newmarket, Ontario, dedicated to creating a warm and welcoming environment for all clients. With a focus on mental health, emotional well-being, and physical pain management, this clinic offers a diverse range of services tailored to individual needs.

Accessibility for All

One of the standout features of Positive Mind Wellness is its commitment to accessibility. The **wheelchair-accessible car park** ensures that everyone can visit without hassle. Additionally, clients will find a **wheelchair-accessible toilet** within the facility, making it easier for individuals with mobility challenges to access the services they need.

Amenities That Enhance Your Experience

The clinic is designed with client comfort in mind, providing various **amenities** that foster a relaxing atmosphere. From cozy waiting areas to private therapy rooms, every detail has been thought out to ensure that clients feel safe and supported during their visits.

Expert Team Supporting Your Journey

At Positive Mind Wellness, clients are met with a team of experienced professionals dedicated to their healing journey. Testimonials highlight the exceptional support provided by therapists like Samantha Racktoo, who specializes in Cognitive Behavioral Therapy (CBT). Clients rave about her energy, personality, and the positive results they've achieved under her guidance. Another valued team member, Helai Alikouzeh, has been pivotal in transforming the lives of many clients struggling with anxiety and depression. Her empathetic approach and insightful strategies have helped clients shift their perspectives and embrace a more fulfilling life. Joey Smith, a Registered Massage Therapist (RMT), is often referred to as incredible by clients battling chronic pain. His thorough understanding of physiotherapy techniques has made a substantial difference in many lives.

A Personalized Approach to Therapy

Clients appreciate the personalized attention they receive at Positive Mind Wellness. Each therapist takes the time to listen and tailor their approach based on individual circumstances. As noted by one client, "Helai has been the constant in my life that I didn't know I needed," showcasing the profound impact that these therapeutic relationships can have.

Conclusion

If you're seeking a compassionate and skilled team to assist with your mental health or physical pain management needs, Positive Mind Wellness Inc. in Newmarket, Ontario, stands out as an excellent choice. With its focus on accessibility, client-oriented amenities, and highly trained professionals, this clinic provides a nurturing environment where healing and personal growth can flourish. Whether you're looking for psychotherapy, massage therapy, or life coaching, you'll be in great hands at Positive Mind Wellness.

Our address is

214, 16610 Bayview Ave, L3X 1X3 Newmarket, Ontario - Canada (CA)

The phone of the mentioned **Psychotherapist** is <u>+1905-798-1808</u> And if you want to send a WhatsApp, you can do so at<u>+1905-798-1808</u>

Our opening hours are:

Day Hours
Monday
9?AM-8?PM
Tuesday
9?AM-7?PM
Wednesday
9?AM-4?PM
Thursday
Closed
Friday
9?AM-8?PM
Saturday
9?AM-8?PM
Sunday
9?AM-8?PM

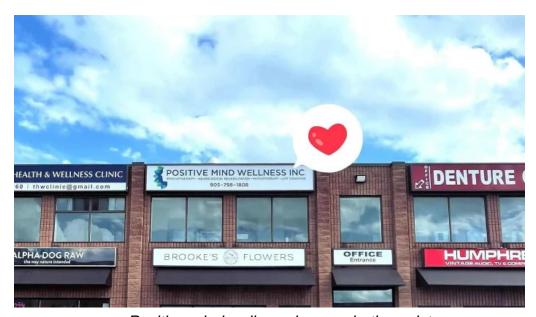
The website is Positive Mind Wellness Inc.

If you wish to update any data that you believe is not precise concerning this page, we ask deliver a message so we can we will correct it quickly. Thank you in advance thanks.

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Amenities, Accessibility, Wheelchair-accessible car park, Toilet, Wheelchair-accessible toilet

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