

New Roots Therapy - Whitby

whitby

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https://www.mindtrek.ca/psychotherapist/whitby/new-roots-therapy-whitby_192248.php*whitby****New Roots Therapy - Whitby*****Discover New Roots Therapy in Whitby, Ontario**

If you're seeking a nurturing and supportive environment for mental health care, **New Roots Therapy** in Whitby, Ontario, offers exceptional services tailored to meet your needs. With a team of dedicated professionals, they focus on providing compassionate care and fostering personal growth.

Service Options

New Roots Therapy provides a variety of **service options** including individual therapy, family counseling, and specialized sessions for children. Their therapists, including the highly regarded Melissa and Shivani Dass, are committed to ensuring that each client feels heard and valued.

Amenities and On-Site Services

The facility boasts a range of **amenities** designed to enhance your experience. From a **wheelchair-accessible entrance** to private therapy rooms, every detail has been considered to create a welcoming atmosphere. Additionally, the **on-site services** include language assistance to accommodate diverse needs, ensuring effective communication for all clients.

Parking and Accessibility

When visiting New Roots Therapy, clients can benefit from ample **parking** options, including a **paid parking lot** and **paid street parking**. This ease of access allows you to focus on your therapy without the stress of finding suitable parking. The center's layout is designed with **accessibility** in mind, making it convenient for everyone.

Client Experiences

Testimonials from clients highlight the compassionate approach of the therapists at New Roots Therapy. Many have noted how Melissa's genuine care creates a safe space for exploration and healing. One client stated, "Melissa is incredibly compassionate and makes you feel comfortable and heard," emphasizing the importance of a strong therapeutic relationship.

Another client shared their positive experience, saying, "For the first time I really feel heard and understood," showcasing how New Roots stands out among other therapy services. The feedback from families visiting Shivani Dass also reflects satisfaction with the impactful guidance on parenting strategies.

Supportive Environment

The warm and welcoming **administrative staff** further enhances the overall atmosphere at New Roots Therapy. Clients appreciate the ease of communication for booking or cancelling appointments, creating a seamless experience from start to finish.

Conclusion

New Roots Therapy is an excellent choice for anyone looking to embark on a journey of self-improvement and healing. With their range of services,

compassionate therapists, and accessible facilities, you'll find a supportive environment to help you navigate life's challenges. Whether you're dealing with anxiety, seeking parental guidance, or looking for personal growth, New Roots Therapy in Whitby, Ontario is here to help.

Our premises are located at

213 Byron St S #203, L1N 4P7 Whitby, Ontario - Canada (CA)

The contact line of said **Psychotherapist** is +1905-665-8150

And if you want to send a WhatsApp, you can do so at +1905-665-8150

Our opening hours are:

Day	Hours
Monday	10?AM–8?PM
Tuesday	10?AM–8?PM
Wednesday	10?AM–8?PM
Thursday	10?AM–8?PM
Friday	10?AM–8?PM
Saturday	Closed
Sunday	Closed

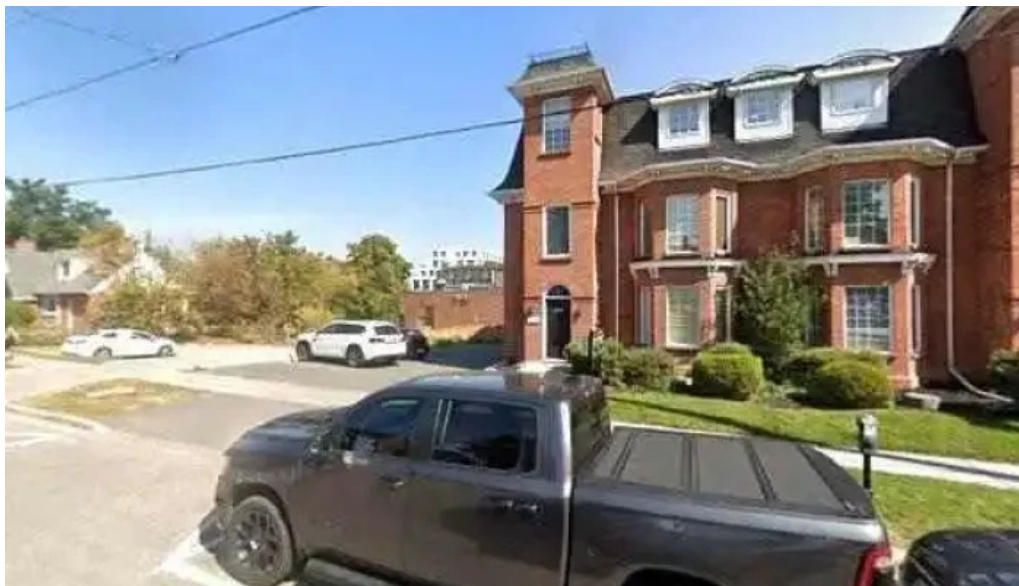
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Tags

On-site services, Paid parking lot, Service options, Toilet, Paid street parking, Language assistance, Parking, Amenities, Wheelchair-accessible entrance, Accessibility

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