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#### Nilou Nikou Professional Psychotherapy Services - Woodbridge

Psychotherapist In Woodbridge



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## Psychotherapist In Woodbridge

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# Discover Professional Psychotherapy Services with Nilou Nikou in Woodbridge, Ontario

When it comes to mental health support, finding the right therapist can make all the difference. \*\*Nilou Nikou\*\*, a highly experienced psychotherapist in Woodbridge, Ontario, offers professional psychotherapy services that stand out for their accessibility and empathetic approach.

#### Accessibility for All

One of the key aspects of Nilou's practice is its commitment to \*\*accessibility\*\*. The clinic features a \*\*wheelchair-accessible car park\*\*, ensuring that individuals with mobility challenges can easily access the services they need. Inside, clients will find a comfortable, welcoming environment that promotes relaxation and openness during therapy sessions.

#### **Amenities Designed for Comfort**

Not only is the practice accessible, but it also includes essential \*\*amenities\*\* like a well-maintained \*\*toilet\*\* facility. This attention to comfort demonstrates Nilou's dedication to creating a positive client experience.

#### **Appointment Protocols**

To ensure that each client receives the best possible care, \*\*appointments are required\*\* for therapy sessions. Clients often find it beneficial to book their visits in advance, as \*\*appointments are recommended\*\* to guarantee availability. This helps maintain a structured schedule and maximizes the therapeutic benefits of the sessions.

#### **Client Testimonials**

Clients have praised Nilou for her empathetic and compassionate approach. One satisfied client shared, "I had a great experience working with Nilou—her empathy and compassion makes the therapy process feel really easy. I felt understood and was able to effectively work through the challenges I've been experiencing." Others noted her professionalism, stating, "She provides a very safe space for you to discuss any shortcomings that you may experience in your life." Such feedback highlights the transformative nature of the therapy provided at her clinic. While most testimonials reflect positive experiences, it's also important to consider feedback critically. A contrasting review cautioned potential clients to approach with care, stating, "Beware of this woman, Nilou! Not to be trusted." However, the majority of clients emphasized her extensive knowledge and the value gained from their sessions, describing them as "life-changing."

#### **Conclusion: Your Path to Healing**

If you're seeking a skilled psychotherapist who values both empathy and professionalism, \*\*Nilou Nikou\*\* in Woodbridge, Ontario may be the right choice for you. With a focus on \*\*accessibility\*\*, comfort, and personalized care, she is dedicated to helping you navigate your mental health journey. Remember to plan ahead by scheduling your session and experience the supportive environment that many clients have come to appreciate.

#### We are based in

The phone of this **Psychotherapist** is  $\pm 1416 + 803 + 1398$ And if you want to send a WhatsApp, you can do so at $\pm 1416 + 803 + 1398$ 

#### Our service hours are:

Day Hours Monday Closed Tuesday Closed Wednesday 10?AM-8?PM Thursday 10?AM-8?PM Friday 10?AM-8?PM Saturday 10?AM-8?PM Sunday 10?AM-5?PM

The website is Nilou Nikou Professional Psychotherapy Services

If you wish to alter any information that you believe is incorrect related to this page, we urge you to send us a message so that we will handle it at the earliest convenience. Thank you in advance thanks for your cooperation.

#### Images



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### Tags

Appointment required, Amenities, Planning, Appointments recommended, Accessibility, Wheelchair-accessible car park, Toilet

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