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Emdr & Couples Therapy - Rafati Counselling Services - Thornhill

Psychotherapist In Thornhill



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Psychotherapist In Thornhill

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Discover EMDR & Couples Therapy at Rafati Counselling Services

Located in Thornhill, Ontario, **Rafati Counselling Services** offers a welcoming environment for individuals and couples seeking effective psychotherapy. Specializing in **EMDR (Eye Movement Desensitization and Reprocessing)** therapy and couples counseling, Pantea Rafati is dedicated to providing

compassionate support tailored to your unique needs.

Language Assistance and Accessibility

Understanding the importance of accessibility, Rafati Counselling Services ensures that clients from diverse backgrounds feel comfortable and understood. The clinic provides **language assistance** for clients who may require it, fostering an inclusive atmosphere. Additionally, the facility features a **wheelchair-accessible car park** and accessible amenities to cater to all clients.

A Heartfelt Experience

Clients consistently praise Pantea for her ability to create a safe space. Many have reported feeling as though they can truly express themselves without judgment. One client shared, "I felt so safe when I was with Pantea, and the environment is SO welcoming." Such feedback underscores the importance of **appointments recommended** to ensure personalized care.

Service Options and Amenities

At Rafati Counselling Services, you will find various **service options** that address both individual and relational challenges. The clinic's comfortable environment includes essential **amenities** such as clean toilets, contributing to an overall positive experience during your visits.

Transformative Couples Therapy

Pantea's expertise extends to couples therapy, where she helps partners improve their communication and deepen their connection. As one satisfied couple noted, "Working with Pantea has helped our marriage in places we didn't realize we needed help with." This transformative approach showcases how couples therapy can be pivotal in enhancing relationships.

A Women-Owned Business Committed to Change

Rafati Counselling Services identifies as a **women-owned business**, led by Pantea Rafati, whose passion for helping others shines through her work. Clients appreciate her genuine care and dedication, with one stating, "Pantea is not only a highly skilled therapist, but also a compassionate and empathetic human being." This level of connection is essential in therapy, leading to profound personal growth.

Planning Your Visit

To maximize your experience at Rafati Counselling Services, it is crucial to note that an **appointment is required**. This ensures that every session is dedicated to addressing your specific needs. With flexible scheduling, clients can easily plan their visits according to their availability.

Conclusion: A Path to Healing

If you are seeking an effective therapist to guide you through your emotional journey, Pantea Rafati at Rafati Counselling Services is highly recommended by many. As one client highlighted, "I would highly recommend Pantea to anyone who is looking to heal and 'love yourself like your life depends on it'." This sentiment encapsulates the transformative potential of psychotherapy offered here.

Visit Rafati Counselling Services and take the first step towards a healthier, more fulfilling life.

The location of our business is in

7626 Yonge St Unit 4, L4J 1V9 Thornhill, Ontario - Canada (CA)

The contact phone of the mentioned **Psychotherapist** is <u>+1647-947-6242</u> And if you want to send a WhatsApp, you can do so at<u>+1647-947-6242</u>

Visit us during the following hours:

Day Hours
Monday
10?AM-4?PM
Tuesday
Closed
Wednesday
9:30?AM-8?PM
Thursday
9:30?AM-8?PM
Eriday
9:30?AM-8?PM
Saturday
9:30?AM-8?PM
Sunday
9:30?AM-8?PM

The website is EMDR & Couples Therapy - Rafati Counselling Services

If necessary to update any element that you feel is not accurate concerning this page, please forward a message and we will adjust it as soon as possible. With anticipation thanks.

Images



Emdr couples therapy rafati counselling services thornhill

Tags

From the business, Language assistance, Wheelchair-accessible car park, Service options, Accessibility, Appointment required, Toilet, Identifies as women-owned, Appointments recommended, Amenities, Planning

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