

## Sweetgrass Therapy - Kingston

Social Worker In Kingston

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### *Social Worker In Kingston*

### *Sweetgrass Therapy - Kingston*

#### **Welcome to Sweetgrass Therapy: A Sanctuary for All**

Sweetgrass Therapy, located in the heart of Kingston, Ontario, is a social work practice that prides itself on being **\*\*LGBTQ+ friendly\*\*** and a **\*\*transgender safe space\*\***. This welcoming environment makes it an ideal choice for individuals seeking support and understanding in their mental health journey.

#### **Services Offered**

At Sweetgrass Therapy, clients can expect a range of services designed to cater to their unique needs. Whether you are dealing with personal challenges

or need guidance navigating life's complexities, Krista, a skilled and compassionate therapist, is here to help. Her dedication to her clients is evident in the way she approaches therapy—empathetic and focused on overcoming challenges together.

### **A Commitment to Accessibility**

Sweetgrass Therapy understands the importance of accessibility. The practice features a **\*\*wheelchair-accessible car park\*\***, ensuring that all clients have convenient access to the therapeutic services they need. This commitment to accessibility reflects the core values of inclusivity and support that define the practice.

### **A Unique Business Identity**

From the business perspective, Sweetgrass Therapy **\*\*identifies as women-owned\*\***, which adds another layer of empowerment to its mission. This identity resonates with many clients who appreciate supporting female-led businesses in their community.

### **Client Experiences**

Clients of Sweetgrass Therapy have consistently praised Krista for her exceptional skills and compassion. One client stated, “Krista is a skilled, compassionate and dedicated therapist. She cares deeply about her clients and helps them overcome the challenges and suffering they are experiencing.” Such testimonials highlight the positive impact Sweetgrass Therapy has had on many lives.

### **Join the Community**

If you're in Kingston and are looking for a supportive, affirming space to discuss your thoughts and feelings, consider reaching out to Sweetgrass Therapy. With its **\*\*LGBTQ+ friendly\*\*** atmosphere and a strong commitment to accessibility, it is truly a place where everyone can find support and understanding.

### **We are at**

556 O'Connor Dr, K7P 1N3 Kingston, Ontario - Canada (CA)

The phone of said **Social worker** is +1613-909-7293

And if you want to send a WhatsApp, you can do so at +1613-909-7293

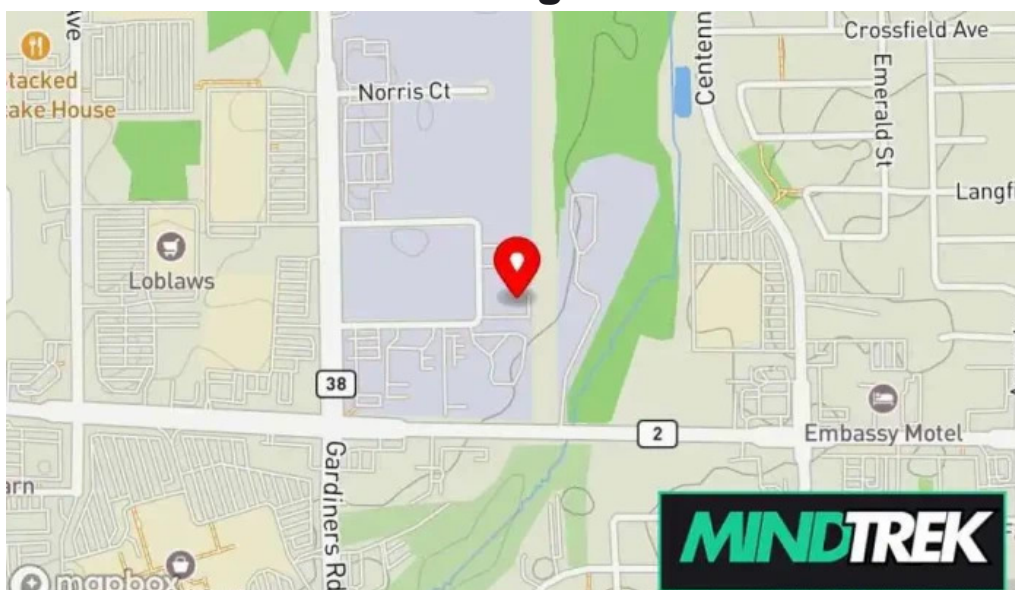
### **You can visit us at the following hours:**

Day Hours  
Monday  
Closed  
Tuesday  
10?AM–4?PM  
Wednesday  
10?AM–6?PM  
Thursday  
10?AM–8?PM  
Friday  
10?AM–4:30?PM  
Saturday  
Closed  
Sunday  
Closed

The website is [Sweetgrass Therapy](#)

If you wish to alter any detail that you believe is not correct about this site, we urge you to send a message so we can we will handle it quickly. Thanks beforehand thank you very much.

## Images



*Sweetgrass therapy map*



*Sweetgrass therapy kingston*



*Sweetgrass therapy by owner*



*Sweetgrass therapy all*

## Tags

*Transgender safe space, Wheelchair-accessible car park, From the business, Identifies as women-owned, Crowd, LGBTQ+ friendly, Accessibility*

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child health care centre
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family practice physician

family service center
financial consultant
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orthotics & prosthetics service
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pain control clinic
pediatric clinic
personal trainer
pet groomer
pharmacy
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physical therapy clinic
psychiatrist
psychologist
psychologists
psychopedagogy clinic
psychotherapist
rehabilitation center
reiki therapist
self defense school
skin care clinic
sleep clinic
social services organization
social worker
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