

Harmony House Wellness - Newmarket

newmarket



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Harmony House Wellness - Newmarket

Welcome to Harmony House Wellness in Newmarket, Ontario

If you are searching for a holistic health center that prioritizes accessibility and effective wellness programs, look no further than **Harmony House Wellness**. This women-owned establishment is dedicated to providing exceptional service options tailored to meet your unique health needs.

Accessibility Features

Harmony House Wellness believes in making health accessible for everyone. The center features a **wheelchair-accessible car park** and a **free parking lot** to ensure that all visitors can easily access their services. Moreover, the facility offers **on-site parking** for added convenience.

Personalized Support from Experts

At Harmony House Wellness, the emphasis is on personalized care. Clients rave about working with **Christine Moran**, who is known for her positive attitude and extensive knowledge. One satisfied client noted, “Christine was there every step of the way” during her journey, showcasing the commitment to individualized support.

The **bi-weekly check-ins** offered by Christine not only provide informative insights but also set the stage for ongoing motivation throughout any wellness program.

Holistic Programs That Make a Difference

The variety of programs offered at Harmony House Wellness is impressive. Whether you're interested in the **28 Day Reset Program** or the **Metabolic Balance Program**, clients appreciate how easy and uncomplicated the meal plans and recipes are to follow. One participant mentioned, “The recipes were all tasty and uncomplicated,” highlighting the enjoyable experience of embarking on a health journey.

Another client applauded the program’s ability to educate about food choices, stating, “Not only have I lost weight (13-14 lbs), but it has taught me to see and feel the foods that don’t work for me.” This reflects Harmony House's commitment to empowering individuals through education and support.

A Holistic Approach to Health

Clients consistently mention the thorough and professional approach taken by practitioners at Harmony House Wellness. They offer a variety of holistic health modalities, including homeopathy and massage therapy. One client shared, “Their knowledge in health and wellness well exceeded my expectations,” underscoring the expertise available within the team.

For those seeking relief from physical strain, skilled therapists like Matt provide targeted massage therapy, and one visitor noted, “Matt is very professional in what he does and I highly recommend his massage therapy services.”

Language Assistance and Friendly Service

Understanding the diverse needs of the community, Harmony House Wellness

offers **language assistance** to ensure that every client feels comfortable and understood. The friendly and professional environment creates a welcoming atmosphere for all visitors.

Conclusion

With its combination of accessibility, personalized support, and a wide range of holistic health services, **Harmony House Wellness** stands out as a premier wellness center in Newmarket, Ontario. If you're looking to embark on a transformative journey toward better health, this women-owned establishment is ready to help you achieve your goals. Don't hesitate to reach out for assistance and experience the difference that dedicated care can make!

We are positioned at

16700 Bayview Ave Unit 203, L3X 1W1 Newmarket, Ontario - Canada (CA)

The contact line of said **Wellness center** is +1905-836-5666

And if you want to send a WhatsApp, you can do so at +1905-836-5666

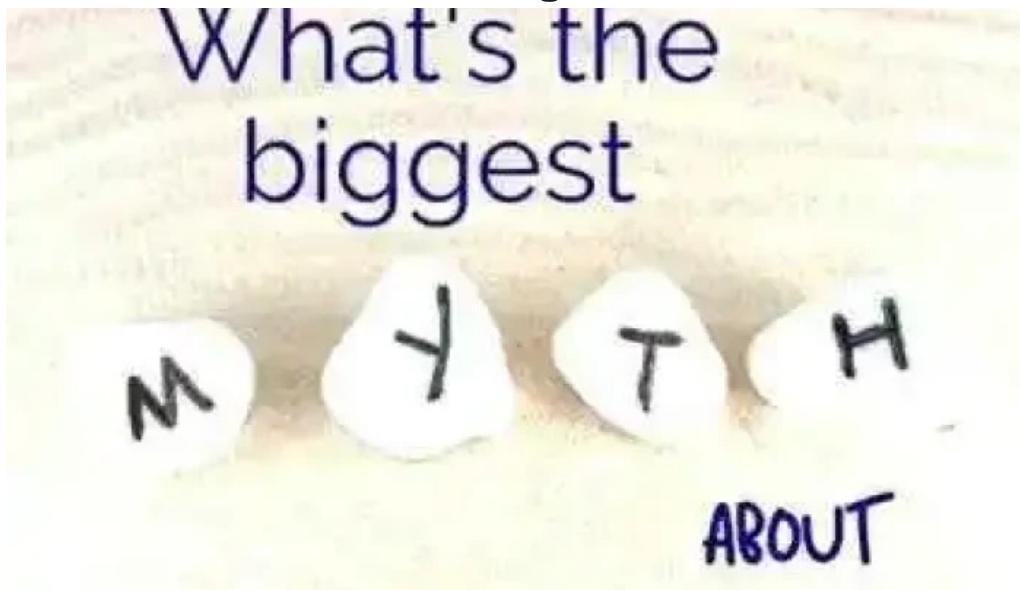
Our business hours are:

Day	Hours
Monday	Closed
Tuesday	10?AM–3?PM
Wednesday	10?AM–1?PM
Thursday	Closed
Friday	10?AM–5?PM
Saturday	10?AM–6?PM
Sunday	10?AM–5?PM

The website is Harmony House Wellness

If you need to modify any data that you consider is not accurate related to this web, please deliver a message and we will adjust it at the earliest convenience. In advance thanks.

Images



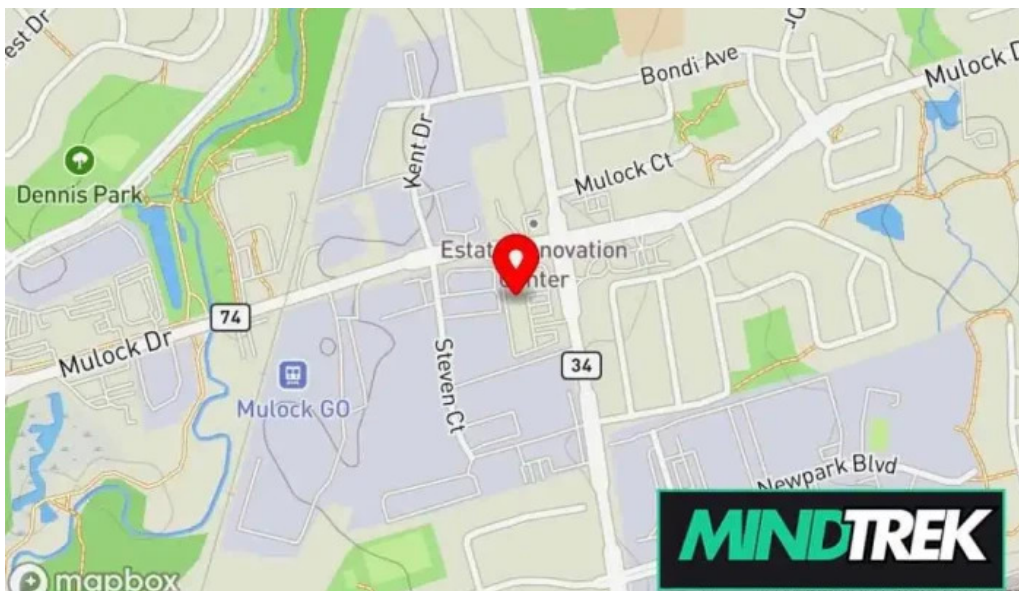
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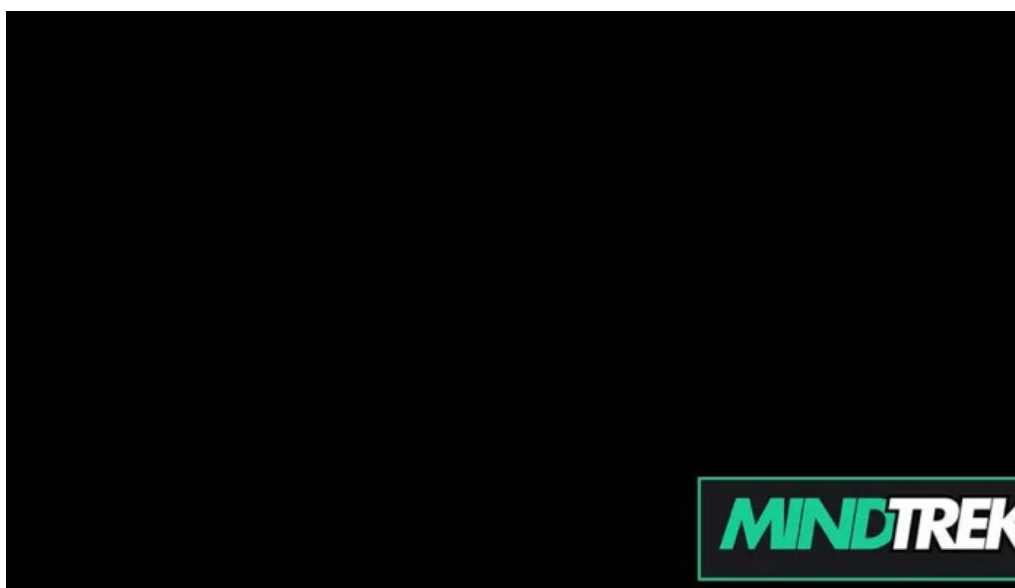
Harmony house wellness newmarket



Harmony house wellness map



Harmony house wellness by owner



Harmony house wellness all

Tags

Free parking lot, From the business, Accessibility, Parking, Wheelchair-accessible car park, Identifies as women-owned, On-site parking, Language assistance, Service options

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