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## Mending Minds Counselling-Julie Myers, Msw, Rsw - Sault Ste. Marie

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Mending Minds Counselling-Julie Myers, Msw, Rsw - Sault Ste. Marie

# Discovering the Impact of Mending Minds Counselling: Julie Myers, MSW, RSW

Mending Minds Counselling, located in Sault Ste. Marie, Ontario, stands out as a beacon of hope and support for those seeking mental health assistance. Led by Julie Myers, a dedicated social worker, this practice emphasizes the importance of accessibility and individualized care.

## **Accessibility at Mending Minds Counselling**

One of the crucial aspects of Mending Minds is its commitment to \*\*accessibility\*\*. Recognizing that everyone deserves access to mental health services, the facility features a \*\*wheelchair-accessible car park\*\*. This thoughtful consideration allows clients to focus on their healing journey without the stress of navigating physical barriers.

### **A Supportive Environment**

Clients consistently express their appreciation for Julie's approach to therapy. One testimonial highlights, "Julie is really good at her job." Her ability to create a welcoming atmosphere is especially important for individuals who may find it challenging to seek help. As one client noted, "As a man, it can be difficult to admit it when you need some help. She made me feel comfortable, understood, and supported from the very first session." This sentiment underscores Julie's capacity to foster trust and rapport, essential elements in effective therapy.

## **Quality of Care that Exceeds Expectations**

Despite the availability of free counselling options for Steelworkers through Homewood, many clients choose to invest in sessions with Julie due to the superior quality of care she provides. One satisfied client remarked, "I still spend the money because the quality of care really is that much better." This speaks volumes about Julie's skills and dedication, as well as her ability to deliver personalized attention that truly makes a difference.

#### **Convenient Location Near Local Favorites**

Adding to the appeal of Mending Minds is its convenient location right beside Georgie's Shawarma, a beloved local eatery. Clients often appreciate the chance to enjoy a meal after their sessions, creating a more positive and relaxed experience overall.

#### Conclusion

In summary, Mending Minds Counselling led by Julie Myers, MSW, RSW, is an excellent choice for anyone seeking compassionate and effective mental health support in Sault Ste. Marie. With a focus on \*\*accessibility\*\*, a welcoming environment, and high-quality care, it's no wonder that clients highly recommend her services. Julie's commitment to her clients not only aids in their personal growth but also contributes to a greater understanding of mental health within the community.

#### We are based in

75 Elgin St, P6A 2Y4 Sault Ste. Marie, Ontario - Canada (CA)

The phone of the mentioned **Social worker** is <u>+1705-257-1913</u>

## We are available at these times:

Day Hours
Monday
9?AM-7?PM
Tuesday
11?AM-6?PM
Wednesday
9?AM-7?PM
Thursday
9?AM-12?PM
Eriday
Closed
Saturday
Closed
Sunday
9?AM-5?PM

The website is Mending Minds Counselling-Julie Myers, MSW, RSW

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