

Beth Mares Counselling - Toronto

Psychotherapist In Toronto



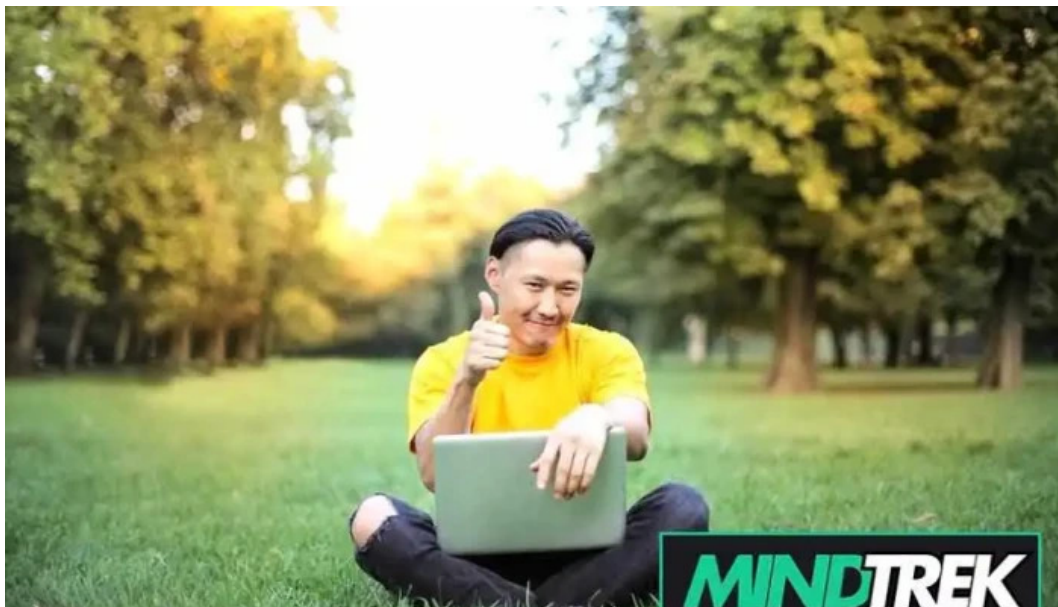
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Psychotherapist In Toronto

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Welcome to Beth Mares Counselling: A Women-Owned Psychotherapy Practice in Toronto

If you are looking for professional psychotherapy services in Toronto, ****Beth Mares Counselling**** stands out not only for its expertise but also for its commitment to providing an inclusive and accessible environment.

Accessibility Features of Beth Mares Counselling

Beth Mares Counselling proudly identifies as ****women-owned****, highlighting the diversity and empowerment within the mental health field. The office is

designed with accessibility in mind, ensuring that everyone can receive support, regardless of physical limitations. - ****Wheelchair-accessible entrance****:

Accessibility starts from the moment you arrive. The entrance is designed to accommodate individuals using wheelchairs or mobility aids. -

****Wheelchair-accessible seating****: Inside the counseling space, seating arrangements ensure comfort and accessibility for all clients. -

****Wheelchair-accessible toilet****: Maintaining dignity and privacy, the facility includes a fully accessible toilet.

The Importance of Planning and Appointments

To make the most of your therapeutic journey, ****appointments are recommended**** to allow for personalized attention and planning of your sessions. It helps to manage the crowd effectively and ensures that each client receives tailored support without feeling rushed.

A Safe Space for Everyone

Beth Mares Counselling is ****LGBTQ+ friendly****, fostering a welcoming atmosphere. This inclusivity is vital for those seeking therapy, allowing clients to feel accepted and understood.

A Client's Perspective on Beth Mares Counselling

One client shared their experience, stating, "Before we moved to Toronto, we tried two marriage counsellors, but they were unable to help us get over an incident of infidelity. Beth helped us, and a year later our relationship is still on track." This testimonial illustrates the effectiveness and support provided by Beth Mares. However, it is important to note that many find that ****counselling in Toronto is expensive****, which can be a barrier for some seeking help. Understanding this, Beth Mares Counselling strives to provide value through dedicated service and effective outcomes.

Conclusion

In summary, if you are in Toronto and seeking compassionate, effective psychotherapy, consider ****Beth Mares Counselling****. With its women-owned approach, commitment to accessibility, and inclusive atmosphere, it stands ready to support you on your mental health journey.

We are at

403-294 Main St, M4C 4X5 Toronto, Ontario - Canada (CA)

The contact line of said **Psychotherapist** is +1416-699-5515

And if you want to send a WhatsApp, you can do so at +1416-699-5515

We are open during the following hours:

Day Hours
Monday

Closed

Tuesday

11?AM–9?PM

Wednesday

11?AM–9?PM

Thursday

11?AM–9?PM

Friday

11?AM–9?PM

Saturday

Closed

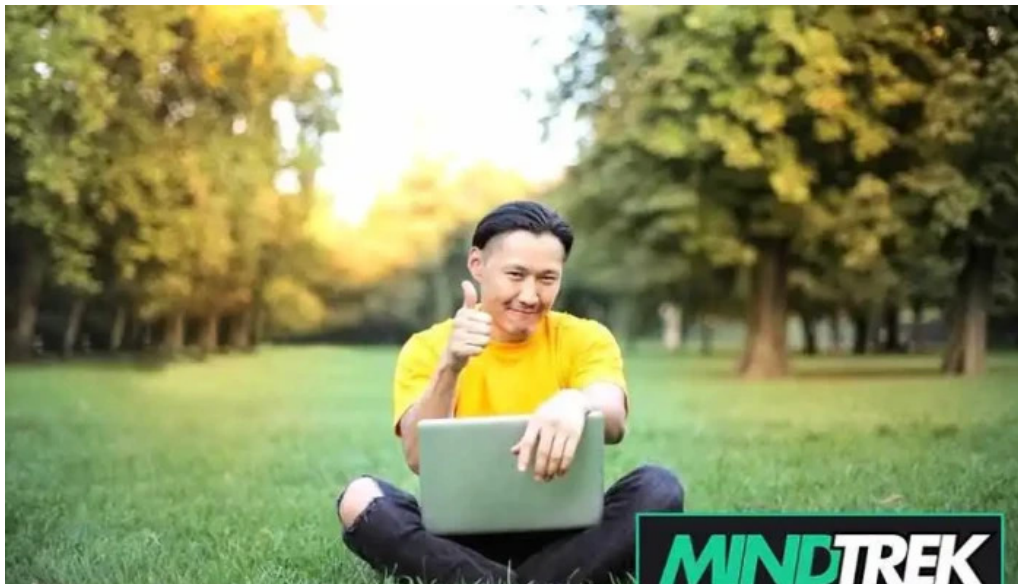
Sunday

Closed

The website is [Beth Mares Counselling](#)

In case you want to update any information that you feel is incorrect regarding this page, we urge you to forward a message and we will handle it as soon as possible. In advance we appreciate it.

Images



Beth mares counselling toronto

Tags

Wheelchair-accessible toilet, Appointments recommended, LGBTQ+ friendly, Identifies as

women-owned, Wheelchair-accessible seating, From the business, Toilet, Crowd, Planning, Accessibility, Wheelchair-accessible entrance, Amenities

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